

# MARINE FORCES RESERVE

CHAPLAIN RELIGIOUS ENRICHMENT DEVELOPMENT OPERATIONS  
MARRIAGE ENRICHMENT RETREAT PLAN OF THE WEEKEND  
(Subject to Change)

Please allow extra travel time for unexpected possible delays (traffic, weather, etc.). Be in the training room no later than 1930 (7:30 PM) ready to begin.

## DAY ONE: Friday's Plan of the Day

1600 Check-in to Hotel Retreat Site  
1800 Registration at Training Room  
1830 Dinner  
1930 Communication Skill 1: "Good Communication"  
2145 Couple's Free Time

## DAY TWO: Saturday's Plan of the Day

0800 Breakfast  
0845 Communication Skill 2: "Expectations"  
0930 Communication Skill 3: "Five Love Languages"  
1015 Communication Skill 4: "Speaker Listener"  
1145 Lunch  
1230 Communication Skill 5: "Personality"  
1430 Couple's Date Night

## DAY THREE: Sunday's Plan of the Day

0800 Breakfast  
0845 Chapel Service (Optional) Communication Skill 6: "Focus"  
0930 Communication Skill 7: "How to Win: Money & Marriage"  
1030 Communication Skill 8: "Commitment"  
1130 Fair Winds and Following Seas  
1145 Hotel Check Out