

## COMMANDING OFFICER FIELD MEDICAL TRAINING BATTALION-WEST POLICY STATEMENT ON UNIT, PERSONAL, AND FAMILY READINESS



People are the Navy and Marine Corps' most precious assets. We must cherish, care for, and develop our people in order to build strength, resiliency, and foster readiness. We accomplish this by properly employing a Unit, Personal, and Family Readiness Program (UPFRP) and through timely and accurate communication, no matter the circumstance. A vital component of a UPFRP is the Family Readiness team, and the heart of the group is the volunteers whose experience and expertise greatly facilitates mission accomplishment. I ask that each family consider joining the Family Readiness team at some point during their tour.

<u>People First</u>: Because They Are Our Mission – Sailors, Marines, and Civilians cannot focus on mission accomplishment without stable and healthy family and personal lives. With this in mind, we must remain vigilant and communicate personal and family issues up the chain of command as life events occur as well as in times of crisis.

<u>Pride</u>: Our operational readiness and ultimate success are direct results of our training and ability to sustain our unit, personal, and family readiness. During long training hours, we must remain ever vigilant and confident that those we leave at home will have that which they need to cope with the stressors associated with military life.

<u>Professionalism</u>: Proper physical, emotional, spiritual, and moral balance allows for growth and development in all facets of life. Given this, I challenge each of you to continuously seek personal and professional improvements by keeping your affairs in order and actively encouraging family involvement in command readiness activities.

The robust nature of our UPFRP allows us to capitalize on the momentum produced by the Navy and Marine Corps resiliency transformation continuums. As a part of this, the command Family Readiness team will disseminate pertinent information using all appropriate and reasonable means of communication, provide information on services, and make referrals to Marine Corps Community Services (MCCS) and community-based support organizations. The Unit Readiness Coordinator (URC) will facilitate events that create and enhance readiness and build camaraderie within the command, ensure confidentiality and privacy policies are unquestioningly adhered to and lead by example in the care and assistance of our personnel.

PEOPLE, PRIDE, and PROFESSIONALISM are ACCELERATED by TRUST and ANCHORED by TEAMWORK. If we support families and keep them informed, we, without doubt, will be successful!

SEMPER FORTIS! SEMPER-FIDELIS!

PLUMMER