FITNESS REPORTS I
W3G0001XQ
STUDENT HANDOUT
Fitness Reports

Introduction
The Fitness Report (FitRep) is the tool by which the Marine Corps evaluates a Marine’s performance for purposes of competitive selection (promotion, enlisted to officer programs, command assignment, retention, etc.). Sergeants through major generals receive fitness reports. As an officer, you will write fitness reports on your Marines, review the fitness reports of your peers or subordinate officers, and receive fitness reports from the officers appointed over you.

Importance
Performance evaluation is continuous, powerful, and one of the most critical responsibilities of an officer. No other product more directly determines the outcome of a Marine’s career than the Fitness Report. It remains the primary tool we use to determine promotion and retention. Few things can harm your professional reputation as a Marine officer faster than a demonstrated lack of concern or proficiency with the FitRep process. Getting it wrong destroys faith in the process and the officer corps.

In This Lesson
Platform class focuses on introducing basic fitness report concepts: what is a fitness report, who views them, who are the main players, how we grade Marines on Performance Anchored Rating Scales (PARS), how to compute a fitness report score, and understanding the Reporting Senior Profile. Upon establishing a baseline of understanding, students will be walked through an entire fitness report line by line. Next, students will combine what they have learned from how to grade Marines to establishing and molding a Reporting Senior Profile, at which point they will be introduced to Relative Value.

This lesson covers the following topics:

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Learning Objectives

**Terminal Learning Objectives**

TBS-LDR-2103 While serving as a supervisor of Marines, conduct performance evaluations utilizing fitness reports (FITREPs) or proficiency and conduct marks, to account for individual performance of duties and potential for promotion.

TBS-LDR-1003 Given an evaluation, identify factors affecting career development without omitting key components.

**Enabling Learning Objectives**

TBS-LDR-2103a With the aid of reference, identify elements of the fitness report, in accordance with the Performance Evaluation System (PES) manual without error.

TBS-LDR-2103b Given a scenario, with the aid of reference, write a fitness report, in accordance with the Performance Evaluation System (PES) manual without omitting key components.

TBS-LDR-2103c Given a scenario, with the aid of reference, identify follow-on actions upon submission of a fitness report in accordance with the Performance Evaluation System (PES) manual in sequence without error.

TBS-LDR-2103e Given an evaluation, identify the roles and responsibilities of individuals in the Fitness Reports process without omission.

TBS-LDR-2103f Given an evaluation, identify the concept of relative value in the Fitness Reports process without error.

TBS-LDR-1003c Given an evaluation, identify types of educational resources for Marines without omission.

TBS-LDR-1003b Given an evaluation, define the platoon commander’s role in the promotion process without omission.

TBS-LDR-1003a Given an evaluation, identify the orders/directives in the promotion process without omission.
The Fitness Report

The Fitness Report is one person’s evaluation of one Marine at one rank in one billet. The design of the report is such that it facilitates the documentation of essential and critical information in a simple and direct manner. It is a simple communication between reporting officials and selection boards, essentially a “Letter of Recommendation.” A FitRep is NOT a disciplinary tool, a lever to exert influence or a counseling tool. Rather, it is the culmination of the counseling process.

Fitness Report writing requires a blend of science and art. The science of a Fitness Report is largely dictated by Marine Corps Order (MCO) 1610.7 – the Performance Evaluation System (PES) manual. The FitRep itself is the product of the Performance Evaluation System. The art begins with the FitRep classes and workshop here at TBS. A sharp focus in these classes will provide a solid foundation that will be continuously honed in the Fleet through instruction, mentorship, and practice.

A sample and blank FitRep are included in the back of this handout. Review them to understand the elements of a FitRep.

Key Players

**All cooperate to ensure timely and accurate reporting**

<table>
<thead>
<tr>
<th>Marine Reported On (MRO)</th>
<th>Any officer or enlisted member sergeant through major general who is the subject of the performance evaluation.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reporting Senior (RS)</td>
<td>Generally the first officer (commissioned or warrant) or civilian GS-9 or above in the MRO’s chain of command. In rare cases, the RS can be an equal ranking officer.</td>
</tr>
<tr>
<td>Reviewing Officer (RO)</td>
<td>Generally the first (commissioned) officer or GS-10 in the RS’s chain of command</td>
</tr>
<tr>
<td>Third Officer Sighter</td>
<td>Required for all adverse reports. Normally the RS of the RO, although certain exception may apply (see Chapter 5 of the PES).</td>
</tr>
</tbody>
</table>

Chapter 2 of the PES delineates the specific responsibilities of the reporting chain.

The Audience

The audience for a Fitness Report is NOT the MRO; it is a selection board.

Officers and senior enlisted members across the Marine Corps are regularly detailed to sit on various selection boards convened in and around Quantico. The primary information they rely upon to select Marines for promotion, command, and special programs comes from FitRep scores, relative value, and comments that you generate.
Fitness Report Score and Reporting Senior Profile

**Performance Anchored Rating Scales (PARS)**
PARS are 14 professional attributes located on Pages 2-4 of the report which can be evaluated on a range from A to G. These scales correspond to number values 1 to 7 which are averaged to produce a numerical score for the report.

**Reporting Senior Profile & List**
The reporting profile is a list of all Fitness Report scores an RS has recorded for a particular rank. Profiles are constantly updated and maintained by HQMC as part of a RS's Official Military Personnel File (OMPF). Referencing this updated list allows an RS to ensure current reports are accurately ranked against historical reports of the same grade. For this reason, profiles are similar in nature to your squad rankings. You don't just recreate the rankings each time; you evaluate the recent performance of your peers and use the previous list to update.

**The Competition**
When you write a report, you are not simply comparing the MRO to recent reports; you are comparing the MRO to every report you have submitted for Marines of the same rank. That means you are comparing them to Marines who have long since moved past that rank or even active duty. FitReps are a comparison of past and present performances, not people.

**Example Profile:**

<table>
<thead>
<tr>
<th>Grade</th>
<th>Average</th>
<th># of Report</th>
<th>High</th>
<th>Low</th>
</tr>
</thead>
<tbody>
<tr>
<td>1STLT</td>
<td>4.13</td>
<td>7</td>
<td>4.35</td>
<td>4</td>
</tr>
<tr>
<td>2NDLT</td>
<td>3.77</td>
<td>3</td>
<td>3.65</td>
<td>3.69</td>
</tr>
<tr>
<td>CWO2</td>
<td>4.36</td>
<td>1</td>
<td>4.36</td>
<td>4.36</td>
</tr>
<tr>
<td>1STSGT</td>
<td>4.38</td>
<td>2</td>
<td>4.54</td>
<td>4.23</td>
</tr>
<tr>
<td>MSGT</td>
<td>4.06</td>
<td>8</td>
<td>4.31</td>
<td>3.54</td>
</tr>
<tr>
<td>GYSGT</td>
<td>4.05</td>
<td>17</td>
<td>4.54</td>
<td>3.31</td>
</tr>
<tr>
<td>SSGT</td>
<td>3.56</td>
<td>33</td>
<td>4.40</td>
<td>1.92</td>
</tr>
<tr>
<td>SGT</td>
<td>3.51</td>
<td>43</td>
<td>4.31</td>
<td>2.08</td>
</tr>
</tbody>
</table>

Note that average scores are different for every rank. That's why FitReps scores for different ranks cannot be compared to one another...
Example Profile List:

<table>
<thead>
<tr>
<th>1STLT</th>
<th>CEDENO</th>
<th>4.35</th>
<th>CEDENO</th>
<th>4.21</th>
<th>COMMANDER</th>
<th>4.14</th>
</tr>
</thead>
<tbody>
<tr>
<td>4616</td>
<td></td>
<td></td>
<td>4616</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5443</td>
<td></td>
<td></td>
<td>COMMANDER</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8191</td>
<td>GENNA</td>
<td>4.07</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6741</td>
<td>COLBY</td>
<td>4.07</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9313</td>
<td>DANIELS</td>
<td>4.07</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8833</td>
<td>MCFADDEN</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5443</td>
<td>COMMANDER</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9313</td>
<td>DANIELS</td>
<td>N/A</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5074</td>
<td>HENDRICKS</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8540</td>
<td>SCHNEIDER</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Average By MRO Grade: 4.13

Note that MROs often receive multiple reports from the same RS. That means they compete with themselves...

High, Low, & Avg scores are reflected in the 1stLT profile above

Relative Value (RV)

Relative value is used to “grade the grader” and account for differences in grading philosophies on the PARS between officers. The RV of a report allows individuals making personnel management decisions to weight the merit of that report in relation to the RS’s profile. RV reflects how a FitRep average of an individual report compares to the RS’s average of all FitReps written by the RS on Marines of the same grade, as well as the highest report written by the RS for a Marine of that grade.

RV is a context tool that controls for the variable toughness of reporting seniors. Boards brief and utilize RV, not the Fitness Report Average. It is important to keep in mind grades are earned by the MRO based on their performance, not given to attain a perceived fitness report average or RV to set a Marine up for success or failure on a board.

There are three key numbers for relative value. The highest score of all Marines of a given rank you have written as an RS for is assigned the RV of 100 (you can have multiple 100s if there are multiple reports with that score). The average of all reports you have written as an RS for that same rank is given the RV of 90 (again, there can be multiple 90s). The difference between the 100 RV and the 90 RV is then subtracted from the 90 and that number is assigned the RV of 80. Any reports which fall underneath this number are automatically raised to an RV of 80.

A report will only generate a relative value when an RS has written three or more reports on Marines of a given grade.
Reviewing Officer Comparative Assessment

Item 3 of Section K of the FitRep on Page 5 where the RO ranks the MRO on an 8-block vertical scale commonly is the RO’s Comparative Assessment (commonly referred to as the “Christmas Tree.”) The RO compares the MRO to all Marines (past and present) of the grade whose professional abilities are known to the RO. (See Chapter 4 Paragraph 14 of the PES for more information)

Report Comments – Section I and Section K

Complementing the score and ranking of the report, the comments provided on Page 5 by the RS (Section I) and RO (Section K) summarize the MRO’s performance during the reporting period. Types of comments required of the RS in section I are:

a) Mandatory - Address performance, proficiency, leadership, promotability, potential and other traits that describe the MRO in the “whole Marine” concept. The “word picture” of the report.
b) Directed - Addressed throughout the PES and reference specific sections from Sections A-H of the FitRep
c) Additional - not directly related to performance as a Marine, but demonstrate important aspects of the MRO’s character

Comments are designed to clarify the score or rank of the report. For that matter, the flavor of the comments should match the score.

*Note* Any adverse comment renders the entire report adverse. Forgettable performance must be matched by forgettable comments…not negative comments. This is part of the “art” of FitRep writing that you will learn with time and experience.

Example Promotion Endorsement Continuum:

<table>
<thead>
<tr>
<th>Best Performer Ever:</th>
<th>Recommended for promotion ahead of contemporaries/peers</th>
</tr>
</thead>
<tbody>
<tr>
<td>(Accelerated Performer)</td>
<td><strong>Note: Per Ch 4 Sec 3.g.4, an accelerated promotion recommendation requires justification using Addendum page. - do not mark any block in SECT A, Item 7.</strong></td>
</tr>
<tr>
<td>Top Performer:</td>
<td>An absolute must for promotion</td>
</tr>
<tr>
<td></td>
<td>My Highest recommendation for promotion</td>
</tr>
<tr>
<td>Middle of the Pack:</td>
<td>Highly recommend for promotion</td>
</tr>
<tr>
<td></td>
<td>Promote at first opportunity</td>
</tr>
<tr>
<td></td>
<td>Strongly recommend for promotion</td>
</tr>
<tr>
<td>Weaker Performer:</td>
<td>Recommended for promotion</td>
</tr>
<tr>
<td></td>
<td>Promote with peers</td>
</tr>
<tr>
<td></td>
<td>Promote</td>
</tr>
<tr>
<td></td>
<td>Nothing (saying nothing… says a lot)</td>
</tr>
</tbody>
</table>
Example Section I Comments: *Top Performer*

1. Marine Reported On:  
   a. Last Name: WILLIAMS  
   b. First Name: BOY  
   c. MI: A  
   d. SSN: XXXX6789  
   e. OCC: TR  
   2. Occasion and Period Covered:  
   a. From: 20090105  
   b. To: 20090704

I. DIRECTED AND ADDITIONAL COMMENTS

Sergeant Williams is an immensely talented and effective NCO who operates at a level beyond the grasp of his peers. Hand selected to assume a SNCO billet, he completely outperformed two seasoned Staff Sergeants. An absolute technical expert whose professional skill rivals that of an officer. He directs the various administrative and training requirements of his unit without fault. Demonstrates impeccable moral character and a matchless ability among his peers to lead and inspire Marines and Sailors. The Corps could not find a finer ambassador for recruiting duty. Highly recommended for any officer commissioning program. An absolute must for promotion.

DIRECTED COMMENT: SECT. A, ITEM 6a: MRO was the subject of a Navy and Marine Corps Achievement Medal on 20090704

PROFICIENCY: MOS  
Skills and ability to execute assigned duties

LEADERSHIP: How well does MRO lead, mentor Marines & Sailors

PROMOTION: How strongly do you feel MRO should be promoted

Example Section I Comments: *Middle of the Pack*

1. Marine Reported On:  
   a. Last Name: WILLIAMS  
   b. First Name: BOY  
   c. MI: A  
   d. SSN: XXXX6789  
   e. OCC: TR  
   2. Occasion and Period Covered:  
   a. From: 20090105  
   b. To: 20090704

I. DIRECTED AND ADDITIONAL COMMENTS

-Sergeant Williams is a talented NCO whose performance during the period was outstanding. Filling a SNCO billet, he quickly mastered his responsibilities and guided his section to superior results. A superb technician with impressive MOS and professional skills, he directed the various administrative and training requirements of his unit with impressive precision. A mature and dedicated leader who provides a guiding a steady influence on his Marines and Sailors. I recommend Sergeant Williams for promotion and billets of increased responsibility.

DIRECTED COMMENT: SECT. A, ITEM 6a: MRO was the subject of a Navy and Marine Corps Achievement Medal on 20090704
Example Section I Comments:  *Weak Performer*

<table>
<thead>
<tr>
<th>1. Marine Reported On:</th>
<th>2. Occasion and Period Covered:</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Last Name</td>
<td>a. OCC</td>
</tr>
<tr>
<td>b. First Name</td>
<td>b. From</td>
</tr>
<tr>
<td>c. MI</td>
<td>To</td>
</tr>
<tr>
<td>d. SSN</td>
<td></td>
</tr>
<tr>
<td>Williams</td>
<td>20120105</td>
</tr>
<tr>
<td>Brown</td>
<td>20160721</td>
</tr>
</tbody>
</table>

1. DIRECTED AND ADDITIONAL COMMENTS

Sergeant Williams is an effective NCO who operates at a level expected of a Marine with his rank and experience. Demonstrates the leadership and technical skills required to accomplish assigned billet responsibilities. Directs the various administrative and training requirements of his unit with limited guidance. Retain and Promote.

PROFICIENCY:  MOS skills and ability to execute assigned duties

LEADERSHIP:  How well does MRO lead, mentor Marines & Sailors

PROMOTION:  How strongly do you feel MRO should be promoted

Remember that any adverse comment renders the entire report adverse. Documenting weak performance often takes more time and creative writing skill.

Note the unenthusiastic promotion endorsement for the weak performer. That’s a clear signal to any selection board that this Marine is not competitive with his/her peer group.

Follow-On Actions

Once the fitness report has been submitted by the RS to the RO (in a timely manner, allowing the RO sufficient time to make their marking and comments prior to the submission deadline to MMRP), they should have a discussion with the MRO on their markings and comments. Keep in mind, the PES and counseling are separate but complementary. The FitRep should produce no surprises for the MRO. Transparency with the MRO in regards to RV of a report or RS profile should be encouraged so they are not surprised by the report when they see it on their Master Brief Sheet. The RS should also check the status of the MRO’s fitness report on the Manpower website and ensure no date gaps larger than 31 days exist ([https://www.mmsb.usmc.mil/Date_Gap/](https://www.mmsb.usmc.mil/Date_Gap/)).
Example Fitness Report:

![Fitness Report Image]

A. ADMINISTRATIVE INFORMATION

1. Marine Reported On:
   a. Last Name: WILLIAMS
   b. First Name: ROY
   c. Mi: A
   d. SSN: 6789
   e. Grade: SGT
   f. DOR: 20070101
   g. PMOS: 1833
   h. BILMOS: 1833

2. Organization:
   a. MCC: 19G
   b. RUC: 21810
   c. Unit Description: 2D ASSAULT AMPHIBIAN BATTALION

3. Occasion and Period Covered:
   a. OCC: TD
   b. From: 20090105
   c. To: 20090704

4. Duty Assignment (descriptive title):
   a. Type: AAV SECTION LEADER

5. Special Case:
   a. Adverse: 
   b. Not Observed: 
   c. Extended: 

6. Marine Subject Of:
   a. Commentary: Material
   b. Disciplinary: 

7. Recommended For Promotion:
   a. Yes: 
   b. No: 
   c. N/A: 

8. Special Information:
   a. QUAL: E5
   b. PFT: A272
   c. Status: 

9. Duty Preference:
   a. Code: 1st
   b. Descriptive Title: Y41 RECRUITING DUTY - 1ST DISTRICT

10. Reporting Senior:
    a. Last Name: NIEDER
    b. Initial Service: TC
    c. SSN: 4321
    d. Grade: 1STLT
    e. Duty Assignment: PLATOON COMMANDER

11. Reviewing Officer:
    a. Last Name: REEDER
    b. Initial Service: RB
    c. SSN: 2333
    d. Grade: CAPT
    e. Duty Assignment: COMPANY COMMANDER

B. BILLET DESCRIPTION

- Insure 100% accountability of Marines, equipment, SL-3 and serialized gear maintained by section.
- Strive to develop junior Marines personally, physically and professionally.
- Serve as a mentor and subject matter expert for MOS related training.
- Serve in an advisory and supervisory role during annual maintenance, preventative maintenance and corrective maintenance of section's AAVs.
- Assist Platoon Sergeant with personnel administration to include accountability, required counseling, and provide accurate and timely recommendations of pro/con markings for all Marines in section.
- Assist with tactical and operational management of 4 AAVs, and crews in accordance with the appropriate SOPs. Apply ORM in all training and maintenance.

C. BILLET ACCOMPLISHMENTS

- Flawlessly coordinated and supervised technical, administrative, and training requirements for a 16-member AAV section.
- Instrumental in the modification of 53 Assault Amphibian Vehicles as part of a reconstitution of AAV assets in 2d Marine Division.
- Successfully completed qualification course for Enhanced Marksmanship Instructor.
- Assisted with martial arts training for more than 250 Marines within the battalion.
- Supervised a hand selected AAV detachment that successfully participated in CG II MEF level capabilities exercise.
- Selected to attend Recruiter's School.
Fitness Reports

Warrant Officer Basic Course

1. Marine Reported On:
   a. Last Name: WILLIAMS
   b. First Name: ROY
   c. MI: A
   d. SSN: 6789

2. Ocassion and Period Covered:
   a. OCC: 20090105
   b. From: 20090105
   c. To: 20090704

3. PERFORMANCE. Results achieved during the reporting period. How well those duties inherent to a Marine's billet, plus all additional duties, formally and informally assigned, were carried out. Reflects a Marine's aptitude, competence, and commitment to the unit's success above personal reward.
   1. PROFICIENCY. Demonstrates technical knowledge and practical skill in the execution of the Marine's overall duties. Combines training, education and experience. Translates skills into actions which contribute to accomplishing tasks and missions. Impacts knowledge to others. Grade dependent.
   2. EFFECTIVENESS UNDER STRESS. Thinking, functioning and leading effectively under conditions of physical and/or mental pressure. Maintaining composure appropriate for the situation, while displaying ability to adjust to unforeseen changes. Enables one to inspire others while continuing to lead under adverse conditions. Physical and emotional strength, resilience and endurance are elements.

4. INDIVIDUAL CHARACTER
   1. COURAGE. Moral or physical strength to overcome danger, fear, difficulty or anxiety. Personal acceptance of responsibility and accountability, placing conscience over competing interests regardless of consequences. Consensus, overriding decision to risk bodily harm or death to accomplish the mission or save others. The will to preserve doctrine uncertainty.
   2. INITIATIVE. Action in the absence of specific direction. Seeing what needs to be done and acting without prompting. The instinct to begin a task and follow through energetically on one's own accord. Being creative, proactive and decisive. Transforming opportunity into action.

5. JUSTIFICATION:
   - On his own time, MRO created, populated, and integrated an administrative and training database which focused limited resources and dramatically increased the readiness of the entire platoon.

NAVICOM 10358B (Rev. 1-01) (WN 3.1)
W3G0001XQ  Fitness Reports I

1. Marine Reported On:
   a. Last Name  WILLIAMS
   b. First Name  ROY
   c. MI  A
   d. SSN  6789

2. Occasion and Period Covered:
   a. OCC  20090105
   b. From  20090704

F. LEADERSHIP

1. LEADING SUBORDINATES. The inseparable relationship between leader and led. The application of leadership principles to provide direction and motivate subordinates. Using authority, persuasion and personality to influence subordinates to accomplish assigned tasks. Sustaining motivation and performance while maximizing subordinates’ performance.

ADV Engaged; provides instructions and directs execution. Seeks to accomplish mission in ways that sustain motivation and morale. Actions contribute to unit effectiveness.


Promotes creativity and energy among subordinates by striking the ideal balance of direction and delegation. Achieves highest levels of performance from subordinates by encouraging individual initiative. Encourages willingness, subordination, loyalty, and trust that allow subordinates to overcome their perceived limitations. Personal leadership fosters highest levels of motivation and morale, ensuring mission accomplishment even in the most difficult circumstances.

N/O

2. DEVELOPING SUBORDINATES. Commitment to train, educate, and challenge all Marines regardless of race, religion, ethnic background, or gender. Mentoring, Cultivating professional and personal development of subordinates. Developing team players and esprit de corps. Ability to combine teaching and coaching. Creating an environment tolerant of mistakes in the course of learning.

ADV Maintains an environment that allows personal and professional development. Ensures subordinates participate in all mandated development programs.

Advances and institutes innovative programs, to include PME, that emphasize personal and professional development of subordinates. Challenges subordinates to exceed their perceived potential thereby enhancing unit morale and effectiveness. Creates an environment where all Marines are confident to learn through trial and error. As a mentor, prepares subordinates for increased responsibilities and duties.

Widely recognized and emulated as a teacher, coach and leader. Any Marine would desire to serve with this Marine because they know they will grow personally and professionally. Subordinate and unit performance far surpassed expected results due to MRO’s mentorship and team building talents. Attitude toward subordinate development is infectious, extending beyond the unit.

N/O

3. SETTING THE EXAMPLE. The most visible facet of leadership: how well a Marine serves as a role model for all others. Personal action demonstrates the highest standards of conduct, ethical behavior, fitness, and appearance. Bearing, demeanor, and self-discipline are elements.

ADV Maintains Marine Corps standards for appearance, weight, and uniform wear. Supports sustained levels of physical fitness. Adheres to the tenets of the Marine Corps core values.

Personal conduct on and off duty reflects highest Marine Corps standards of integrity, honor, and appearance. Character is exceptional. Actively seeks self-improvement in wide-ranging areas. Dedication to duty and professional excellence encourage others’ self-improvement efforts.

Model Marine, frequently emulated. Exemplary conduct, behavior, and actions are the-setting. An inspiration to subordinates, peers, and seniors. Remarkable dedication to improving self and others.

N/O

4. ENSURING WELL-BEING OF SUBORDINATES. Genuine interest in the well-being of Marines. Efforts enhance subordinates’ ability to concentrate on unit mission accomplishment. Concern for family readiness is inherent. The importance placed on welfare of subordinates is based on the leader’s awareness that Marines take care of their own.

ADV Deals confidently with issues pertinent to subordinate welfare and recognizes suitable courses of action that support subordinates’ well-being. Applies available resources, allowing subordinates to effectively concentrate on the mission.

Instills and/or reinforces a sense of responsibility among junior Marines for themselves and their subordinates. Actively fosters the development of and uses support systems for subordinates which improve their ability to contribute to unit mission accomplishment. Efforts to enhance subordinate welfare improve the unit’s ability to accomplish its mission.

Noticeably enhances subordinates’ well-being, resulting in a measurable increase in unit effectiveness. Maximizes unit and base resources to provide subordinates with the best support available. Proactive approach serves to energize unit members to “take care of their own,” thereby correcting potential problems before they can hinder subordinate effectiveness. Widely recognized for techniques and policies that produce results and build morale. Builds strong family atmosphere. Putu motto: Mission first, Marines always, into action.

N/O

5. COMMUNICATION SKILLS. The efficient transmission and receipt of thoughts and ideas that enable and enhance leadership. Equal importance given to listening, speaking, writing, and critical reading skills. Interactive, allowing one to perceive problems and situations, provide concise guidance, and express complex ideas in a form easily understood by everyone. Allows subordinates to ask questions, raise issues and concerns and venture opinions. Contributes to a leader’s ability to motivate as well as counsel.

ADV Skilled in receiving and conveying information. Communicates effectively in performance of duties.

Clearly articulates thoughts and ideas, verbally and in writing. Communication in all forms is accurate, intelligent, concise, and timely. Communicates with clarity and verve, ensuring understanding of intent or purpose. Encourages and considers the contributions of others.

Highly developed facility in verbal communication. Adapts in composing written documents of the highest quality. Combines presence and verbal skills which engender confidence and achieve understanding irrespective of the setting, situation, or size of the group addressed. Displays an intuitive sense of when and how to listen.

N/O

JUSTIFICATION:

NAVMC 10835C (Rev. 1-01) (WN 3.1) PAGE 3 OF 5
**1. Marine Reported On:**

<table>
<thead>
<tr>
<th>a. Last Name</th>
<th>b. First Name</th>
<th>c. MI</th>
<th>d. SSN</th>
</tr>
</thead>
<tbody>
<tr>
<td>WILLIAMS</td>
<td>ROY</td>
<td>A</td>
<td>225-36789</td>
</tr>
</tbody>
</table>

**G. INTELLECT AND WISDOM**

1. **PROFESSIONAL MILITARY EDUCATION (PME).** Commitment to intellectual growth in ways beneficial to the Marine Corps. Increases the breadth and depth of warfare and leadership aptitudes. Resources include resident schools; professional qualifications and certification processes; nonresident and other extension courses; civilian educational institution coursework; a personal reading program that includes (but is not limited to) selections from the Commander's Reading List; participation in discussion groups and military societies; and involvement in learning through new technologies.

2. **DECISION MAKING ABILITY.** Viable and timely problem solution. Contributing elements are judgment and decisiveness. Decisions reflect the balance between an optimal solution and a satisfactory, workable solution that generates tempo. Decisions are made within the context of the commander's established intent and the goal of mission accomplishment. Anticipation, mental agility, intuition, and success are inherent.

3. **JUDGMENT.** The discretionary aspect of decision making. Draws on core values, knowledge, and personal experience to make wise choices. Comprehends the consequences of contemplated courses of action.

**H. FULFILLMENT OF EVALUATION RESPONSIBILITIES**

1. **EVALUATIONS.** The extent to which this officer serving as a reporting official conducted, or required others to conduct, accurate, unbiased, and timely evaluations.

   **ADY** Occasionally submitted untimely or administratively incorrect evaluations. As RS, submitted one or more reports that contained inflated markings. As RO, concurred with one or more reports from subordinates that were returned by HQMC for inflated marking.

   **JUSTIFICATION:**

<table>
<thead>
<tr>
<th>A</th>
<th>B</th>
<th>C</th>
<th>D</th>
<th>E</th>
<th>F</th>
<th>G</th>
<th>H</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

   **PREPARED UNBaised EVALUATIONS WHICH WERE CONSISTENTLY SUBMITTED ON TIME. EVALUATIONS ACCURATELY DESCRIBED PERFORMANCE AND CHARACTER. EVALUATIONS CONTAINED NO INFLATED MARKINGS. NO REPORTS RETURNED BY RO OR HQMC FOR INFLATED MARKING. NO SUBORDINATES' REPORTS RETURNED BY HQMC FOR INFLATED MARKING. FEW, IF ANY, REPORTS WERE RETURNED BY RO OR HQMC FOR ADMINISTRATIVE ERRORS. JUDGMENT WERE SPECIFIC, VERBAL, SUBSTANTIVE, AND WHERE POSSIBLE, QUANTIFIABLE AND SUPPORTED THE MARKINGS GIVEN.**

<table>
<thead>
<tr>
<th>A</th>
<th>B</th>
<th>C</th>
<th>D</th>
<th>E</th>
<th>F</th>
<th>G</th>
<th>H</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
I. DIRECTED AND ADDITIONAL COMMENTS

-Sergeant Williams is an immensely talented and effective NCO who operates at a level beyond the grasp of his peers. Hand selected to assume this SNCO billet, he completely outperformed two seasoned Staff Sergeants. An absolute technical expert whose professional rival that of an officer. He directs the various administrative and training requirements of his unit without fault. Demonstrates impeccable moral character and a matchless ability among his peers to lead and inspire Marines and Sailors. The Corps could not find a finer ambassador for recruiting duty. Highly recommended for any officer commissioning program. An absolute must for promotion.

DIRECTED COMMENT: SGT. A, ITEM 6a: MRO was the subject of a Navy and Marine Corps Achievement Medal on 20090704.

J. CERTIFICATION

1. I CERTIFY that to the best of my knowledge and belief all entries made hereon are true and without prejudice or partiality and that I have provided a signed copy of this report to the Marine Reported on.

   Signature of Reporting Senior

   (Date in YYYYMMDD format)

2. I ACKNOWLEDGE the adverse nature of this report and
   [ ] I have no statement to make
   [ ] I have attached a statement

   (Signature of Marine Reported On)

   (Date in YYYYMMDD format)

K. REVIEWING OFFICER COMMENTS

1. OBSERVATION: [ ] Sufficient [ ] Insufficient

2. EVALUATION: [ ] Concur [ ] Do Not Concur

3. COMPARATIVE ASSESSMENT:

   DESCRIPTION
   THE EMINENTLY QUALIFIED MARINE
   ONE OF THE FEW
   EXCEPTIONALLY QUALIFIED MARINES
   ONE OF THE MANY HIGHLY QUALIFIED
   PROFESSIONALS WHO FORM THE
   MAJORITY OF THIS GRADE
   A QUALIFIED MARINE
   UNSATISFACTORY

   COMPARATIVE ASSESSMENT

4. REVIEWING OFFICER COMMENTS: Amplify your comparative assessment mark; evaluate potential for continued professional development to include: promotion, command, assignment, resident PME, and retention; and put Report on Senior marks and comments in perspective.

   Concur with RS assessment; MRO is one of the best Non-Commissioned Officers I have observed in 10 years of combined service
   Surpasses his peers in every measurable category
   Excellent candidate for MECEP or other officer program
   Sergeant Williams has my highest recommendation for promotion and billets of increased responsibility

   Robert B. Rehder Jr.

   (Signature of Reviewing Officer)

   (Date in YYYYMMDD format)

L. ADDENDUM PAGE

ADDENDUM PAGE ATTACHED: [ ] YES
## Appendix C

### Master Brief Sheet (MBS) - Explanation

<table>
<thead>
<tr>
<th>NAME</th>
<th>DoD ID</th>
<th>GRADE</th>
<th>RANK</th>
<th>LCN</th>
<th>DOR</th>
<th>TIG</th>
<th>CURRENT DUTY ASSIGNMENT</th>
<th>BILLET DESCRIPTION</th>
<th>DCTB</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>12</td>
<td>12</td>
<td>PMOS</td>
<td>AMOS</td>
<td>13</td>
<td>AMOS4</td>
<td>Rifle Pistol, FPT, CFT, MCMP</td>
<td>14</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>11</td>
<td></td>
<td></td>
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</tbody>
</table>

### Education Summary

<table>
<thead>
<tr>
<th>CIVILIAN</th>
<th>MILITARY</th>
<th>PME</th>
</tr>
</thead>
<tbody>
<tr>
<td>16</td>
<td>17</td>
<td>17/18</td>
</tr>
<tr>
<td>17</td>
<td>17/18</td>
<td>18</td>
</tr>
</tbody>
</table>

### MBS Listing

1. **NAME**
2. **SSN**
3. **GRADE**
4. **RANK DESCRIPTION**
5. **LINEAL NO**
6. **DOR**
7. **TIG**
8. **CURRENT DUTY ASSIGNMENT**
9. **BILLET DESCRIPTION**
10. **DCTB**
11. **KEY DATE SUMMARY**

### BIB/BIR Listing

1. **NAME**
2. **SSN**
3. **GRADE**
4. **RANK DESCRIPTION**
5. **LINEAL NO**
6. **DOR**
7. **TIG**
8. **CURRENT DUTY ASSIGNMENT**
9. **BILLET DESCRIPTION**
10. **DCTB**

### Correcting Authority

MCTFS PRIUM

### Reference

MCTFS PRIUM

---

C-1 Enclosure (1)
<table>
<thead>
<tr>
<th>MRS LISTING</th>
<th>BIR/BTA LISTING</th>
<th>CORRECTING AUTHORITY</th>
<th>REFERENCE</th>
</tr>
</thead>
<tbody>
<tr>
<td>DOR COMM: The date of rank of first commission as a CMO.</td>
<td>N/A</td>
<td>ACTIVE: MCB</td>
<td>MCTPS PRIUM</td>
</tr>
<tr>
<td></td>
<td></td>
<td>RESERVE: UNIT DIARY</td>
<td></td>
</tr>
<tr>
<td>DOR LDO: The date of rank of first commission as N/A LDO.</td>
<td>N/A</td>
<td>CMC (ONFR)</td>
<td>NAVMC 760</td>
</tr>
<tr>
<td>DSG PILOT: The date on which the Marine was designated a military pilot,</td>
<td>N/A</td>
<td>CMC (ONCOA)</td>
<td>MCTPS PRIUM</td>
</tr>
<tr>
<td>naval aviator, or NFO.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>DCADB: The date current active duty began. Immediate reenlistment does</td>
<td>N/A</td>
<td>UNIT DIARY</td>
<td>MCTPS PRIUM</td>
</tr>
<tr>
<td>not change this date.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>EAS: Expiration of active service.</td>
<td>EAS</td>
<td>ENLISTED: UNIT DIARY</td>
<td>MCTPS PRIUM</td>
</tr>
<tr>
<td></td>
<td></td>
<td>ACTIVE OFFICER: CMC (ONCOA)</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>RESERVE OFFICER: CMC (ONRAM)</td>
<td></td>
</tr>
<tr>
<td>MSR: Mandatory separation retirement date. Assigned when the Marine's time</td>
<td>RT01</td>
<td>CMC (ONFR)</td>
<td>SEPS MANUAL</td>
</tr>
<tr>
<td>in service approaches the maximum allowable time, normally 30 years.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>MGD: Mandatory retirement date. For reserve officers only, assigned in the</td>
<td>RT01</td>
<td>CMC (ONFR)</td>
<td>SEPS MANUAL</td>
</tr>
<tr>
<td>same manner as the MSR, above.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12. AWARDS: Personal decorations awarded in order of precedence and the</td>
<td>N/A</td>
<td>UNIT DIARY</td>
<td>MCTPS PRIUM</td>
</tr>
<tr>
<td>number of like awards (filed represents latest 12 personal awards awarded)</td>
<td></td>
<td></td>
<td>SECNAVINST 1650.1H</td>
</tr>
<tr>
<td>13. MILITARY OCCUPATIONAL SPECIALTIES</td>
<td>M05</td>
<td>UNIT DIARY</td>
<td>MCTPS PRIUM</td>
</tr>
<tr>
<td>PMOS: Primary MOS</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>AM051: First Additional MOS</td>
<td>M05</td>
<td>ENLISTED: UNIT DIARY</td>
<td>MCTPS PRIUM</td>
</tr>
<tr>
<td></td>
<td></td>
<td>ACTIVE OFFICER: CMC (ONCOA)</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>RESERVE OFFICER: CMC (ONRAM)</td>
<td></td>
</tr>
<tr>
<td>AM052: Second Additional MOS</td>
<td>M05</td>
<td>SAME AS AM051</td>
<td>MCTPS PRIUM</td>
</tr>
<tr>
<td>AM053: Third Additional MOS</td>
<td>M05</td>
<td>SAME AS AM051</td>
<td>MCTPS PRIUM</td>
</tr>
<tr>
<td>AM054: Fourth Additional MOS</td>
<td>M05</td>
<td>SAME AS AM051</td>
<td>MCTPS PRIUM</td>
</tr>
<tr>
<td>AM055: Fifth Additional MOS</td>
<td>M05</td>
<td>SAME AS AM051</td>
<td>MCTPS PRIUM</td>
</tr>
<tr>
<td>JOINT: JOINT MOS (Officer only)</td>
<td>M05</td>
<td>CMC (ONCOA)</td>
<td>MCTPS PRIUM</td>
</tr>
<tr>
<td>BMOS: BILLET MOS</td>
<td>M08</td>
<td>UNIT DIARY</td>
<td>MCTPS PRIUM</td>
</tr>
<tr>
<td>14. TRAINING SUMMARY</td>
<td>BTR</td>
<td>UNIT DIARY</td>
<td>MCTPS PRIUM</td>
</tr>
<tr>
<td>RIFLE: Qualification Status</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>PISTOL: Qualification status</td>
<td>BTR</td>
<td>UNIT DIARY</td>
<td>MCTPS PRIUM</td>
</tr>
<tr>
<td>PFT: Class/Score or status</td>
<td>BTR</td>
<td>UNIT DIARY</td>
<td>MCTPS PRIUM</td>
</tr>
<tr>
<td>CFT: Class/Score or status</td>
<td>BTR</td>
<td>UNIT DIARY</td>
<td>MCTPS PRIUM</td>
</tr>
<tr>
<td>NCOAP: Martial Arts qualification</td>
<td>BTR</td>
<td>UNIT DIARY</td>
<td>MCTPS PRIUM</td>
</tr>
</tbody>
</table>

Enclosure (1)
<table>
<thead>
<tr>
<th>MEB LISTING</th>
<th>BIR/BTR LISTING</th>
<th>CORRECTING AUTHORITY</th>
<th>REFERENCE</th>
</tr>
</thead>
<tbody>
<tr>
<td>15. LANGUAGES: Name of language in which the Marine is proficient. Up to four languages may be listed.</td>
<td>FORGN-LANG CODES</td>
<td>CMC (MA)</td>
<td>MCTFS PRIUM</td>
</tr>
<tr>
<td>16. CIVILIAN EDUCATION: Civilian schools attended listed by year completed, degree attained, and major subject. Should list secondary and post-secondary schools.</td>
<td>CIV ED LEVEL</td>
<td>UNIT DIARY</td>
<td>MCTFS PRIUM</td>
</tr>
<tr>
<td>17. MILITARY EDUCATION: Service schools (including certain WCI courses) listed by course title and year in which completed. If the Marine has nine or fewer PME courses, up to 27 military courses can be displayed. If the Marine has ten or more PME courses, the 10 most recent military courses will be displayed.</td>
<td>EDU, BTR</td>
<td>UNIT DIARY</td>
<td>MCTFS PRIUM</td>
</tr>
<tr>
<td>18. PROFESSIONAL MILITARY EDUCATION: Service schools and career progression courses which indicate continuing military education. Used by promotion boards to determine if a Marine is &quot;PME Complete&quot; for their grade.</td>
<td>EDU, BTR</td>
<td>UNIT DIARY</td>
<td>MCTFS PRIUM</td>
</tr>
</tbody>
</table>
2. Reporting Senior Markings

a. Reporting Senior. This information reflects the name of the MRO’s RS per section A, item 10 (Reporting Senior), of the fitness report.

b. Mission/Character/Leadership/Intellect/Eval Resp. This information reflects the markings from the Performance Anchored Rating Scales per section D (Mission Accomplishment), E (Individual Character), F (Leadership), G (Intellect And Wisdom), and H* (Fulfillment Of Evaluation Responsibilities) of the fitness report. Abbreviations for the individual attributes as reflected on the MBS are:

<table>
<thead>
<tr>
<th>PER-Performance</th>
<th>LEA-Leading Subordinates</th>
<th>PME-Professional</th>
</tr>
</thead>
<tbody>
<tr>
<td>PRO-Proficiency</td>
<td>DEV-Develop Subordinates</td>
<td>Military Education</td>
</tr>
<tr>
<td>COU-Courage</td>
<td>SET-Setting the Example</td>
<td>DEC-Decision Making</td>
</tr>
<tr>
<td>EFF-Effectiveness</td>
<td>ENS-Ensuring Well-Being</td>
<td>Ability</td>
</tr>
<tr>
<td>Under Stress</td>
<td>of Subordinates</td>
<td>JUD-Judgment</td>
</tr>
<tr>
<td>INI-Initiative</td>
<td>CO-Communication Skills</td>
<td>EVAL*-Evaluation</td>
</tr>
</tbody>
</table>

* Applies only to MRO’s with fitness reporting official responsibilities.

c. Promote. This information reflects the RS’s promotion recommendation for the MRO per section A, item 7 (Recommended for Promotion). A “NO” indicates not recommended for promotion. An “NA” indicates not applicable. An “ACC” indicates a recommendation for accelerated promotion.

d. Reports. This number is not a ranking of any kind. The number before “of” indicates the numerical total of reports processed for this RS on Marines of this grade. The number after “of” is the total number of cumulative reports to date on Marines of this grade. Therefore, “13 of 16” shows that this report was the thirteenth report processed, and the RS has submitted three reports after this report.

e. RPT AVG. This information reflects the report’s average of the observed attributes.

f. RS AVERAGE. This information reflects the cumulative average of all reports written by the RS on a Marine of that grade.

g. RS HIGH. This information reflects the highest fitness report average of any report written by the RS on a Marine of that grade.

h. RPT AT HIGH. This information reflects the number of reports the RS submitted which have a relative average of 100.

i. RV AT PROC. This column reflects the relative value of the MRO’s fitness report based on the RS’s rating history for Marines of the same grade as the MRO as of the time of processing of the MRO’s report (see Appendix G).

j. CUM RV. This column reflects the cumulative relative value of all fitness reports written by the RS on Marines of this grade at the time the MBS is produced. NOTE: This percentage is a variable and will change as the RS writes additional reports on Marines of the same grade as the MRO’s grade on the report in question.
FITREP Workshop Assignment: Sgt Bobby Rivera

After reviewing all information in the SHO, you will be prepared to practice what you have learned. Read the case study, complete the assigned tasks, and BPT discuss your work during the workshop.

Introduction

It is 1 April 2011 and you have been the platoon commander of 2d Plt, Golf Co, 2d Bn, 8th Marines since 1 Feb 2010. During that time you have conducted numerous field exercises, including battalion training deployments to both 29 Palms for a Mojave Viper and to Bridgeport, CA for cold weather training. As your company starts a week long operational pause to verify REDs and SGLI information and get caught up on medical and dental readiness, you find out that one of your sergeants, Sgt Bobby Rivera, has just received PCS orders to Quantico with a report date NLT 7 May. He has decided to request 3 weeks of leave in conjunction and will officially leave your plt in 2 weeks on 15 April 2011.

Sgt Rivera’s Performance

Sgt Rivera, an 0311, is one of your squad leaders. He was promoted to Sgt on 1 Feb 2010, your first day in G/2/8. During your turnover with the previous platoon commander, he explained that Sgt Rivera was a great leader, but only average at PT. Since you’ve been platoon commander, you’ve seen Sgt Rivera consistently go out of his way to train his fire team leaders in everything from OSMEAC, to land nav, to uniform regulations. While he’s not the most technically or tactically proficient Sgt in your platoon or in the company, he always works to better himself and takes learning his profession very seriously. Last fall, he volunteered to attend Sgts Course and graduated in the top 20% of his class (received a Not Observed report dated 2 Sept 2010 – 15 Oct 2010). He also qualified expert with rifle and pistol prior to going to Sergeant’s Course and received a Navy and Marine Corps Achievement Medal on 1 March 2011.

Sgt Rivera’s PT performance leaves slightly more to be desired. His last PFT score was a 227 (run Jan of 2011) and he typically hovers around 12 pull ups and a 24 minute 3 mile run time. You rarely see him in the gym or out running on his own. He is 68” tall and weighs 186, but his body fat percentage is still within regulations at 18%.

The last four of Sgt Rivera’s SSN are 4616.

Your company commander’s name is Capt Chris G. Carter and his last four are 2895. Your unit MCC is V28 and your RUC is 28582.
This is your RS profile list for Sergeants. The profiles are the same, one is listed in order of date and one is listed in order of FitRep score. Fill in the 5 boxes below (only one for the below profiles) and then use that information to fill out Sgt Rivera’s Sections A and I. Use the letter boxes to assign him a numeric score for this FitRep, depending on where you want to place him.

<table>
<thead>
<tr>
<th>SGT</th>
<th>3124 JOHNSON</th>
<th>1-FEB-10</th>
<th>10-APR-10</th>
<th>EN</th>
<th>4.30</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>9480 MARCOUX</td>
<td>1-FEB-10</td>
<td>16-APR-10</td>
<td>CH</td>
<td>4.12</td>
</tr>
<tr>
<td></td>
<td>1384 WILLIS</td>
<td>31-MAR-10</td>
<td>31-MAR-11</td>
<td>AN</td>
<td>3.90</td>
</tr>
<tr>
<td></td>
<td>4616 RIVERA</td>
<td>1-APR-10</td>
<td>1-SEP-10</td>
<td>TD</td>
<td>3.84</td>
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<tr>
<td></td>
<td>4616 RIVERA</td>
<td>1-FEB-10</td>
<td>31-MAR-10</td>
<td>AN</td>
<td>3.71</td>
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<tr>
<td></td>
<td>5643 DAVIS</td>
<td>31-MAR-10</td>
<td>31-MAR-11</td>
<td>AN</td>
<td>3.70</td>
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<tr>
<td></td>
<td>5643 DAVIS</td>
<td>1-FEB-10</td>
<td>31-MAR-10</td>
<td>AN</td>
<td>3.65</td>
</tr>
<tr>
<td></td>
<td>1384 WILLIS</td>
<td>1-FEB-10</td>
<td>31-MAR-10</td>
<td>AN</td>
<td>3.51</td>
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<tr>
<td></td>
<td>6933 TINO</td>
<td>1-APR-10</td>
<td>25-OCT-10</td>
<td>CH</td>
<td>3.44</td>
</tr>
</tbody>
</table>

Average By MRO Grade: 

|      | 4616 RIVERA  | 1-FEB-10 | 31-MAR-10| AN | 3.71  |
|      | 5643 DAVIS   | 1-FEB-10 | 31-MAR-10| AN | 3.65  |
|      | 1384 WILLIS  | 1-FEB-10 | 31-MAR-10| AN | 3.51  |
|      | 3124 JOHNSON | 1-FEB-10 | 10-APR-10| EN | 4.30  |
|      | 9480 MARCOUX | 1-FEB-10 | 16-APR-10| CH | 4.12  |
|      | 4616 RIVERA  | 1-APR-10 | 1-SEP-10 | TD | 3.84  |
|      | 6933 TINO    | 1-APR-10 | 25-OCT-10| CH | 3.44  |
|      | 5643 DAVIS   | 31-MAR-10| 31-MAR-11| AN | 3.70  |
|      | 1384 WILLIS  | 31-MAR-10| 31-MAR-11| AN | 3.90  |

Average By MRO Grade: 

---

Warrant Officer Basic Course
**Reporting Senior’s Profile**

**2ndLt ___________**

<table>
<thead>
<tr>
<th>Grade</th>
<th>Average</th>
<th># of Report</th>
<th>High</th>
<th>Low</th>
</tr>
</thead>
<tbody>
<tr>
<td>1STLT</td>
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***Fill in the average, # of reports, high and low***
Answer or consider the following questions before filling out a FitRep on Sgt Rivera.

1. How many days do you have to do Sgt Rivera’s FitRep? By what date should you have given it to him, if possible?
2. What was the occasion for his last FitRep?
3. What is the occasion for this FitRep and why?
4. Including the FitRep you give him, how many will Sgt Rivera have by the time he leaves Golf 2/8?
5. Why isn’t Sgt Rivera’s rifle or pistol score recorded on this FitRep?
6. Why do you have 5 reports where the “from” time is 1 Feb 10?
7. Why did Sgt Johnson get a FitRep from you?
8. Does it matter what letter grades you assign Sgt Rivera? Why or why not?
9. Who are some people you could send this report to for a Command Review?
10. This FitRep was filled out in pen. What would you use to fill out a real FitRep and where would you find it?
# USMC FITNESS REPORT (1610)

**NAVMC 10835A (Rev. 1-01)**

**PREVIOUS EDITIONS WILL NOT BE USED**

**FO00 - Privacy sensitive if filled in**

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**COMMANDANT’S GUIDANCE**

The completed fitness report is the most important information component in manpower management. It is the primary means of evaluating a Marine’s performance and is the Commandant’s primary tool for the selection of personnel for promotion, augmentation, resident schooling, command, and duty assignments. Therefore, the completion of this report is one of an officer’s most critical responsibilities. Inherent in this duty is the commitment of each Reporting Senior and Reviewing Officer to ensure the integrity of the system by giving close attention to accurate marking and timely reporting. Every officer serves a role in the scrupulous maintenance of this evaluation system, ultimately important to both the individual and the Marine Corps.

Institutional markings only serve to dilute the actual value of each report. Reviewing Officers will not concur with inflated reports.

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**A. ADMINISTRATIVE INFORMATION**

<table>
<thead>
<tr>
<th>1. Marine Reported On:</th>
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<td>a. Last Name</td>
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<td>b. First Name</td>
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<td>g. PMOS</td>
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<td>h. BILMOS</td>
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</table>

2. Organization:
   a. MCC
   b. RUC
   c. Unit Description

3. Occasion and Period Covered:
   a. OCC
   b. From
   c. To
   d. Type

4. Duty Assignment (descriptive title):
   a. Commendatory
   b. Derogatory
   c. Disciplinary
   d. Material
   e. Action

5. Special Case:
   a. Adverse
   b. Not Observed
   c. Extended

6. Marine Subject Of:
   a. Material
   b. Action

7. Recommended For Promotion:
   a. Yes
   b. No
   c. N/A

8. Special Information:
   a. QUAL
   b. PFT
   c. CFT
   d. HT(m)
   e. WT
   f. Body Fat
   g. Reserve Component
   h. Status
   i. Future Use
   j. Code
   k. Descriptive Title

9. Duty Preference:
   a. 1st
   b. 2nd
   c. 3rd

10. Reporting Senior:
    a. Last Name
    b. Init
    c. Service
    d. ID
    e. Grade
    f. Duty Assignment

11. Reviewing Officer:
    a. Last Name
    b. Init
    c. Service
    d. ID
    e. Grade
    f. Duty Assignment

---

**B. BILLET DESCRIPTION**

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**C. BILLET ACCOMPLISHMENTS**

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### D. MISSION ACCOMPLISHMENT

1. **PERFORMANCE.** Results achieved during the reporting period. How well those duties inherent to a Marine's billet, plus all additional duties, formally and informally assigned, were carried out. Reflects a Marine's aptitude, competence, and commitment to the unit's success above personal reward. Indicators are time and resource management, task prioritization, and tenacity to achieve positive ends consistently.

<table>
<thead>
<tr>
<th>ADV</th>
<th>Meets requirements of billet and additional duties. Aptitude, commitment, and competence meet expectations. Results maintain status quo.</th>
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2. **PROFICIENCY.** Demonstrates technical knowledge and practical skill in the execution of the Marine's overall duties. Combines training, education, and experience. Translates skills into actions which contribute to accomplishing tasks and missions. Imparts knowledge to others. Grade dependent.

<table>
<thead>
<tr>
<th>ADV</th>
<th>Competent. possesses the requisite range of skills and knowledge commensurate with grade and experience. Understands and articulates basic functions related to mission accomplishment.</th>
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### E. INDIVIDUAL CHARACTER

1. **COURAGE.** Moral or physical strength to overcome danger, fear, difficulty or anxiety. Personal acceptance of responsibility and accountability, placing conscience over competing interests regardless of consequences. Conscious, overriding decision to risk bodily harm or death to accomplish the mission or save others. The will to persevere despite uncertainty.

<table>
<thead>
<tr>
<th>ADV</th>
<th>Demonstrates inner strength and acceptance of responsibility commensurate with scope of duties and experience. Willing to face moral or physical challenges in pursuit of mission accomplishment.</th>
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2. **EFFECTIVENESS UNDER STRESS.** Thinking, functioning and leading effectively under conditions of physical and/or mental pressure. Maintaining composure appropriate for the situation, while displaying steady purpose of action, enabling one to inspire others while continuing to lead under adverse conditions. Physical and emotional strength, resilience and endurance are elements.

<table>
<thead>
<tr>
<th>ADV</th>
<th>Exhibits discipline and stability under pressure. Judgment and effective problem-solving skills are evident.</th>
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3. **INITIATIVE.** Action in the absence of specific direction. Seeing what needs to be done and acting without prompting. The instinct to begin a task and follow through energetically on one's own accord. Being creative, proactive and decisive. Transforming opportunity into action.

<table>
<thead>
<tr>
<th>ADV</th>
<th>Demonstrates willingness to take action in the absence of specific direction. Acts commensurate with grade, training and experience.</th>
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### JUSTIFICATION:

**NAVMC 10835B (Rev. 4-03) (P)**
1. Marine Reported On:  
a. Last Name  
b. First Name  
c. MI  
d. ID  

2. Occasion and Period Covered:  
a. OCC  
b. From  

to  

F. LEADERSHIP

1. LEADING SUBORDINATES. The inseparable relationship between leader and led. The application of leadership principles to provide direction and motivate subordinates. Using authority, persuasion and personality to influence subordinates to accomplish assigned tasks. Sustaining motivation and morale while maximizing subordinates’ performance.

ADV Engaged, provides instructions and directs execution. Seeks to accomplish mission in ways that sustain motivation and morale. Actions contribute to unit effectiveness.


Promotes creativity and energy among subordinates by striking the ideal balance of direction and delegation. Achieves highest levels of performance from subordinates by encouraging individual initiative. Engenders willing subordination, loyalty, and trust that allow subordinates to overcome their perceived limitations. Personal leadership fosters highest levels of motivation and morale, ensuring mission accomplishment even in the most difficult circumstances.

N/A

2. DEVELOPING SUBORDINATES. Commitment to train, educate, and challenge all Marines regardless of race, religion, ethnic background, or gender. Mentorship. Cultivating professional and personal development of subordinates. Developing team players and aspirants. Ability to combine teaching and coaching. Creating an atmosphere tolerant of mistakes in the course of learning.

ADV Maintains an environment that allows personal and professional development. Ensures subordinates participate in all mandated development programs. Maintains Marine Corps standards for appearance, weight, and uniform wear. Sustains required level of physical fitness. Adheres to the tenets of the Marine Corps core values.

Develops and institutes innovative programs, including PME, that emphasize personal and professional development of subordinates. Challenges subordinates to exceed their perceived potential thereby enhancing unit morale and effectiveness. Creates an environment where all Marines are confident to learn through trial and error. As a mentor, prepares subordinates for increased responsibilities and duties.

Widely recognized and emulated as a teacher, coach, and leader. Any Marine would desire to serve with this Marine because they know they will grow personally and professionally. Subordinate and unit performance far surpassed expected results due to MOC’s mentorship and team building talents. Attitude toward subordinate development is infectious, extending beyond the unit.

N/A

3. SETTING THE EXAMPLE. The most visible facet of leadership: how well a Marine serves as a role model for all others. Personal action demonstrates the highest standards of conduct, ethical behavior, fitness, and appearance. Bearing, demeanor, and self-discipline are elements.

ADV Maintains Marine Corps standards for appearance, weight, and uniform wear. Sustains required level of physical fitness. Adheres to the tenets of the Marine Corps core values.

Personal conduct on and off duty reflects highest Marine Corps standards of integrity, bearing and appearance. Character is exceptional. Actively seeks self-improvement in wide-ranging areas. Dedication to duty and professional example encourage others’ self-improvement efforts.

Model Marine, frequently emulated. Exemplary conduct, behavior, and actions are tone-setting. An inspiration to subordinates, peers, and seniors. Remarkable dedication to improving self and others.

N/A

4. ENSURING WELL-BEING OF SUBORDINATES. Genuine interest in the well-being of Marines. Efforts enhance subordinates’ ability to concentrate/focus on unit mission accomplishment. Concern for family readiness is inherent. The importance placed on welfare of subordinates is based on the belief that Marines take care of their own.

ADV Deals confidently with issues pertinent to subordinate welfare and recognizes suitable courses of action that support subordinates’ well-being. Applies available resources, allowing subordinates to effectively concentrate on the mission.

Instills and/or reinforces a sense of responsibility among junior Marines for themselves and their subordinates. Actively fosters the development of and uses support systems for subordinates which improve their ability to contribute to unit mission accomplishment. Efforts to enhance subordinate welfare improve the unit’s ability to accomplish its mission.

Noticably enhances subordinates’ well-being, resulting in a measurable increase in unit effectiveness. Maximizes unit and base resources to provide subordinates with the best support available. Proactive approach serves to energize unit members to “take care of their own,” thereby correcting potential problems before they can hinder subordinates’ effectiveness. Widely recognized for knowledge and policies that produce results and build morale. Builds strong family atmosphere. Puts motto Mission first, Marines always, into action.

N/A

5. COMMUNICATION SKILLS. The efficient transmission and receipt of thoughts and ideas that enable and enhance leadership. Equal importance given to listening, speaking, writing, and critical reading skills. Interactive, allowing one to perceive problems and situations, provide concise guidance, and express complex ideas in a form easily understood by everyone. Allows subordinates to ask questions, raise issues and concerns, and offer opinions. Contributes to leader’s ability to motivate as well as counsel.

ADV Skilled in receiving and conveying information. Communicates effectively in performance of duties.

Clearly articulates thoughts and ideas, verbally and in writing. Communication in all forms is accurate, intelligent, concise, and timely. Communicates with clarity and vigor, ensuring understanding of intent or purpose. Encourages and considers the contributions of others.

Highly developed facility in verbal communication. Adept in composing written documents of the highest quality. Combines presence and verbal skills which engender confidence and achieve understanding irrespective of the setting, situation, or size of the group addressed. Displays an intuitive sense of when and how to listen.

N/A

JUSTIFICATION:
### G. INTELLECT AND WISDOM

1. **PROFESSIONAL MILITARY EDUCATION (PME).** Commitment to intellectual growth in ways beneficial to the Marine Corps. Increases the breadth and depth of warfighting and leadership aptitude. Resources include resident schools; professional qualifications and certification processes; nonresident and other extension courses; civilian educational institution coursework; a personal reading program that includes (but is not limited to) selections from the Commandant’s Reading List; participation in discussion groups and military societies; and involvement in learning through new technologies.

ADV Maintains currency in required military skills and related developments. Has completed or is enrolled in appropriate level of PME for grade and level of experience. Recognizes and understands new and creative approaches to service issues. Remains abreast of contemporary concepts and issues.

PME outlook extends beyond MOS and required education. Develops and follows a comprehensive personal program which includes broadened professional reading and/or academic course work; advances new concepts and ideas.

Dedicated to life-long learning. As a result of active and continuous efforts, widely recognized as an intellectual leader in professionally related topics. Makes time for study and takes advantage of all resources and programs. Introduces new and creative approaches to services issues. Engages in a broad spectrum of forums and dialogues.

2. **DECISION MAKING ABILITY.** Viable and timely problem solution. Contributing elements are judgment and decisiveness. Decisions reflect the balance between an optimal solution and a satisfactory, workable solution that generates tempo. Decisions are made within the context of the commander's established intent and the goal of mission accomplishment. Anticipation, mental agility, intuition, and success are inherent.

ADV Makes sound decisions leading to mission accomplishment. Actively collects and evaluates information and weighs alternatives to achieve timely results. Confidently approaches problems; accepts responsibility for outcomes.

Demonstrates mental agility; effectively prioritizes and solves multiple complex problems. Analytical abilities enhanced by experience, education, and intuition. Anticipates problems and implements viable, long-term solutions. Steadfast, willing to make difficult decisions.

Widely recognized and sought after to resolve the most critical, complex problems. Seldom匹配ed analytical and intuitive abilities; accurately foresees unexpected problems and arrives at well-timed decisions despite fog and friction. Completely confident approach to all problems. Masterfully strikes a balance between the desire for perfect knowledge and greater tempo.

3. **JUDGMENT.** The discretionary aspect of decision making. Draws on core values, knowledge, and personal experience to make wise choices. Comprehends the consequences of contemplated courses of action.

ADV Majority of judgments are measured, circumstantial, relevant and correct.

Decisions are consistent and uniformly correct, tempered by consideration of their consequences. Able to identify, isolate and assess relevant factors in the decision making process. Opinions sought by others. Subordinates personal interest in favor of impartiality.

Decisions reflect exceptional insight and wisdom beyond this Marine’s experience. Counsel sought by all; often an arbiter. Consistent, superior judgment inspires the confidence of seniors.

### H. FULFILLMENT OF EVALUATION RESPONSIBILITIES

1. **EVALUATIONS.** The extent to which this officer serving as a reporting official conducted, or required others to conduct, accurate, uninflated, and timely evaluations.

ADV Occasionally submitted untimely or administratively incorrect evaluations. As RS, submitted one or more reports that contained inflated markings. As RO, concurred with one or more reports from subordinates that were returned by HQMC for inflated marking.

Prepared uninflated evaluations which were consistently submitted on time. Evaluations accurately described performance and character. Evaluations contained no inflated markings. No reports returned by RO or HQMC for inflated marking. No subordinates’ reports returned by HQMC for inflated marking. Few, if any, reports were returned by RO or HQMC for administrative errors. Section C5s were void of superlatives. Justifications were specific, verifiable, substantive, and where possible, quantitative and supported the markings given.

No reports submitted late. No reports returned by either RO or HQMC for administrative correction or inflated markings. No subordinates’ reports returned by HQMC for administrative correction or inflated markings. Returned procedurally or administratively incorrect reports to subordinates for correction. As RO concurred with all inflated reports.

### JUSTIFICATION:

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NAVMC 10835D (Rev. 4-03) (P)
1. Marine Reported On:
   a. Last Name
   b. First Name
   c. M I
   d. ID

2. Occasion and Period Covered:
   a. OCC
   b. From
   c. To

I. DIRECTED AND ADDITIONAL COMMENTS

J. CERTIFICATION
   1. I CERTIFY that to the best of my knowledge and belief all entries made hereon are true and without prejudice or partiality and that I have provided a signed copy of this report to the Marine Reported on.

   (Signature of Reporting Senior)
   (Date in YYYYMMDD format)

   2. I ACKNOWLEDGE the adverse nature of this report and
   ■ I have no statement to make
   ■ I have attached a statement

   (Signature of Marine Reported On)
   (Date in YYYYMMDD format)

K. REVIEWING OFFICER COMMENTS
   1. OBSERVATION:
      ■ Sufficient
      ■ Insufficient

   2. EVALUATION:
      ■ Concur
      ■ Do Not Concur

   3. COMPARATIVE ASSESSMENT:
      Provide a comparative assessment of potential by placing an "X" in the appropriate box. In marking the comparison, consider all Marines of this grade whose professional abilities are known to you personally.

   DESCRIPTION
   THE EMINENTLY QUALIFIED MARINE
   ONE OF THE FEW
   EXCEPTIONALLY QUALIFIED MARINES
   ONE OF THE MANY HIGHLY QUALIFIED PROFESSIONALS WHO FORM THE MAJORITY OF THIS GRADE
   A QUALIFIED MARINE
   UNSATISFACTORY

4. REVIEWING OFFICER COMMENTS: Amplify your comparative assessment mark; evaluate potential for continued professional development to include: promotion, command, assignment, resident PME, and retention; and put Reporting Senior marks and comments in perspective.

5. I CERTIFY that to the best of my knowledge and belief all entries made hereon are true and without prejudice or partiality.

   (Signature of Reviewing Officer)
   (Date in YYYYMMDD format)

6. I ACKNOWLEDGE the adverse nature of this report and
   ■ I have no statement to make
   ■ I have attached a statement

   (Signature of Marine Reported On)
   (Date in YYYYMMDD format)

L. ADDENDUM PAGE
   ADDENDUM PAGE ATTACHED: ■ YES

NAVMC 10835E (Rev. 4-03) (P-542.1-SNAPSHOT)
### Glossary of Terms and Acronyms

<table>
<thead>
<tr>
<th>Term or Acronym</th>
<th>Definition or Identification</th>
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<tbody>
<tr>
<td>PES</td>
<td>Performance Evaluation System</td>
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<tr>
<td>FITREP</td>
<td>Fitness Report</td>
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<tr>
<td>MMRP</td>
<td>Manpower Management Division, Records and Performance Branch (Formerly MMSB)</td>
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<tr>
<td>MRO</td>
<td>Marine Reported On</td>
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<td>RS</td>
<td>Reporting Senior</td>
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<tr>
<td>RO</td>
<td>Reviewing Officer</td>
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<tr>
<td>PARS</td>
<td>Performance Anchored Rating Scale (the 14 attributes)</td>
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<td>RV</td>
<td>Relative Value</td>
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### Notes

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