If eligible, you may be asked to take part in a 6-week research study, in which

- All will receive daily text messages and be asked to answer questionnaires on a website once each week
- Some will get detailed lessons on using phone apps
- Some will be able to have an MRI and physiology assessment

All information is strictly confidential.

For those doing an in-person study visit, it will be at the National Intrepid Center of Excellence, Walter Reed National Military Medical Center, Bethesda, Maryland.

For more information, please contact Michelle Costanzo at 301 295 5840

Protocol Title: GETSmart: Guided Education & Training via Smart Phones to Promote Resilience
Principal Investigator: Michael J. Roy, MD, MPH
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