

MARINE FORCES RESERVE

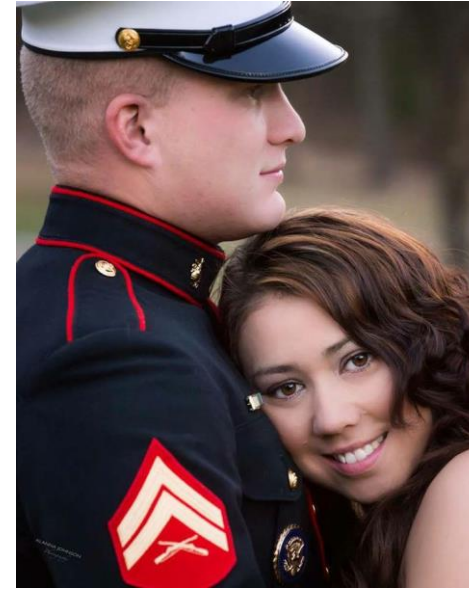
MFR CREDO EVENTS 2019

Marriage Enrichment Retreats (MER)

16-18	AUG	Charleston, SC
13-15	SEP	New Orleans, LA
27-29	SEP	Gettysburg, PA
04-06	OCT	Portland, ME
15-17	NOV	Knoxville, TN
06-08	DEC	San Antonio, TX

Applied Suicide Intervention Training Workshops (ASIST)

13-14	AUG	Albany, GA, MCLB
27-28	AUG	New Orleans, LA, MCSF
17-18	SEP	Washington, DC, JB Myer/HH
24-25	SEP	New Orleans, LA, MCSF
29-30	OCT	New Orleans, LA, MCSF



CREDO Director: Chaplain Ron Newhouse

CREDO Deputy Director: Chaplain Kermit Jones

CREDO Coordinator: RP2 Sandra Taylor 504-697-8092

Email registration requests to: mfr_retreats@usmc.mil

All Military Members Welcome (Any Branch, Reserve, Active, IRR)

[Facebook.com/MFRCREDO](https://www.facebook.com/MFRCREDO)



MARINE FORCES RESERVE CREDO RETREATS

Marriage Enrichment Retreats (MER)

MERs focus on deepening married couples' commitment, self-understanding, communication, and closeness to enrich their marriage. All couples who are legally married with spouse IDs are welcome to attend. Open to all Reserve, Active & IRR.

MER & PRR RETREATS

Hotel/Resort lodging, meals, and retreat materials for MERs & PRRs are provided at no cost to all service members and their spouses.

Transportation for MFR Marines & Sailors are reimbursed from 100 to 720 miles roundtrip according to current JFTR TDY rates. All other service members travel at their own cost or paid by their command. We do not reimburse for any other travel.

Email registration requests and questions to:
mfr_retreats@usmc.mil

Personal Resiliency Retreats (PRR)

PRRs are designed to help service members reach their goals, improve relationship skills, build leadership expertise, make good decisions, strengthen resiliency and live for a greater purpose. PRRs are weekend retreats.

Applied Suicide Intervention Skills Training (ASIST)



Learn how to intervene and save a life of someone with thoughts of suicide! ASIST is a two-day hands-on workshop in suicide first aid. ASIST significantly increases participants' confidence in helping someone in need.

ASIST workshops are open to all service members, dependents and civilians who are 16 or older. To sign up for a workshop, email us at mfr_retreats@usmc.mil for registration forms. TAD to an ASIST workshop is at your command's expense.



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