

UNITED STATES MARINE CORPS
VALUES BASED TRAINING ACTIVITY BOOK



MARINE CORPS COMBAT SERVICE SUPPORT SCHOOLS, CAMP JOHNSON, NORTH CAROLINA

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Welcome to the Marine Corps Values Based Training Puzzle Book. As you work these puzzles you will enhance your knowledge of Marine Corps Basic Values. The solutions to these puzzles are located in the back of the book.

Part of belonging to the Marine team involves incorporating the values of that team into the daily lives of each of its members. We all understand, and must subscribe to, our Corps values: honor, courage, commitment. There are other values which we honor as defenders of the constitution: the ideals of democracy, fairness, faith, and freedom. These values and the basic concept of right and wrong, are cornerstones in building Marines.

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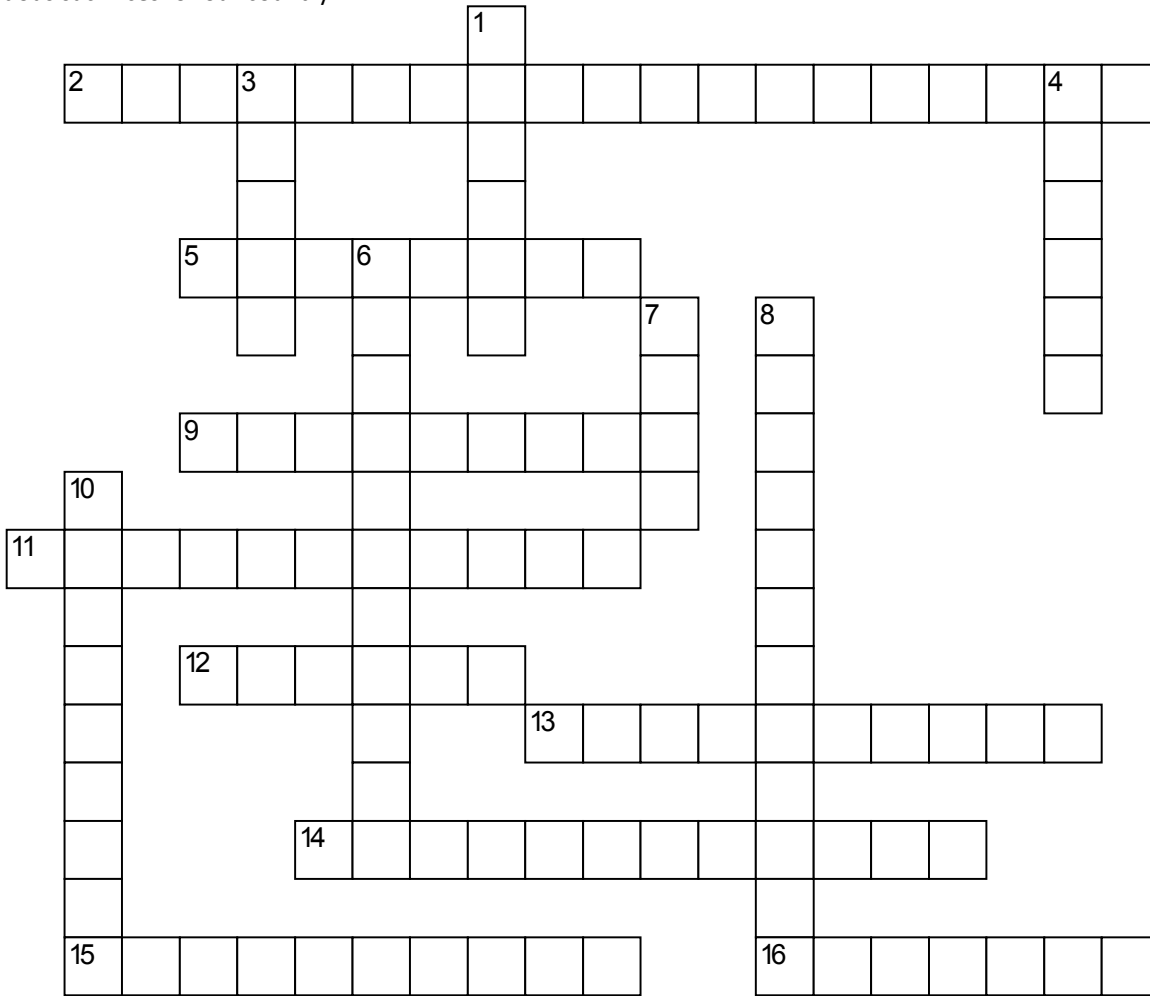
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Professionalism

Directions: Using the word bank below and the clues on the other page, complete the crossword puzzle.

Being a Marine is a very honorable profession. However, with this prestige comes the responsibility of conducting yourself in a manner consistent with the thousands of proud, dedicated, courageous Marines who have served our Corps well and made tremendous sacrifices for our country.



Word Bank:

- Competent
- Honor
- Duty
- Self Control
- Confidence
- Professional
- Career
- Selflessness
- Discipline
- Ethics
- Values
- Technical Competence
- Dedicated
- Loyalty
- Responsible
- Courtesy

Professionalism



Across

- 2 You must know your job and do it well in order to lead others. (two words)
- 5 Respectful, considerate act, excellence of manners and social conduct
- 9 To study and work to become expert in your field while continually striving to improve your knowledge and expertise in all military related skills.
- 11 Managing or restraint of oneself or one's actions or feelings.
- 12 Your values include what you want, but your _____ are more involved with the way you get what you want.
- 13 Belief in yourself and your abilities.
- 14 Unselfish, having no personal regard for fame, position, or money.
- 15 Behavior in accordance with rules of conduct, maintained by training and control.
- 16 To yourself, your unit, your Corps, and your Country, always rendering faithful and willing service under any and all circumstances.

Down

- 1 To develop professional _____ and attitudes, you simply resolve to let nothing be more important to you than the welfare of your Marines, the accomplishment of your mission, and your personal integrity.
- 3 Marines must possess the highest sense of gallantry in serving the United States of America and embody responsibility to duty above self
- 4 An occupation or profession requiring special training during a course of action through live or through a phase of life.
- 6 Marines must know what is expected of them, and then work to fulfill those expectations.
- 7 Something that one is expected or required to do by moral or legal obligation
- 8 A military _____ is a person who has undergone special preparation and training. They possess the knowledge on which expert actions are based and the ability to apply this knowledge in a practical way.
- 10 To be willing to make personal sacrifice. They must put themselves and their personal needs secondary to the needs of the Corps.

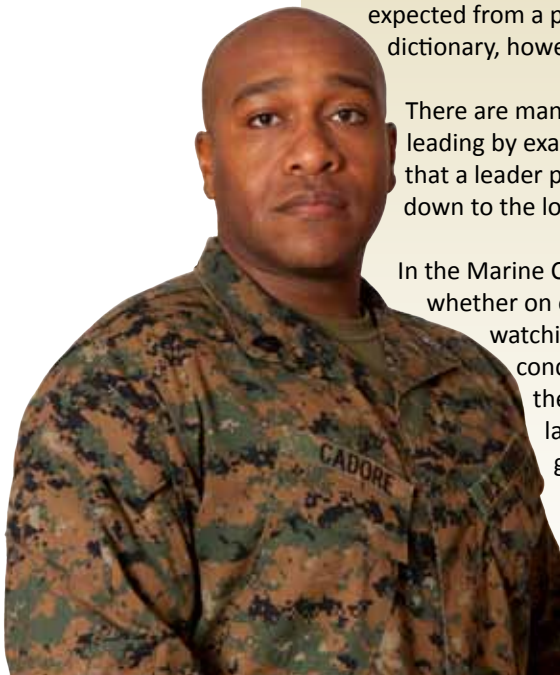


“Professionalism can be defined as the skill, good judgment, and polite behavior that are expected from a person who is trained to do a job well according to the Merriam-Webster dictionary, however in the Armed Forces I believe it should be more in-depth.

There are many attributes that are intertwined into professionalism, for example; leading by example, appearance, demeanor, respect, modesty, decency and the ethics that a leader possess. Professionalism in the Marine Corps must start from the top down to the lowest private.

In the Marine Corps we should pride ourselves with being professionals at all times whether on or off duty. Marines must always remember that someone is always watching and should always set a good example. A professional should always conduct him or herself in a manner that doesn't bring discredit to themselves or the organization, for example; not using filthy or vulgar language, always showing respect toward everyone, maintaining a well groomed appearance and carrying one's self in a demeanor worth emulating.”

“Professionalism should be more than an action that one performs, but rather who you are or a way of life”

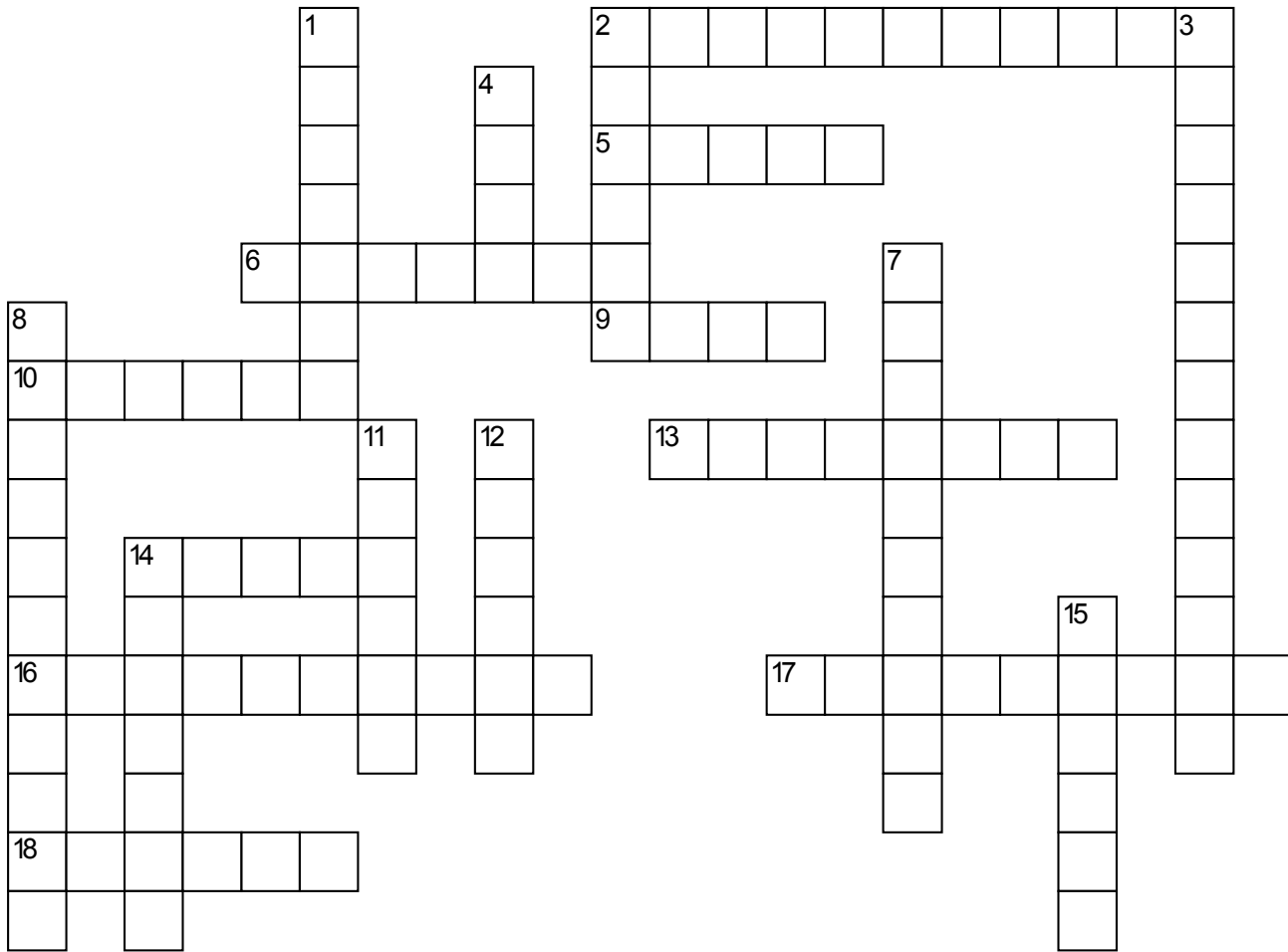


*GySgt Conroy J. Cadore III
United States Marine Corps*

Character

Directions: Using the word bank below and the clues on the other page, complete the crossword puzzle.

Character is the sum of your qualities, it is who you are. It defines you and guides your actions. Everyone needs to strive to have a positive character and not a negative character. Below are both positive and negative character qualities.



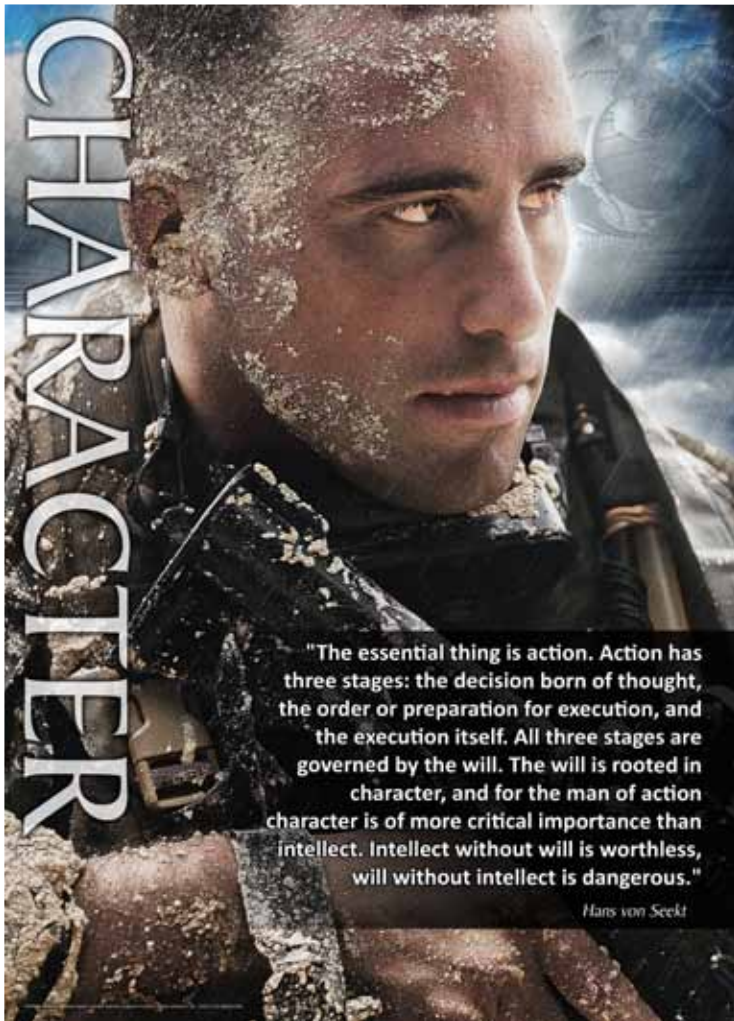
Word Bank:

- | | | |
|-------------|-------------|---------------|
| Cooperate | Envy | Polite |
| Modest | Optimistic | Courageous |
| Respect | Patient | Compassionate |
| Generous | Trustworthy | Proud |
| Greedy | Unfair | Wise |
| Honest | Content | Regret |
| Pessimistic | Loyal | |



"Our Corps Values of honor, courage, and commitment make up the basis of the character of who we are as Marines. Our character is defined by what we do, not what we say or believe. It's our actions that matter. Having and displaying good character not only makes you a better Marine, it makes the Marine Corps better. "

*Cpl Brandon Ponyah
United States Marine Corps*



Across

- 2 A belief that bad things will happen
- 5 Showing complete and constant support
- 6 Admiring someone that is good
- 9 The feeling of wanting to have what someone else has
- 10 To feel sad or sorry for something that you did
- 13 Freely giving or sharing something of value
- 14 Happy and pleased because of something you have done, own or someone you know
- 16 A belief that good things will happen
- 17 To work together
- 18 Good and truthful character

Down

- 1 To be pleased and fulfilled
- 2 Showing good manners and respect
- 3 Showing concern for someone who is sick hurt or poor
- 4 Knowledge from learning or experience
- 7 Very brave
- 8 To be relied on to do what is right
- 11 Not to proud nor bold
- 12 Not fair, honest or just
- 14 Able to remain calm and not become annoyed
- 15 Having a selfish desire



"They were the Leathernecks ... the old breed of American regular, regarding the service as home and war as an occupation; and they transmitted their temper and character and view-point into the high-hearted volunteer mass which filled the ranks of the Marine Brigade."

*Captain John W. Thomason, Jr.
"The Leathernecks" in Fix Bayonets*

"Marines need to be more concerned with their character instead of their reputation. Worrying about your reputation is what leads us astray and down a very disastrous path. We become more focused on if people like us or not, or if we "fit in". Your character is what makes you, and is how people truly see you. Marines of high character do the right thing regardless of the situation or who's watching or whether it was the popular choice, it's about getting the mission accomplished and upholding our core values of Honor, Courage and Commitment. Our reputation is how we are perceived; our character defines who we truly are."

*Gunnery Sergeant Tyrone E. Reid
United States Marine Corps*



Professionalism

Our Marines are our most precious resource. We have drawn together Americans from every part of the country, from every race, every ethnic, and religious background. As Marines, we take care of our own. The term “our own” makes no distinction between gender, race, religion, or ethnic background. Taking care of “our own” means all of our Marine and Civilian Marines are afforded an equal opportunity to serve, learn, grow, lead, and succeed.

D K P Q W S N A Y R V W B Y T I R U T A M I R U O
 I P T U R O L O C D M Z E Z F D R M L Y Z X N I L
 V Q Y Q Q R R H G I Q X T N E M G D U J L Z H B F
 E V M I M R A X Z X U V X X K F A N W F U U E B J
 R D M H E P R L K E C A P A B I L I T I E S L E W
 S H L T J R E R A F L E W Q F R Y D K Y E R A G P
 I W R O U T U C I F I M Y T I N U T R O P P O R E
 T B T C W F L M O R A L C O U R A G E F J R O X I
 Y U L U E S M E N T A L S W V T Y A R Y S F D G X
 S E L F D I S C I P L I N E H D P Z T Q E F T X D
 U E B P N P U N P H Y S I C A L O I D S N X R A O
 L V C W O Q R A I L D W L U S G N I S I F O E H S
 Q I R I I P L Q G Q I C F P E U G I Y P A M A S O
 H T W N T Q C R E E D Q N X T N O Q T X G K T Y V
 K A O F A I R K E R S P A R I N J G I N S Z M T E
 X I D R C B V L Q C M W O T A M V Z C X N P E U M
 D T R K I Q O N U W N P Y L M B O P I K O O N G E
 Q I E N N G S O A V P A B N G D J S N H I X T A I
 V N L E U N I T L O N T T O X T Z C H R T L N R F
 A I I C M P T N L N Z E D R M M Z V T G A E Z W W
 I W G A M P U A Y J M Y E X O Y H I E L R J F A I
 Y C I R O R U C K F C Z U D K P H V L Y I Z K Z N
 D J O C C Q I Z W T T H A N S S M J R T P O M M L
 X Q N N E M I U V C I R D P B X X I U Q S Y W E P
 H O N A Z H R T T O V S S B Y F Q J J E A J I T F

Word Bank:

- EQUAL OPPORTUNITY
- DIVERSITY
- FAIR
- EQUAL
- TREATMENT
- OPPORTUNITY
- RACE
- ETHNICITY
- AGE
- SEX
- RELIGION
- COLOR
- CREED
- ORIGIN
- PHYSICAL
- MENTAL
- CAPABILITIES
- PROFESSIONAL
- INITIATIVE
- MATURITY
- MORAL COURAGE
- SELF DISCIPLINE
- JUDGMENT
- COMMUNICATION
- IMPORTANCE
- DIGNITY
- ASPIRATIONS
- NEEDS
- WELFARE



Ethical Leadership

Directions: For each puzzle, find and circle all words hidden in the grid from the list

Ethics involves a concern for standards of excellence. It should be no surprise to anyone that every Marine is expected to act in accordance with some very specific standards of right and responsible action. Every Marine is expected to do his or her job in a proper and correct manner, and to act in accordance with a sense of purpose and a regard for high personal standards.

E H Z X D L S L A R O M L R O N O H R O
 C K A A U O U I U C T B O T I A E X H U
 N F V N S C L D O X F I R R Z V S W S B
 E N I K K J W N M N V L B R K G C J P X
 D W P E N E C T O A V L W Y Z D I C I R
 I T R T A E G I H B A C A T G R H O H B
 F Q V B R I T E K N E O M I B Q T U S H
 N K L N W E B R O I F D H R Z A E R N S
 O D C Z R I Y I L F M E I G W V O A A R
 C X F C Z H S J A L Z K J E M U N G M E
 V Q S I G S I U E T G I V T N W D E S D
 V I P T E D S D Z M G E A N L C Y F T A
 D C D F O A G G F I D E L I T Y E S R E
 G N O R W D R M E Q O L U T T M E P O L
 H R E I S U W E K X A U E F K N D P P F
 P W A A A T C N U W F W S T O D N J S V
 L V I F Y Y V T S J O Q A H I N F Z G B
 V F W J J S O B R I E T Y W J E N H M K
 R D R A D N A T S Y T I R G E T N I R O
 N N M R I G H T I W L X E O C M F D T P

Word Bank:

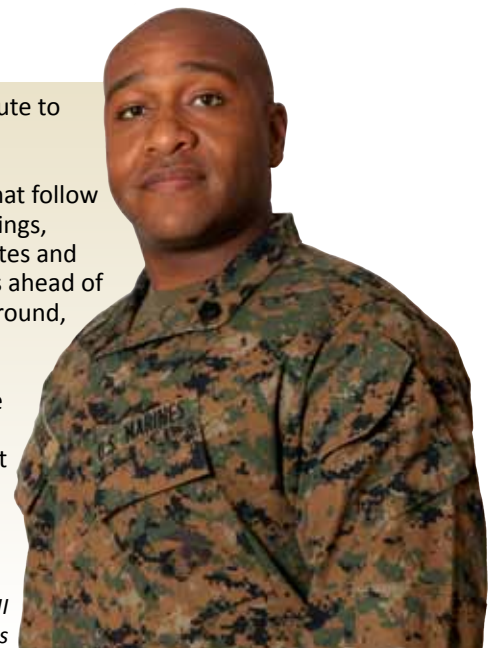
ETHICS
 DUTY
 FIDELITY
 HONEST
 HONOR
 INTEGRITY
 MORALS
 PROFESSIONAL
 RIGHT
 STANDARD
 VALUE
 WRONG
 LAWS
 BEHAVIOR
 CODE
 LEADERS
 SPORTSMANSHIP
 FAIR
 CONCERN
 CONFIDENCE
 JUDGMENT
 DISCRETION
 INTEGRITY
 OBEDIENCE
 COURAGE
 ZEAL
 SOBRIETY



“Ethics are a very intricate part of a person’s character and should greatly contribute to how he or she is defined.

An ethical leader respects others and shouldn’t use their subordinates or those that follow as a medium to achieve his or her personal goals. He or she must respect the feelings, decision and values and exercise compassion when dealing with peers, subordinates and seniors. An ethical leader serves others and should place their follower’s interests ahead of their own. He or she considers his own purpose as well as the purpose of those around, while making efforts to achieve the goals suitable to all.

An ethical leader is fair and just and must treat everyone equally. There should be no personal bias, nor should they ever play favorites. He or she must act in a manner that is always fruitful for their followers. An ethical leader possesses great integrity, he or she is loyal and honest. Honesty and integrity are essential to be an ethical and effective leader. Honest leaders can be always relied upon and depended upon and they will always earn the respect of all subordinates, peers and senior leaders.”



GySgt Conroy J. Cadore III
 United States Marine Corps

Directions: Find and circle all the words from the word bank. **14 Leadership Traits**

The traits and principles of leadership are the basic fundamentals that Marines use to develop their own leadership abilities. It is important to realize that knowledge of these basic tenets of leadership is not enough; Marines must instinctively apply them personally, as well as earnestly to develop them.

D X G F W T N E M G D U J B F X C D T D
 X Y O D W P N X N P D A I P W Q P N E R
 E I F I E W E C L E H D I F H V U B N U
 I N X U N C B T R P R K R L I X D E T M
 R P S C T Z I X E S A S H L M B R J H S
 B X H X E F S S E N H S I F L E S N U P
 M O E J R N E L I P F N R N N Y G Y S Z
 U V E N U K D I M V K H S G M Q A X I Y
 I S X W O S N U N H E G Q N N J Z X A V
 S U M C P A T O R I A N O M M I J E S R
 L O Y A L T Y I W A T R E Q X H R A M M
 G H R B A M T H C L N I B S M D Y A A B
 M R D S R V I V J E E C A R S P A O E R
 K L I Y Z J R O L F G D E T X O G Z F B
 T P C G N V G C O U R A G E I S I T L R
 A C T J I T E Z J U O J S E E V T V B K
 C C J Q F T T B L W F M W D Z E E H N T
 T G J H E K N Z I L E C M I D H F O Y I
 E S Z K T D I Y T I L I B A D N E P E D
 U C N H V R E Y A P O B H Y T J G B M N

Word Bank:

- JUSTICE
- JUDGMENT
- DEPENDABILITY
- INITIATIVE
- DECISIVENESS
- TACT
- INTEGRITY
- ENTHUSIASM
- BEARING
- UNSELFISHNESS
- COURAGE
- KNOWLEDGE
- LOYALTY
- ENDURANCE



“Traits are those intangible aspects of an individual that make them impartial and reasonable in their dealings with others. Marines are fortunate to have inherited fourteen instrumental qualities that distinctly aid in their development as leaders. One’s character is not solely defined in the acknowledgement of these traits. Character is defined by how individuals incorporate these communicated traits into what they aspire to be!”

*1stSgt Dawn O. Adams
 United States Marine Corps*

Character & Leadership 1

Directions: Fill in the missing letters to complete the missing character or leadership attribute.

Feared by enemies, respected by allies, and loved by the American people, Marines are a "special breed." This reputation was gained through and is maintained in a set of enduring core values that form the bedrock and heart of our character. Character is the sum of all of your attributes such as integrity, courage, fortitude, honesty and loyalty in a person. Character is perhaps the most important essence a person can possess, as it defines who a person is.

1) To feel or show honor or esteem for; to care or show consideration for

Root SPECT = look

S P E C T

Sentence: Both Marines genuinely _____ their SNCOIC for the many wise decisions he makes for the platoon.

2) Deserving of confidence or reliance on the integrity, strength or ability of a person; reliable

Root TRUST = comfort, consolation

T R U S T

Sentence: Since PFC Butler had been such a _____ team member, his classmates voted him to be the class leader.

3) Friendly feeling; quality of a benevolent nature or disposition; state of being considerate or helpful

Root KINDE = natural, well-disposed

K I N D

Sentence: Sergeant Acosta, ever grateful, never forgot the _____ his mentor showed him throughout his career.

4) Feeling of faithfulness or allegiance; state of being faithful to one's friend, oath or obligation

Root LEGIS = law

L O Y

Sentence: The Marines from Alpha Company are admired for their _____ and valued for their courage to each other under fire.

5) A fair and permissive attitude towards those whose race, religion, nationality or opinions differ; freedom from prejudice

Root TOLER = to put up with

T O L E R

Sentence: The Marine Corps has a zero _____ policy toward drugs and hazing.

6) Identification with or experiencing the feelings, thoughts etc. of someone; sympathy

Root PATH = feel, suffer

P A T H

Sentence: LCpl Davis felt _____ for his roommate when he received the bad news, because both of them had now lost a brother in arms.

7) Demonstrating a willingness to work or act together for a common purpose or benefit

Root OPER = work

O P E R

Sentence: SSgt Bell commended LCpl Barnett for being such a _____ teammate who worked well in every squad.

Character & Leadership 2

Directions: Fill in the missing letters to complete the missing character or leadership attribute.

Fearful by enemies, respected by allies, and loved by the American people, Marines are a "special breed." This reputation was gained through and is maintained in a set of enduring core values that form the bedrock and heart of our character. Character is the sum of all of your attributes such as integrity, courage, fortitude, honesty and loyalty in a person. Character is perhaps the most important essence a person can possess, as it defines who a person is.

1) State or instance of being accountable (something within someone's power) or having the capacity for moral decisions
Root SPONS/SPOND = promise, answer

S P O N S

Sentence: PFC Stewart took the _____ of being class leader by setting a very good example for others to follow.

2) Truthfulness, sincerity or frankness; freedom from deceit; trustworthiness
Root HONOS = honor

H O N

Sentence: Since LCpl Reed possessed so much integrity, no one ever questioned her _____.

3) Freedom from bias, dishonesty or injustice; marked by even conditions; treatment of all sides alike, justly and equitably
Root from Old English FAEGER = fit, firm

F A I R

Sentence: The Marines were pleased with the _____ of the field meet since no team was given an advantage.

4) Bravery; quality of mind or spirit that enables a person to face difficulty or pain without fear
Root COUR = heart

C O U R

Sentence: When PFC Simmons maneuvered through opposing fire to retrieve a fellow Marine, he showed special _____ in facing the enemy.

5) Confident or trustful dependence; something or someone on which one has confidence
Roots: RE (prefix) = back; LIGA = tie, bind

R E

Sentence: LCpl Grimsley places genuine _____ on her NCOs who are always dependable and available for her.

6) Taking serious attention to; devoting; protecting; having concern for
Root Old German Old CHARA = to lament

C A R

Sentence: With the admiration and _____ of his fellow Marines, PFC Miller was able to pass his final Ground Supply School exam and PCS to his first duty station.

7) Behavior in accord with rules of conduct; activity, exercise or a regimen that develops or improves a skill; prescribed habit
Root CAP/CIP = take, seize, hold

C I P

Sentence: Sgt Ye insists on a daily _____ of weight lifting for an hour before work, plus aerobic conditioning by running three times a week.

Character & Leadership 3

Directions: Fill in the missing letters to complete the missing character or leadership attribute.

Feared by enemies, respected by allies, and loved by the American people, Marines are a "special breed." This reputation was gained through and is maintained in a set of enduring core values that form the bedrock and heart of our character. Character is the sum of all of your attributes such as integrity, courage, fortitude, honesty and loyalty in a person. Character is perhaps the most important essence a person can possess, as it defines who a person is.

1) The ability or willingness to suppress restlessness or annoyance when confronted with delay; quiet, steady perseverance
Root PAT = suffer, feel, endure

P A T

Sentence: PFC Taylor showed a lot of _____ as he tenaciously practiced how to disassemble the gear box on the Medium Tactical Vehicle Replacement (MTVR).

2) Uncompromising adherence to right moral and ethical conduct or principles; honesty
Root TEG = truth

T E G

Sentence: The class leader shows such _____ that he is admired both by his peers and SNCOs alike.

3) Arriving, acting or happening at the time(s) appointed; promptness
Root PUNCT = point, on-time

P U N C T

Sentence: Every Marine is counted on their _____ to be where they need to be and at the time they need to be or they could be counted as UA.

4) Quality or feeling of being thankful; warmly appreciative of a kindness or benefits received
Root GRAT = thankful, pleasing

G R A T

Sentence: The Iraqi woman expressed her profound _____ to the Marines who have kept her family safe.

5) Boldly courageous; brave; stout-hearted; marked by daring, resolve and fortitude
Root VAL = be strong, be worth, valor

V A L

Sentence: Marines are _____ individuals who put their lives in the face of danger to protect America's freedom.

6) Qualities and attributes of someone of distinguished courage and bravery
Root: HERO = bravery, courage

H E R O

Sentence: The corpsman showed extraordinary _____ as he scrambled up the hill under fire to aid four wounded Marines.

7) To honor the memory by some observation; to serve as a reminder or as a memorial
Root MEMOR = mention, bring to mind

M E M O R

Sentence: Through the years, songs and monuments _____ outstanding deeds, sacrifices and accomplishments of the American military.

Directions: A cryptogram is a cipher puzzle where every letter of the alphabet has been switched. Your task is to decipher the hidden message. You are given a letter to help you get started. Unscramble the rest of the words to solve the puzzle.

Leadership

The individual Marine must obey orders, become proficient at his/her job, and set a good example for his/her fellow Marines. Note that all the traits and principles apply equally to the individual Marine. Any Marine may suddenly find himself/herself the senior Marine present and thereby be responsible for others, with authority and accountability.

□ □ T □ □ R □ T □

H B I J V P N I R

It is the legitimate power of a leader to direct subordinates to take action within the scope of the leader's position. By extension, this power, or a part thereof, is delegated and used in the name of a commander. All leaders regardless of rank are responsible to exercise this to accomplish the mission. Equally important, however, is the idea that when a Marine of any rank is given responsibility for a mission, the Marine must also be given the degree of ability necessary to carry it out.

□ □ □ P □ □ □ □ □ □ □ □ T Y

P Z U E V S U N C N F N I R

It is the obligation to act or to do; that which one must answer for, either to seniors or juniors. It may include, but is not limited to, assigned tasks, equipment, personnel, money, morale and leadership. It is an integral part of a leader's authority. At all levels of command, the leader is responsible for what the leader's Marines do or fail to do, as well as for the physical assets under his/her control. Ultimately, all Marines are morally and legally liable for their individual actions.

A □ □ □ □ □ T □ □ □ □ □ T □

H K K V B S I H C N F N I R

It is the reckoning, wherein the leader answers for his/her actions and accepts the consequences, good or bad. It is the very cornerstone of leadership. It establishes reasons, motives and importance for actions in the eyes of seniors and subordinates alike. It is the final act in the establishment of one's credibility. It results in rewards for good performance, as well as punishment for poor performance.



"I think it's important that leaders are there for their Marines. To show them how to do things. To guide them along the way. The longest lasting impression you'll make on a Marine is by showing them that you care about them and by teaching them what they need to know to be successful."

Sgt John Martinez
United States Marine Corps



Leadership Principles

Directions: For each puzzle, find and circle all words hidden in the grid from the list below

The leadership principles are proven guidelines, which if followed, will substantially enhance your ability to be an effective leader. Keep in mind that your ability to implement these principles will influence your opportunity to accomplish the mission, to earn the respect of your fellow Marines, juniors and seniors, and to make you an effective leader. Make these principles work for you.

O S F Y E R T C Q S R Y Z U F I I N F O R M E D T
 A E K X Z H X D D E H S I L P M O C C A K V J Y D
 Q N S E T A N I D R O B U S E L B I S N O P S E R
 P I H N E L P M A X E E H T T E S Z H R Z T A I M
 K R B U O R Q J X N U G P C Z I H Y Y T S K A W Z
 O A C X T I A Q H N N W K A F F P R W S T I N P Z
 M M H A H A S F X L Y X R Z A Y C F B V Z Q U W J
 L R R W P Q C I L T N E M E V O R P M I F L E S L
 D U R O N A T T C E Y S A X V W P P C H D G T N L
 O O R V M X B N I E W L T N L J M Y D Q F F V O M
 O Y B N A I M I E C D B L L K I P R G Q A A N I P
 T W T Y E Z M A L I A Y D A T Z S O A I L O U S G
 S O G M T O F F A I C L L E C U U S H C C Y Q I H
 R N E E A X I V L V T I L E S I N V K G L Y H C Z
 E K M Z S T B D J I T I F Y M I N T D N A S B E A
 D R S U A R I G Z L C U E O P I V H A T S S C D C
 N Z G J N A Y F C A T A P S R R T R C Q L L Q D E
 U T P G I J M R X L P G T B Y P O T E E I R O N K
 Y V F G A K N O W Y O U R S E L F F I P T A V U X
 G W O S R G S G I E D T F U H Z B V I S U Z F O X
 H K I L T Z I B Y W B P Q J S L D U G C Z S I S H
 Y Y T I L I B I S N O P S E R E K A T M I P D J K
 H P I Z P Y T I L I B I S N O P S E R K E E S L S
 H F G K M F S U X H E O J E Y I C S W B B H N V W
 S V W K P E K Q I B O G P U J B I V S Z W M V T X

Word Bank:

- KNOW YOURSELF
- SELF IMPROVEMENT
- TECHNICALLY
- TACTICALLY PROFICIENT
- KNOW YOUR MARINES
- INFORMED
- SET THE EXAMPLE
- UNDERSTOOD
- SUPERVISE
- ACCOMPLISHED
- TRAIN AS A TEAM
- SOUND DECISIONS
- TIMELY DECISIONS
- RESPONSIBLE
- SUBORDINATES
- CAPABILITIES
- SEEK RESPONSIBILITY
- TAKE RESPONSIBILITY
- PROFICIENT

Leadership Principles:

- Know yourself and seek self-improvement.
- Be technically and tactically proficient.
- Develop a sense of responsibility among your subordinates.
- Make sound and timely decisions.
- Set the example.
- Know your Marines and look out for their welfare.
- Keep your Marines informed.
- Seek responsibility and take responsibility for your actions.
- Ensure tasks are understood, supervised and accomplished.
- Train your Marines as a team.
- Employ your command in accordance with its capabilities.

“Leadership Principles are fundamental and ingenious! They are undeniably eleven clearly defined components that encourage intellectual and analytical thinking. Short and direct the impact of each principle is decisively clear. The principles act as a beacon to guide Marines in their decision making abilities and assist Marines in understanding why something is right or wrong. The leadership principles are crucial in the overall development of successful leaders.”

1stSgt Dawn O. Adams
 United States Marine Corps



Directions: A cryptogram is a cipher puzzle where every letter of the alphabet has been switched. Your task is to decipher the hidden message. You are given a letter to help you get started. Unscramble the rest of the words to solve the puzzle.

Leadership Style

Leadership style is the behavior pattern of a leader, as perceived by his/her Marines, while the leader is attempting to influence, guide, or direct their activities. Therefore, a Marine's leadership style is not always determined by his/her thoughts, but rather by the subordinate's. Leadership styles range from autocratic; the degree of authority used by the leader, to democratic; the degree of authority granted to the subordinate. The following are the four most common styles of leadership found in the Corps today.

L

N
G
 P Z O O V A H

One-way communication characterized by the leader making a decision and announcing it without input from subordinates. In a crisis, the leader is expected to be an authoritarian. As leaders, Marines are expected to always be ready to step to the forefront and take control of any given situation. As warfighters there will be times that we will make decisions without input from subordinates, especially during tense and/or dangerous situations.

S

L

G
 Q Z O O V A H

The leader presents a decision and invites questions and comments. This style allows subordinates to know why and what went into the decision-making process. Although this style only allows minimal participation from subordinates, it provides an avenue for better understanding, and when effectively used, it can further motivate those executing the plan. Remember, perception is the key. When leaders take subordinates into their confidence and foster two-way communication, a degree of trust and respect is formed both ways.

P

T

G
 L J B P V F V L J P V A H

With this style, the leader presents a problem, gets suggestions and makes a decision. Good two-way communication between the leader and subordinates is paramount for this style. Leaders should discuss possible alternative solutions before making their decision. This leadership style promotes initiative and ingenuity among subordinates.

D

L

G

G
 U Z O Z H J P V A H

When using this style, it is important that the leader's goals, objectives, and restrictions are clear to subordinates. The leader defines limits and allows subordinates to make decisions within those limits. This style uses mission-type orders and guidelines to issue the leader's intent. The subordinate then executes the plan and performs all tasks both specified and implied with minimal supervision. This style hinges on the trust and confidence the leader places in his/her subordinates.



“Leadership is a unique psychological skill the causes individuals to commit, follow, and strive to accomplish any task without hesitation. This action commands devotion to duty, allegiance to a common goal and preservation during difficult times. Effective employment of this trait shapes a village into a society, a society into a nation, and a nation into a world power. We have all been there; compelled to achieve the impossible, inspired to become greater than life, and persuaded to make dreams come true; that's the power of Leadership.”

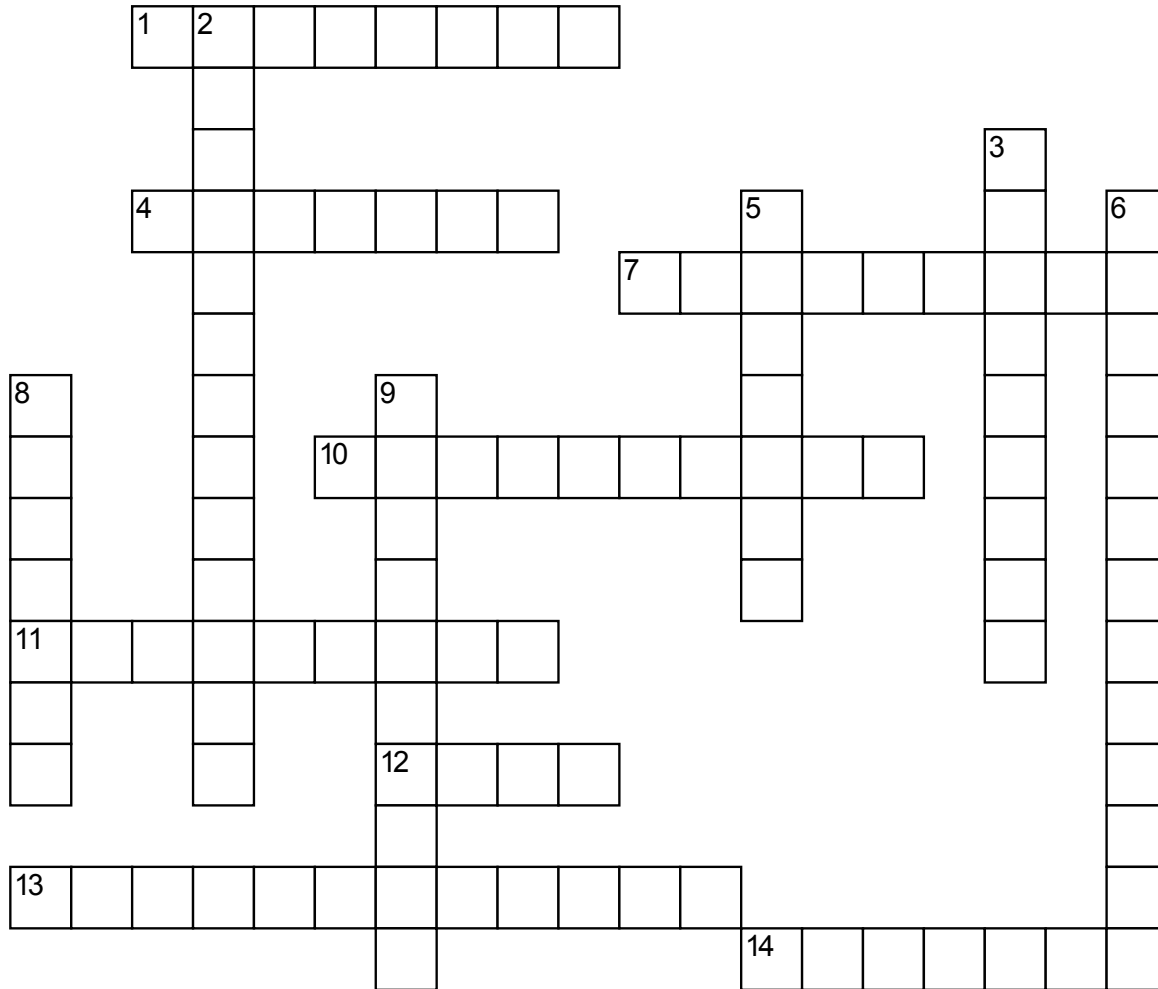
*MGySgt Irving L. Fletcher
United States Marine Corps*



Leadership Traits

Directions: Using the word bank below and the clues on the other page, complete the crossword puzzle.

Marines should attempt to set the example in every aspect of themselves, whether it be as leaders or as followers. If a Marine continuously sets the example, he/she will be successful in all aspects of life. If a Marine religiously pursues attainment of all the leadership traits, he/she will unequivocally set a good example.



Word Bank:

- | | | | |
|---------------|------------|-----------|---------------|
| Bearing | Endurance | Judgment | Tact |
| Courage | Enthusiasm | Justice | Unselfishness |
| Decisiveness | Initiative | Knowledge | |
| Dependability | Integrity | Loyalty | |



SSgt Neill Sevelius
United States Marine Corps

"Know your Marines, know your mission and know that within every Marine there is a desire to be challenged. Leadership is a skill that you just can't read and learn from a book. You have to put yourself in those uncomfortable situations. Make sound decisions. Great leadership inspires your Marines to achieve seemingly impossible goals."

Across

- 1 The ability to weigh facts and possible solutions on which to base sound decisions.
- 4 Creating a favorable impression in carriage, appearance and personal conduct at all times.
- 7 The range of one's information, including professional knowledge and an understanding of your Marines.
- 10 The display of sincere interest and exuberance in the performance of duty.
- 11 Uprightness of character and soundness of moral principles; includes the qualities of truthfulness and honesty.
- 12 The ability to deal with others without creating offense.
- 13 Ability to make decisions promptly and to announce them in clear, forceful manner.
- 14 The quality of faithfulness to country, the Corps, the unit, to one's seniors, subordinates and peers.

Down

- 2 Avoidance of providing for one's own comfort and personal advancement at the expense of others.
- 3 The mental and physical stamina measured by the ability to withstand pain, fatigue, stress and hardship.
- 5 The mental quality that recognizes fear of danger or criticism, but enables a Marine to proceed in the face of it with calmness and firmness.
- 6 The certainty of proper performance of duty.
- 8 The ability to administer a system of rewards and punishments impartially and consistently.
- 9 Taking action in the absence of orders.

“The Marine Corps' performance and effectiveness in battle has been characterized by high-caliber morale, motivation, esprit de corps, discipline and proficiency. This is the foundation of Marine Corps leadership and the heritage to be maintained by all leaders of Marines today.”

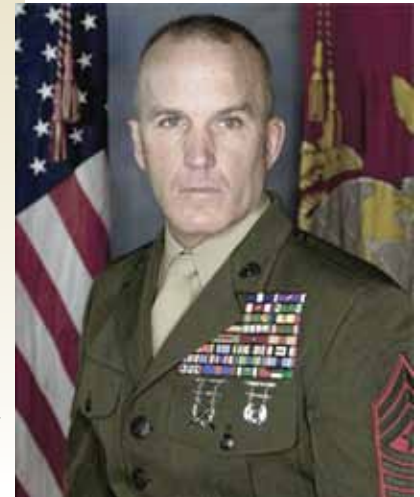
USMC, Marine Corps Values



“Leadership, not likership, must be our strength. Every Marine who serves today deserves the best leadership we can provide them. We must always remember that the Marines we lead are more than a number or a statistic. They represent a person; someone’s son or daughter. They represent someone who voluntarily joined to make a difference when most of our younger generation would rather turn the other cheek.

We must also understand that to serve in a billet of leadership is not a right, it’s not an award; or reward. And it’s not an entitlement. What it is, is a privilege and an honor. For it doesn’t take a billet or a title to be a leader. What it takes is someone willing to put others before self. Someone who’s willing to stand by their principles and never for the sake of compromise or popularity stray from doing the right thing. And someone who is humble and never puts himself on a pedestal. For leadership isn’t about awards, promotions, or accolades. It’s about those individuals you lead, and making a difference in their lives both personally and professionally.”

Sergeant Major Bradley Kasal, United States Marine Corps, received the Navy Cross for heroic actions performed as the First Sergeant of Weapons Company, 3rd Battalion, 1st Marines during a fire fight in Operation Phantom Fury in Fallujah, Iraq, November 13, 2004.



Leadership

Commander's Intent

Directions: Fill in the boxes with the correct words to complete Commander's Intent.

Marines achieve harmonious initiative in large part through the use of the commander's intent, a device designed to help subordinates understand the larger context of their actions. The purpose of providing intent is to allow subordinates to make decisions on their own initiative when the unforeseen occurs, based on their understanding of their senior's intent, rather than passing information up the chain of command and waiting for the decision to be passed down. *MCDP 1 Warfighting.*

To ensure every [] has the []—and the []—to make important [] the midst of [] or in the absence of specific [], Marines [] according to the [] of "Commander's Intent." Essentially, this means that when a subordinate [] finds themselves in a [] where he or she needs to make an [] decision, he or she has the bias for [] that allows them to make the decision that best [] their commander's [] end state.



Word Bank:

authority ability immediate situation supports orders operate
action leader decisions philosophy chaos desired Marine



Marine Corps

"The Marine Corps' style of warfare requires intelligent leaders with a penchant for boldness and initiative down to the lowest levels. Boldness is an essential moral trait in a leader for it generates combat power beyond the physical means at hand. Initiative, the willingness to act on one's own judgment, is a prerequisite for boldness."

*MCDP1 Warfighting
Preparing for War*

Every young man and woman entering the Armed Forces takes an oath to “support and defend the Constitution of the United States”- it is the Constitution that represents the ideas and ideals on which the United States was formed. In taking this sacred oath, Marines pledge their life to honorably, faithfully and loyally serve the Nation, which is part of what makes military service a profession.

I, [Name], do swear (or affirm) that I will and defend the constitution of the United States all enemies, and ; that I will true and to the same; and that I will obey the of the of the United States and the of the appointed over me, according to the and the code of military . So help me God.



Word Bank:

- | | | |
|---------|------------|-------------|
| against | allegiance | regulations |
| bear | domestic | uniform |
| faith | foreign | solemnly |
| justice | Officers | support |
| orders | Orders | President |



Disciplined Legionary:

A Roman legionary was a professional soldier of the Roman army under the age of 45 who enlisted in a legion for 25 years of service. Discipline was the foundation of their success.

“The man who will go where his colors go, without asking, who will fight a phantom foe in a jungle and mountain range, without counting, and who will suffer and die in the midst of incredible hardship, without complaint, is still what he has always been, from Imperial Rome to sceptered Britain to Democratic America. He is the stuff of which legions are made. His pride is his colors and his regiment, his training hard and thorough and coldly realistic, to fit him for what he must face, and his obedience is to his orders. As a legionary, he held the gates of civilization for the classical world... he has been called United States Marine.”

Lieutenant Colonel T. R. Fehrenbach
U.S. Army in "This Kind of War"

Customs, Courtesies & Traditions Directions: select the correct answer to the question.

The Marine Corps is the finest fighting organization in the world. As a Marine, you should have an appreciation of the customs and traditions that helped shape the Corps we know today. You are representing the legions of Marines who have preceded you and built the traditions and reputations with their blood and at times their lives. Never do anything to bring shame or discredit upon our Corps or disgrace the honor of those who have gone before. *Marine Corps Values*

1. The qualities that the Marine Corps stands for may seem old-fashioned, but these qualities have shaped the Corps since 1775.

- Individual character Traits of the Marine Corps Buddy System

2. Of all of the principles of the Marine Corps, its insistence on _____ is the most uncompromising and most important.

- discipline bravery quality

3. After the seizure of Iwo Jima, Fleet Admiral Nimitz characterized the performance of the Marines who took the island when he stated that "Uncommon valor was a common virtue." The rich history of the Corps is highlighted by the acts of 299 Marines who have received the Medal of Honor. _____ and courage are hallmarks of Marines.

- History Duty Valor

4. _____ is courage that is expected of every Marine in battle. It is expected that no wounded or dead Marine will ever be left on the field of battle or left unattended. Marines never surrender unless they have been cut off entirely and can no longer make use of their weapons.

- Presence of mind Conduct in action Firing a rifle

5. Honor, courage, commitment. Generations of American men and women have given special meaning to the term United States Marine. They have done so by their performance on and off the battlefield. In order for us to maintain this great reputation, we must continue to keep these core values ingrained in our hearts and our minds. Reaffirm these _____ and ensure they guide your performance, behavior, and conduct every minute of every day.

- core values group ideals individual traits

6. The Marine Corps has always prided itself on the appearance of individual Marines. As a Marine, it is your responsibility, on and off duty, to maintain the Marine Corps reputation for smart, professional, and correctly worn uniforms. This falls under MCO P1020.34, what is it?

- Pride in uniform Dressing regulations Uniforms and personal grooming

7. _____ is the traditional form of politeness in the profession of arms. It embraces much more than the salute or any other ritual. It is a disciplined state of mind. It must be accorded to all ranks, civilians and on all occasions.

- A hand shake Military courtesies Standing at attention

8. Over the centuries, men-at-arms have rendered respectful greetings to indicate friendliness. Throughout history, the fighting man made a gesture of friendliness--the raising of the right hand. In early times, armed men raised their weapons or shifted them to the left hand (while raising the empty right hand) to give proof of their friendly intentions. This gesture survives as today's _____, which is the traditional greeting among military of all nations.

- hand salute formal greeting eyes right

9. When the _____ is played or "To the Colors" or "Retreat" is sounded, all military personnel come to attention, face toward the music and salute. You hold your salute until the last note of the music, but remain at attention until "Carry On" is sounded.

- Auld Lang Syne National Anthem Navy Hymn

10. In the Belleau Wood fighting in 1918, the Germans received a thorough indoctrination into the fighting ability of Marines. Fighting through supposedly impenetrable woods and capturing supposedly untakeable terrain, the men of the 4th Marine Brigade struck terror in the hearts of the Germans, who referred to Marines as the Teufelhunden, meaning "fierce fighting dogs of legendary origin" or as popularly translated, "_____."

Leathernecks

Jar Heads

Devil Dogs

11. Marines are _____ because we maintain a forward deployed presence near various global hotspots. We have been in the forefront of every American war since the founding of the Corps. We entered the Revolution in 1775, even before the Declaration of Independence was signed! Marines have carried out more than 300 landings on foreign shores. We have served everywhere, from the Arctic to tropics; our record for readiness reflects pride, responsibility, and challenge.

Semper fight

first to fight

ready to fight



"There is nothing particularly glorious about sweaty fellows, laden with killing tools, going along to fight. And yet—such a column represents a great deal more than 28,000 individuals mustered into a division. All that is behind those men is in that column, too: the old battles, long forgotten, that secured our nation ... traditions of things endured and things accomplished, such as regiments hand down forever ... and that abstract thing called patriotism, which I never heard combat soldiers mention—all this passes into the forward zone, to the point of contact, where war is girt with horrors. And common men endure these horrors and overcome them, along with the insistent yearnings of the belly and the reasonable promptings of fear; and in this, I think, is glory."

—Capt John W. Thomason Jr.
"Fix Bayonets," 1926, on Marines during WW I



"Customs, courtesies and traditions are the life blood of the Corps. They bind us to our past; to the warriors, battles and history that have given us the reputation as the world's finest fighting force. They keep us true to our ethos so that we can continue to keep what we have inherited and thus add our own chapter to a centuries old legacy. They allow us to raise up future generations of Marines, so that when our time comes, we can pass the torch with all confidence that the Marine Corps will live long after we are gone. Without these common threads that tie our past, present and future together, our Corps will die and be forgotten. Every Marine regardless of rank, military occupational specialty or whether they served four years or twenty, plays a vital role in our survival as an institution by keeping, preserving and passing on our life's blood."

GySgt Cruz G. Sotelo
United States Marine Corps

Ethos

Directions: Unscramble the words

Long before we wear the uniform, long before the eagle, globe, and anchor is etched in our soul--we sense the special character that sets Marines apart. Silent to the ear--Marine ethos, values, and character speak to the nation's heart. They say more about who we are than the dignity of our uniforms, the pageantry of our parades, or the inspiration of our hymn. The nation expects her Marines to be the world's finest military professionals. The nation demands that her Marines be forever capable and ready, rich in history and traditions, and instilled With the traditional virtues--honor, courage, and commitment--that demonstrate we remain faithful. In short, we must deserve the nation's trust.

Trust is not given. Nor is it easily earned. Today the trust of the nation is our inheritance--a trust earned through the selfless valor and determined actions generations of Marines on the distant shores and misty battlefields of our storied past. Left to us as part of our predecessor's legacy, it is row ours to sustain. The stewardship of this trust is our sacred responsibility. It is a debt we owe to those who have gone before us, and a promise we make to those who will follow. It is the guiding light of our ethos.

- | | | | |
|-----------------|----------------------|-------------------|----------------------|
| 1. OHTSE | <input type="text"/> | 9. TSTRU | <input type="text"/> |
| 2. VEUSAL | <input type="text"/> | 10. CENIIEHNRTA | <input type="text"/> |
| 3. HRCTAARCE | <input type="text"/> | 11. FSSLESEL | <input type="text"/> |
| 4. ROSIASPNOEFL | <input type="text"/> | 12. LAVRO | <input type="text"/> |
| 5. HONRO | <input type="text"/> | 13. AGECLY | <input type="text"/> |
| 6. EUGCRAO | <input type="text"/> | 14. SEDTSPAHWIR | <input type="text"/> |
| 7. NMMMOCTITE | <input type="text"/> | 15. SBLOINRPSIETY | <input type="text"/> |
| 8. HIFFAUIT | <input type="text"/> | 16. PROMIES | <input type="text"/> |



Word Bank:

- | | | | |
|--------------|----------------|----------|---------|
| PROFESSIONAL | INHERITANCE | TRUST | VALOR |
| CHARACTER | VALUES | ETHOS | HONOR |
| FAITHFUL | RESPONSIBILITY | SELFLESS | PROMISE |
| COMMITMENT | STEWARDSHIP | COURAGE | LEGACY |

"Ethos is the need to test oneself against both physical and moral adversity, coupled with the blunt warrior courage to be victorious when faced with overwhelming odds. It is imperative that every Marine lives and breathes the total Marine Concept of a strong mind, body and spirit." To quote Steven Pressfield, *Gates of Fire: An Epic Novel of the Battle of Thermopylae*:

"The hardship of the exercises is intended less to strengthen the back than to toughen the mind. The Spartans say that any army may win while it still has its legs under it; the real test comes when all strength is fled and the men must produce victory on will alone."

*MGySgt Mark Frye
United States Marine Corps*



Directions: Find and circle all words hidden in the puzzle from the list. **(MCMP) Marine Corps Mentoring Program**

Mentoring is a formal or informal program that links junior Marines with more experienced Marines for the purposes of career development and professional growth, through sharing knowledge and insights that have been learned through the years.

V A H M E S O C P B S G R Q Z X C J S G
 R J U A C T E T J E I B O O R M O N F E
 V A R R N I E D R L T A T M O S D G F M
 K D I G A A W E G P U T N P N P E O D O
 Q R S O N R J E H M A N E H O I O B P T
 L R C R I T B R S A T E M Y H R F U E I
 S E F P F R U C B X I M S S W I C D E O
 O S O G L E D O I E O P H I P T O G L N
 U I F N A D D C P Y N O T C I U N E B A
 N V F I N A Y N P B A L A A H A D T A L
 D D I R O E S F C S L E O L S L U I T S
 J A C O S L Y F O D A V D R R S C N N T
 U E E T R H S A M A W E E E E T T G U A
 D S R N E M T T M E A D T A D R E U O B
 G I O E P O E S I L R L S D A E S A C I
 M W A M X U M O T F E A I I E N W R C L
 E E T U U W B Z M C N T L N L G N D A I
 N T H M W F U W E J E N N E X T V I Y T
 T B S P N Q U Q N C S E E S B H K A I Y
 M E N T E E S K T Q S M Z S V Q G N W N



“The relation between officers and men should in no sense be that of superior and inferior nor that of master and servant, but rather that of teacher and scholar. In fact, it should partake of the nature of the relation between father and son, to the extent that officers, especially commanding officers, are responsible for the physical, mental, and moral welfare, as well as the discipline and military training of the young men under their command.”

—MajGen John A. Lejeune
 13th CMC: Marine Corps Manual, 1929



Word Bank:

- | | |
|-----------------------|----------------|
| MENTORING PROGRAM | ENLISTED OATHS |
| BUDDY SYSTEM | COMMITMENT |
| EMOTIONAL STABILITY | GUARDIAN |
| PERSONAL FINANCE | MENTEES |
| CODE OF CONDUCT | HONOR |
| OATH | MENTOR |
| MENTAL DEVELOPMENT | WISE ADVISER |
| SOUND JUDGMENT | LEADER TRAITS |
| LEADS BY EXAMPLE | CREED |
| PHYSICAL READINESS | ACCOUNTABLE |
| SITUATIONAL AWARENESS | LEADERSHIP |
| BUDGETING | |



Officers Oath of Office

Directions: Fill in the boxes with the correct words to complete the Oath.

Marine Officers take an oath to defend and uphold the Constitution of the United States before being commissioned as 2nd Lieutenants. Marine Officers are given the honor of protecting our nation and entrusted to lead Marines in service of our nation.

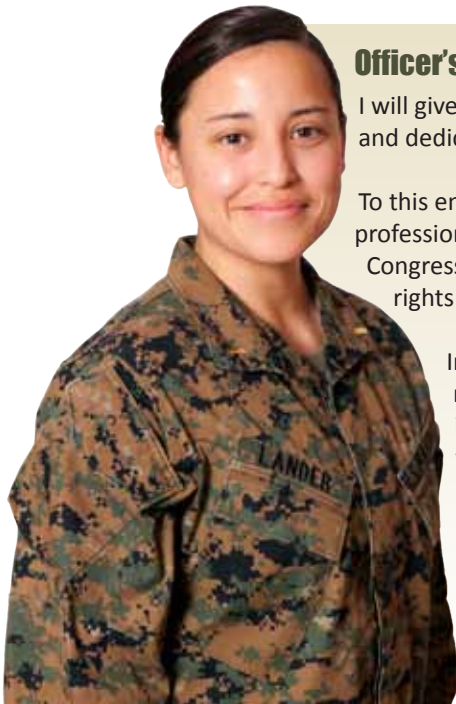
I, [Name], do [] swear (or affirm) that I will [] and defend the [] of the United States against all enemies, [] and []; that I will [] true [] and [] to the same; that I take this [] freely, without any mental [] or purpose of evasion; and that I will well and faithfully discharge the [] of the [] on which I am about to []. So help me God.



Word Bank:

bear constitution solemnly foreign duties domestic faith
allegiance reservation obligation support enter office

Marine Corps



Officer's Creed:

I will give to the selfless performance of my duty and my mission the best that effort, thought, and dedication can provide.

To this end, I will not only seek continually to improve my knowledge and practice of my profession, but also I will exercise the authority entrusted to me by the President and the Congress with fairness, justice, patience, and restraint, respecting the dignity and human rights of others and devoting myself to the welfare of those placed under my command.

In justifying and fulfilling the trust placed in me, I will conduct my private life as well as my public service so as to be free both from impropriety and the appearance of impropriety, acting with candor and integrity to earn the unquestioning trust of my fellow soldiers--juniors, seniors, and associates--and employing my rank and position not to serve myself but to serve my country and my unit.

By practicing physical and moral courage I will endeavor to inspire these qualities in others by my example.

In all my actions I will put loyalty to the highest moral principles and the United States of America above loyalty to organizations, persons, and my personal interest.

American patriotism is based upon values rather than a commitment to a nation. Official American values were laid out in the Declaration of Independence that emphasized human rights, such as declaring that “all men are created equal”, that people have “inalienable rights”, and that people have the right to “life, Liberty, and the pursuit of happiness”. Our principles and values also come from the principles and values of the Constitution of the United States of America.

1. EESRHO
2. PIOTRCAIT
3. IYTVORC
4. AERCOUG
5. OHORN
6. BILRYTE
7. RWA
8. REVANTE
9. ONTINA
10. AAIREMC
11. USSETTNADETI (2 words)
12. AYRITLIM
13. NRMIASE
14. HNTAEM



Flying the American Flag Vertically :

When the flag is displayed in a manner other than by being flown from a staff, it should be displayed flat. When displayed either horizontally or vertically against a wall, the blue field of stars (canton) should always be in the upper left (observer’s left or to the flag’s own right).

USMC, Flag Manual

Word Bank:

- | | | | |
|----------------|----------------------|-----------------|----------------|
| HONOR | PATRIOTIC | VETERAN | MARINES |
| NATION | WAR | MILITARY | HEROES |
| AMERICA | UNITED STATES | VICTORY | COURAGE |
| LIBERTY | ANTHEM | | |



We are the U.S. Marine Corps

FILL IN THE BLANK: Use the words in the list below to complete the sentences.

The United States Marine Corps is the world's premier fighting force. More than 239 years of success and tradition have helped carve a place for Marines in the hearts of Americans. We epitomize that which is good about our nation and personify the ideals upon which it was founded. Generation after generation of American men and women have given special meaning to the title United States Marine.

Feared by _____, respected by _____, and loved by the _____ people, Marines are a special _____. This _____ was earned and is _____ through a set of enduring Core _____.

These values form the _____, the bedrock, and the _____ of our character. They are the guiding _____ and principles that give us _____, influence our attitudes, and regulate our _____. They bond our Marine family into a _____ that can meet any _____.



Word Bank:

challenge
force
reputation
American
maintained
values
allies
breed
cornerstone
beliefs
enemies
strength
behavior
heart



"The United States Marine Corps, with its fiercely proud tradition of excellence in combat, its hallowed rituals, and its unbending code of honor, is part of the fabric of American myth."

*Thomas E. Ricks
Making the Corps 1997*



"THE UNITED STATES MARINE CORPS, WITH ITS FIERCELY PROUD TRADITION OF EXCELLENCE IN COMBAT, ITS HALLOWED RITUALS, AND ITS UNBENDING CODE OF HONOR, IS PART OF THE FABRIC OF AMERICAN MYTH." Thomas E. Ricks, Making the Corps 1997

Directions: There are four possible answers: **Appropriate, Inappropriate, Illegal, and/or Operational Security (OpSec)**. Assume all of the posts were made by active duty Marines. Next, look at the image and caption. Write the correct answer in the block. The first answer has been completed as an example for you.


Social Media 1

Inappropriate, Illegal, and Operational Security

You are a Marine 24/7. This means that you must uphold the high standards of the Marine Corps, but it doesn't mean you can not express yourself as an individual. Today with social media, you essentially provide a permanent record of what you say or post. Marines are expected to act responsibly in a manner befitting the title they've earned. Be aware of what is inappropriate and illegal and what is considered operational security. If your not sure, don't post it.

1

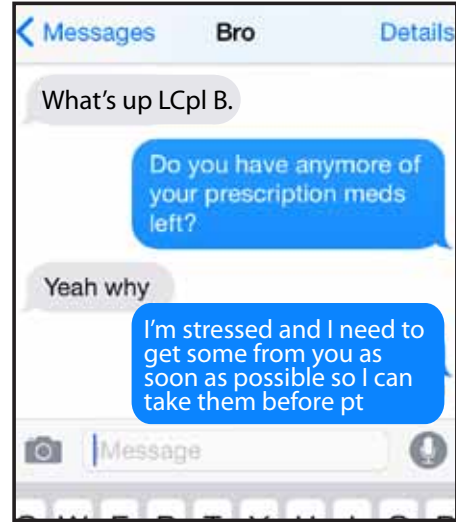
EXAMPLE:



look for my other videos on the disassembly of other marine corps weapons filmed at the base armory

ANSWER:

2



What's up LCpl B.

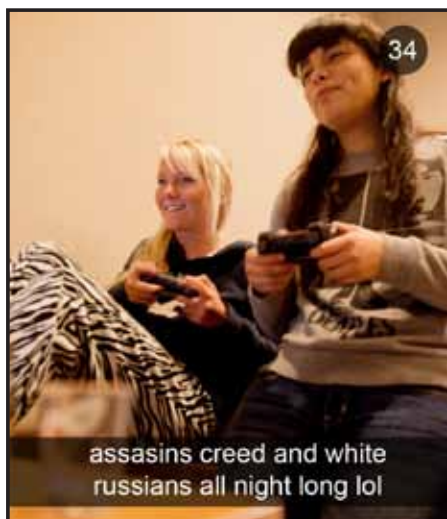
Do you have anymore of your prescription meds left?

Yeah why

I'm stressed and I need to get some from you as soon as possible so I can take them before pt

ANSWER:

3




34

assasins creed and white russians all night long lol

drinking all night long and celebrating my 20th birthday with my girl #yolo #vodka #assasinscreedallnight

ANSWER:

4



he said he wouldnt show anyone the pics i sent him

ANSWER:

Social Media 2 Directions: There are four possible answers: **Appropriate, Inappropriate, Illegal, and/or Operational Security (OpSec)**. Assume all of the posts were made by active duty Marines. Next, look at the image and caption. Write the correct answer in the block. The first answer has been completed as an example for you.

Inappropriate, Illegal, and Operational Security

You are a Marine 24/7. This means that you must uphold the high standards of the Marine Corps, but it doesn't mean you can not express yourself as an individual. Today with social media, you essentially provide a permanent record of what you say or post. Marines are expected to act responsibly in a manner befitting the title they've earned. Be aware of what is inappropriate and illegal and what is considered operational security. If your not sure, don't post it.

1



ANSWER:

2



ANSWER:

3



last firewatch shift of the day at 0600 cant come soon enough when Cpl Johnson relieves me here at the CP.

ANSWER:

4



I don't rate these ribbons, but no one back home knows.

ANSWER:

Inappropriate, Illegal, and Operational Security

You are a Marine 24/7. This means that you must uphold the high standards of the Marine Corps, but it doesn't mean you can not express yourself as an individual. Today with social media, you essentially provide a permanent record of what you say or post. Marines are expected to act responsibly in a manner befitting the title they've earned. Be aware of what is inappropriate and illegal and what is considered operational security. If your not sure, don't post it.

1



Posting the duty roster this month with names and cell's - YO

ANSWER:

2



he fell for it lol... booooooot... the newbie always falls for being hazed... they don't know any better

ANSWER:

3



Hate this. Waiting to leave Spain in two hours.

ANSWER:

4



still repressin my homies and the gang even in the corps

ANSWER:

Social Media 4 Directions: There are four possible answers: **Appropriate, Inappropriate, Illegal, and/or Operational Security (OpSec)**. Assume all of the posts were made by active duty Marines. Next, look at the image and caption. Write the correct answer in the block. The first answer has been completed as an example for you.

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You are a Marine 24/7. This means that you must uphold the high standards of the Marine Corps, but it doesn't mean you can not express yourself as an individual. Today with social media, you essentially provide a permanent record of what you say or post. Marines are expected to act responsibly in a manner befitting the title they've earned. Be aware of what is inappropriate and illegal and what is considered operational security. If your not sure, don't post it.

1



Who voted for this guy anyway?
#badpresident

ANSWER:

2



Fightin Joe da MAN! Put those #wookies back in the kitchen where they belong!

ANSWER:

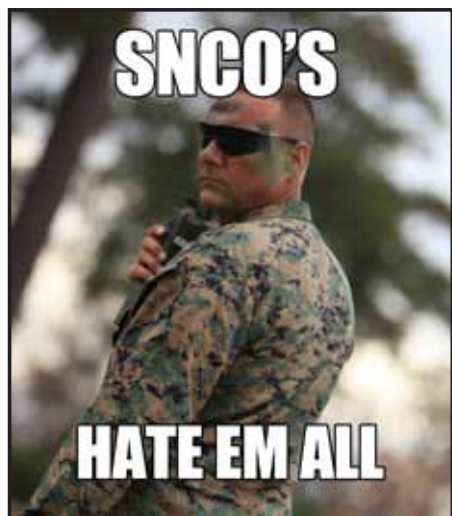
3



Stupid officers... WTF... always thinking their smarter than everyone else

ANSWER:

4



I hate my Gunny... Every day I put up with Gy Jones - he's an incompetent A-hole!

ANSWER:

HONOR

THE HIGHEST STANDARD OF MORAL AND ETHICAL BEHAVIOR

COURAGE

MENTAL, MORAL AND PHYSICAL STRENGTH TO ACCOMPLISH ANY CHALLENGE

COMMITMENT

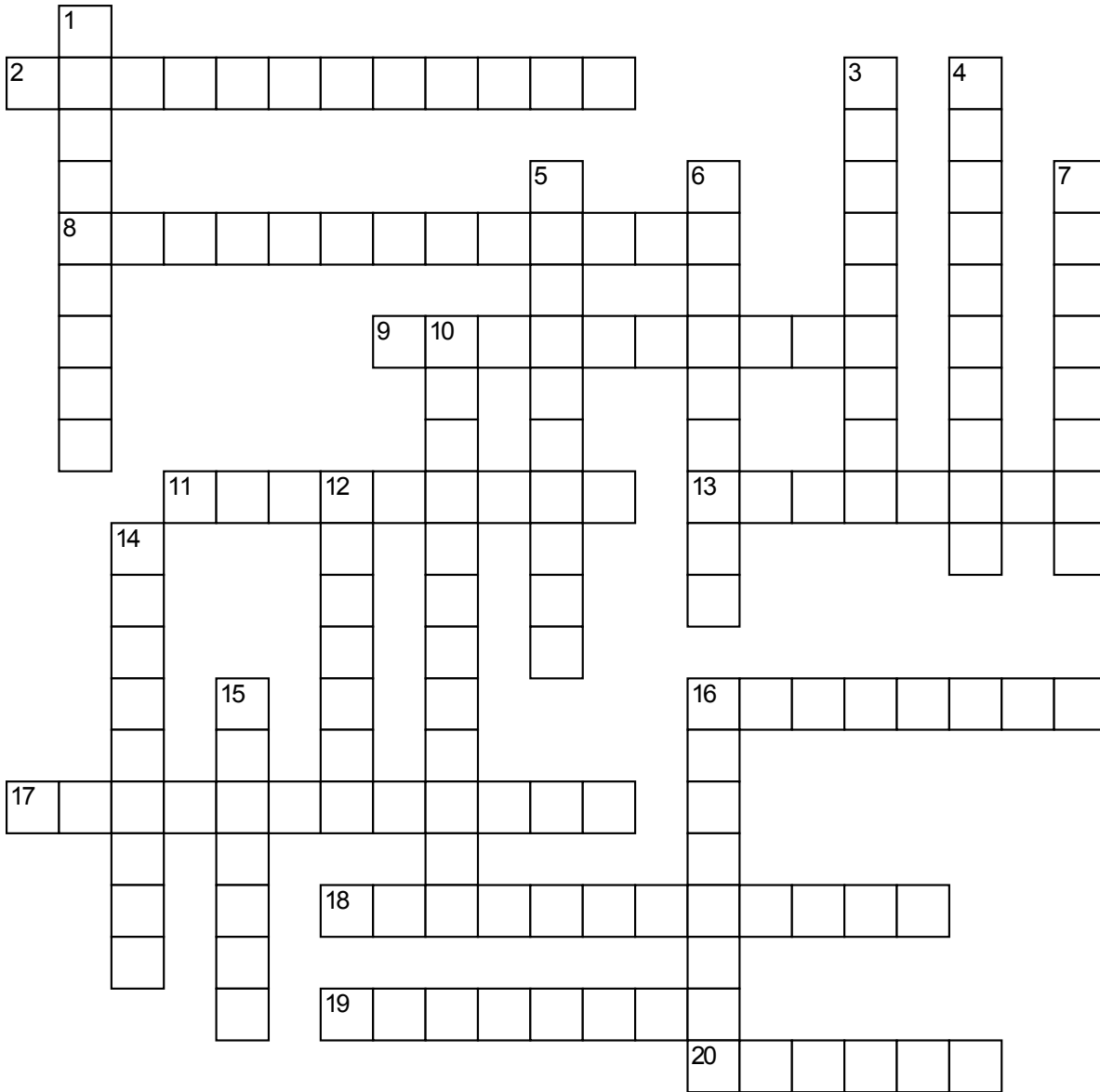
TO HAVE THE UNRELENTING DISCIPLINE, DEDICATION AND DETERMINATION TO ACCOMPLISH ANY ENDEAVOR



Social Media

Directions: Using the word bank and the clues on the other page, complete the crossword puzzle.

We live in an environment that encourages information sharing and offers ever-increasing opportunities to do so. However, not all information needs to be shared. As Marines, we are aware of our responsibilities to protect classified and sensitive information, but we must apply the same vigilance when posting personal, illegal and inappropriate information. The Marine Corps strongly adheres to our core values in the online social media community and we expect the same commitment from all Marines.



Word Bank:

- Privacy
- Security
- Profiles
- Criminals
- Intelligence
- Knowledge
- Disclosure
- Discredit
- Personal
- Interact
- Everyone
- Identifiable
- Sensitive
- Inappropriate
- Offensive
- Disclaimer
- Unofficial
- Disciplinary
- Control
- Professional
- Social



15 Tips to Stay Safe and Out of Trouble Online:

1. Post appropriate content.
2. Don't break the law.
3. Understand the guidelines when making unofficial posts about the Marine Corps.
4. If you wouldn't say it to your grandmother, don't post it.
5. Avoid Spillage (Operations Security (OpSec)).
6. Guard your personal Information.
7. Don't share information that is not approved for public release.
8. Only discuss what your expertise is.
9. Correct misinformation politely/tactfully.
10. Don't get political.
11. Look out for cyber criminals.
12. Don't fire and forget - review all your account and privacy settings.
13. Use strong passwords.
14. Look out for intruders.
15. Use anti-virus and anti-spyware.

Across

- 2 Ensure Marine Corps content is accurate and appropriate, be thoughtful about the non-Marine related content you post, the lines between a Marine's personal and _____ life often blur in the online space.
 - 8 _____ behavior includes posting any defamatory, libelous, obscene, abusive, threatening, racially or ethnically hateful, or otherwise offensive or illegal information or material.
 - 9 The posting or _____ of internal Marine Corps documents or information that the Marine Corps has not officially released to the public is prohibited.
 - 11 Marines may use the eagle, globe and anchor in unofficial posts so long as they are used in a manner that does not bring _____ upon the Corps, does not result in personal financial gain, or does not give the impression of official or implied endorsement.
 - 13 There is no immediate assumption of privacy once users begin to _____ with others online.
 - 16 Marines should not post information that would infringe upon the privacy, proprietary, or _____ rights of others.
 - 17 A Marine who violates Federal law, regulations or policies through inappropriate personal online activity is subject to _____ action under the Uniform Code of Military Justice (UCMJ).
 - 18 Marines should be extremely judicious when disclosing personal details on the Internet, and should not release personal _____ information.
 - 19 Remember, what happens online, is available to _____, everywhere.
 - 20 Marines are personally responsible for all content they publish on _____ networking sites, blogs, or other websites.
- 10 Marines must remember however, to respond and act with their _____ and not their emotions when posting content.
 - 12 Be aware that you lose _____ over content posted on the Internet and that many social media sites have policies that own the content and information posted.
 - 14 Marines should avoid _____ and inappropriate behavior that could bring discredit upon themselves and the Marine Corps.
 - 15 Marines should learn about and use the _____ settings on social media sites.
 - 16 Marines should be thoughtful about who they allow to access (friend) their social media _____ and personal information.

Down

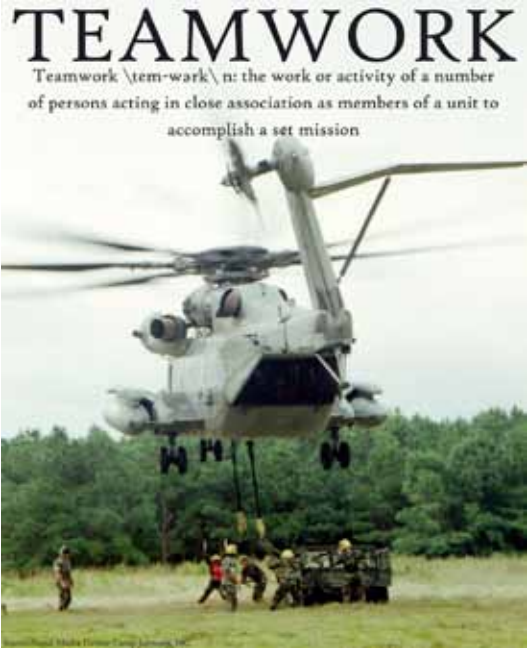
- 1 Marines should be cautious and guard against cyber _____ and attackers by following sound security procedures.
- 3 Marines should only discuss Marine Corps issues related to their professional expertise, personal experiences, or personal _____.
- 4 Marines who communicate online about the Marine Corps in _____ Internet posts may identify themselves as Marines, to include their rank, military component (e.g., Captain Smith, USMC), and status (active or reserve) if desired.
- 5 Use a _____ such as: "the postings on this site are my own and don't represent Marine Corps' positions or opinions."
- 6 Marines shall not post classified, controlled unclassified information, or _____ information (for example, tactics, troop movements, force size, weapon system details, etc).
- 7 Social network "friends" and "followers" may potentially constitute relationships that could affect determinations in background investigations and periodic re-investigations associated with _____ clearances.



Teamwork Directions: Unscramble the words

The Marine Corps cannot function successfully as a group of individuals working independently, doing their own thing, and maintaining whatever set of individual standards they may have. It is necessary for all Marines to function together as a team and subscribe to Marine Corps standards. This requires Marines to perform their duties well, to have a common purpose, and display a common sense of obligation to the highest standards of personal conduct.

1. CIHTSE
2. SWAL
3. LAUEV
4. RDSNATAD
5. TRHIG
6. ASISROEONFPL
7. LSMRAO
8. RGTYINIET
9. HRNOO
10. EOSTHN
11. IFDTEYLI
12. TUDY
13. DOCE
14. MKEWOART
15. OBIAIOGLNT
16. PSOPREU



Word Bank:

CODE	STANDARD	OBLIGATION	ETHICS
VALUE	RIGHT	MORALS	INTEGRITY
FIDELITY	HONEST	PROFESSIONAL	DUTY
LAWS	PURPOSE	HONOR	TEAMWORK

“The sharing of hardships, dangers, and hard work strengthens a unit and reduces problems, it develops teamwork, improves morale and esprit and molds a feeling of unbounded loyalty and this is the basis for what makes Marines fight in combat; it is the foundation for bravery, for advancing under fire. Troops don't complain of tough training; they seek it and brag about it.”

USMC, Marine Corps Values



Teamwork is the key to successful operations. Teamwork is essential from the smallest unit to the entire Marine Corps. As a leader, you must insist on teamwork from your Marines. Train, play and operate as a team. Be sure that each Marine knows his/her position and responsibilities within the team framework.

N O P Q P I Q C N O I S S I M J X R B C
 P T R L C C N O P P I H S R E D A E L N
 L H D T O D O M R M S X H Q D I C N I O
 A E E D M S I M O Y U A I D E A S O H I
 N R D I P L T U G O C Y S Q S Q C I A S
 N S I W A A C N R K C T P K U M G T D I
 I L C O S O A I E R E I O R C R T A T V
 N T A C S G G C S O S R R O O T A R C A
 G A T O I T P A S W S G T W F R N O A C
 C C E R O N I T O M S E S P E I O B P O
 P T D G N E H I I A M T M U T M I A R N
 B I Y A H M S O H E A N A O A N T L O T
 Y C G N S P R N J T N I N R V P A L D R
 Y S E I S O E I Y C A C S G I F R O U I
 X Q T Z E L N U Q Y G C H M T P E C C B
 S Q A A N E T V A E E C I E O E P C T U
 F E R T I V R X Y N M H P O M O O J I T
 O Y T I S E A G T U E S D C D P O Z V I
 G Y S O U D P H Y L N V T O P L C N E O
 U S U N B A Q K Z O T R E H T E G O T N



President of the United States, Barack H. Obama places the Medal of Honor around retired U.S. Marine Corps Cpl. William Kyle Carpenter's neck, inside the East Wing of the White House, June 19, 2014. The Medal of Honor is the Highest award for valor in action against an enemy force which can be bestowed upon an individual serving in the Armed Services of the United States. (U.S. Marine Corps photo by Cpl. Michael C. Guinto/Released)

"You always hear 'band of brothers,' and that's exactly what we are,".... "I'll say I'm not surprised and no way patting myself on the back, because I know that if you put a thousand Marines in that situation, they would all do the same exact thing for me."

Cpl William Kyle Carpenter United States Marine, retired, received the Medal of Honor for his actions in Marjah, Helmand Province, Afghanistan in 2010. Cpl Carpenter is the youngest living Medal of Honor recipient.



Word Bank:

- | | |
|---------------|-------------|
| TEAMWORK | PARTNERSHIP |
| COOPERATION | GROUPWORK |
| SPORTSMANSHIP | PROGRESS |
| LEADERSHIP | PEOPLE |
| COLLABORATION | OTHERS |
| COMMUNICATION | INTEGRITY |
| TOGETHER | DEDICATED |
| CONTRIBUTION | COMPASSION |
| PLANNING | IDEAS |
| MANAGEMENT | MISSION |
| BUSINESS | STRATEGY |
| ORGANIZATION | TACTICS |
| PRODUCTIVE | ACTION |
| MOTIVATE | VISION |
| FOCUSED | GOALS |
| DEVELOPMENT | SUCCESS |

Attitude & Values

Directions: For each puzzle, find and circle all words hidden in the grid from the list below

As a Marine progresses through the ranks by promotion, all too often he/she takes on the attitude of "do as I say, not as I do." Nothing turns Marines off faster! As a Marine your duty is to set a personal example. If your personal standards are high, then you can rightfully demand the same of your fellow Marines. If your personal standards are not high you are setting a double standard, and you will rapidly lose respect and confidence.

T B E H A V I O R Y O X N X H H A H R X W I Y E P Q J M M A
 G E A I O A B I N O A O I F A I Z J W C C L X M Y V O F W L
 X U D Y R Q U I V J S E P U L U I C F P Q D V L J U R W L A
 P Q E Q M H S N R L M A Z A Y G W V Q X I B N D J Z N O B F
 Z D C X U R T D S S I C T I Q O N R O X A A U E X C H P W J
 Q K N Z U K D N D B L N Y D G Q I I K Q S P J U I O G C F F
 W R E S E N O N E U E W G W Z O A Q I T H W P W U R H X J Y
 B O U S Y U I R W M T X N U S U L E Y Q O I P R E Y F E Y Q
 H W L X I K J X G S I T X O P G P O H Q N G J X E M S C B W
 J S F X Y Z J D H F T L E Q I I X U P P E O P L E C E Y O D
 U B N Y O L U J Z Q Z B P Y L S E P S A S T R D B Y I P W B
 D B I E P J Q K U V I E T M V C I G Y Q T U V S O W A A D N
 L R S I N O L N Z Z U R D Z O O C C K I F N C O G J T Q T S
 U U E O X I E B O E K H F G J C N R E F A F H C C N B S B E
 F J N S S P I O F I B B S E U L A V P D B M L H E A L X O A
 P R O T P S S O X Y T K D N L W B Q R R R B Q R T S I E M S
 L Q E C R E W T J A S P U E T T T O A J I O A N J S S Y U D
 E N E A A U C I C R W U E Q E V I T I S O P I D E A N F S J
 H F I D P J S T G G X B H C H C K L S Y S E F I G G Z E U V
 P I A D D Y H T R O W T S U R T Y V E N Z I B D C V Z N E L
 B D U J O L R G W W W Y F B U E J G A K P N J I Q V X S Q E
 D C D K U O B B X O W D N X M Q P R J M Q A T B M P T G S Z
 E Q H Y R D G A R I R Y T R U S T A Y F U S Y Q C V K M Y J
 V R K X N I G T R L K T B G H H Q T Y F I M O C J I G Z N P
 E P X S V T H M Z S I K H F A G I E L A M R T C V W N K X X
 L O E I L W D Y E O I C Y Y Z N X F X L V Z P Z W O V N D S
 O U N K H M B H D N J U H Z G V N U T J X J G L N Y D O C P
 P G P I E D U T I T T A J I M E S L P X F P K N Y P B I P D
 N V L C A P C Y F E T A D R D Z A M E M C A S D R H R K X Q
 Z E J J I N W W R O N S L H H T O B N N G H B V W T S R U R

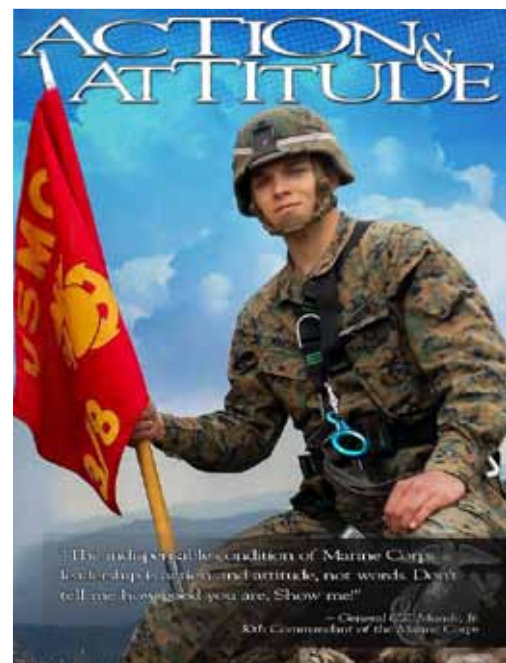
- Maintain a positive attitude in your approach to all tasks.

- To develop professional values and attitudes, you simply resolve to let nothing be more important to you.

USMC, Marine Corps Values

Word Bank:

APOLOGIZE	GRATEFUL	POSITIVE
APPRECIATE	HELPFUL	PRAISE
ATTITUDE	HONEST	RESPECT
BEHAVIOR	IDEA	SMILE
COMPLIMENT	INFLUENCE	SUCCESSFUL
DECISION	JUDGMENTAL	TRANSPARENT
DEVELOP	KIND	TRUST
DIGNITY	LISTEN	TRUSTWORTHY
EXPLAIN	NASTY	UNTRUSTWORTHY
FRIEND	NONJUDGMENTAL	VALUES
GIVING	PEOPLE	WORTHWHILE
GOOD	PERCEPTION	



Directions: For each puzzle, find and circle all words hidden in the grid from the list below.

Professions have their own code of ethics which establishes acceptable standards of conduct for its members. The Armed Forces have the UCMJ, the Code of Conduct, and Title 10 of the U.S. Code which help to establish our code of ethics. In the Marine Corps we achieve this through Marine Corps regulations and to a great extent through customs, courtesies, and traditions upon which our Corps was established and continues to grow.

T K D V U G P R E D Y B T Z F E N U U Z J M E X G Q S E R F
 H M U M W E G B E E S T A A O X S A D D H L M C E X E M G J
 K X E P A L W F Z B U K I B D P S W Z V X V L E I Y O B K Q
 I H C R R I I Z I P R T X V T K E N I U N E G G L T J L M E
 H P Q P C U S Z M J H V R C J V N D D L R T H B O X S Q Y Y
 N I Q E W Y D G Y X M Y N I A C D I I A Q L N U P K B U W G
 C H O S T X S E T W F T E B V W O R K E Q U O N R R E A J Z
 J S Z S N H X I N T V S T F E U O P X Y I G N D E R J J H U
 R D X E M V I N E C N D Q Q Q C G A A X X X B E S M J C Y R
 D R M N E Y M C P N E E G K U L A W Z U W O Q R P H U N V N
 A A K L N P N Q S U Y E M L A V O L J U T Q O S E L M O M T
 K W N U J A I A L W R Q U T L E I C L D M H F T C I G I Y Y
 G E G F R G H U E L Q Y C H I Z O I K E P W E A T T I T K R
 H T O E C T G F Z E W V O P T M A U G R G L Z N E E U A E H
 N S L C O P E F H I K F U I Y M M C C K T I U D T D B C X C
 P O C R N I Q H S E G A R U O C G O J Q Y D A I T I Z I D P
 T U G U C X N D F C D O A L G N X J C T T S Z N Y D C D G P
 Y X U O E V O I O N I V H P D O E S H A I S E G C A O E V U
 S X B S R M K E R A X D S K C J A T S U R T Y R N E P D D X
 Q X J E N G B I G R J L C T N I C Z R S E H T D S P J J N Y
 L H Y R O R I U I E Y X Q F D G C W A V C Z R V A L U E S P
 F Z N Y Z E J U V V U F A I R N E S S C N D U M W B M Y E K
 J I T F Z N R F E E B F V H S C P X C H I W T C Q O Y V I S
 T B C I T I Z E N S H I P I C D T C Q Q S Y H T A P M E V K
 N Y V W J I G L E R R H E O E V A G X B V Z M B T V T R B U
 V Z R T G H U I S E F H I A E M N Y T R E B I L D U D P Q O
 Y Y T L A Y O L S P O X E I L G C D G W U T R E W D L V K R
 L X X R J E Z F A Y T T H S H H E Z F I D P Z A F W X M X E
 F N O S A E R N H N J J X U R M M A Q K Z K F V T R N P B X
 X X O F I Y L L H U J O K X G J D Y Z P C N G A D J F P B U

Word Bank:

- ACCEPTANCE
- ALLEGIANCE
- COMMITMENT
- CONCERN
- COURAGE
- DEDICATION
- DUTY
- EMPATHY
- EQUALITY
- ETHICS
- FAIRNESS
- FORGIVENESS
- GENUINE
- GOODNESS
- JUSTICE
- LIBERTY
- LOYALTY
- MERCY
- PERSEVERANCE
- REASON
- RESOURCEFULNESS
- RESPECT
- SINCERITY
- TOLERANCE
- TRUST
- TRUTH
- UNDERSTANDING
- VALUES
- VIRTUE



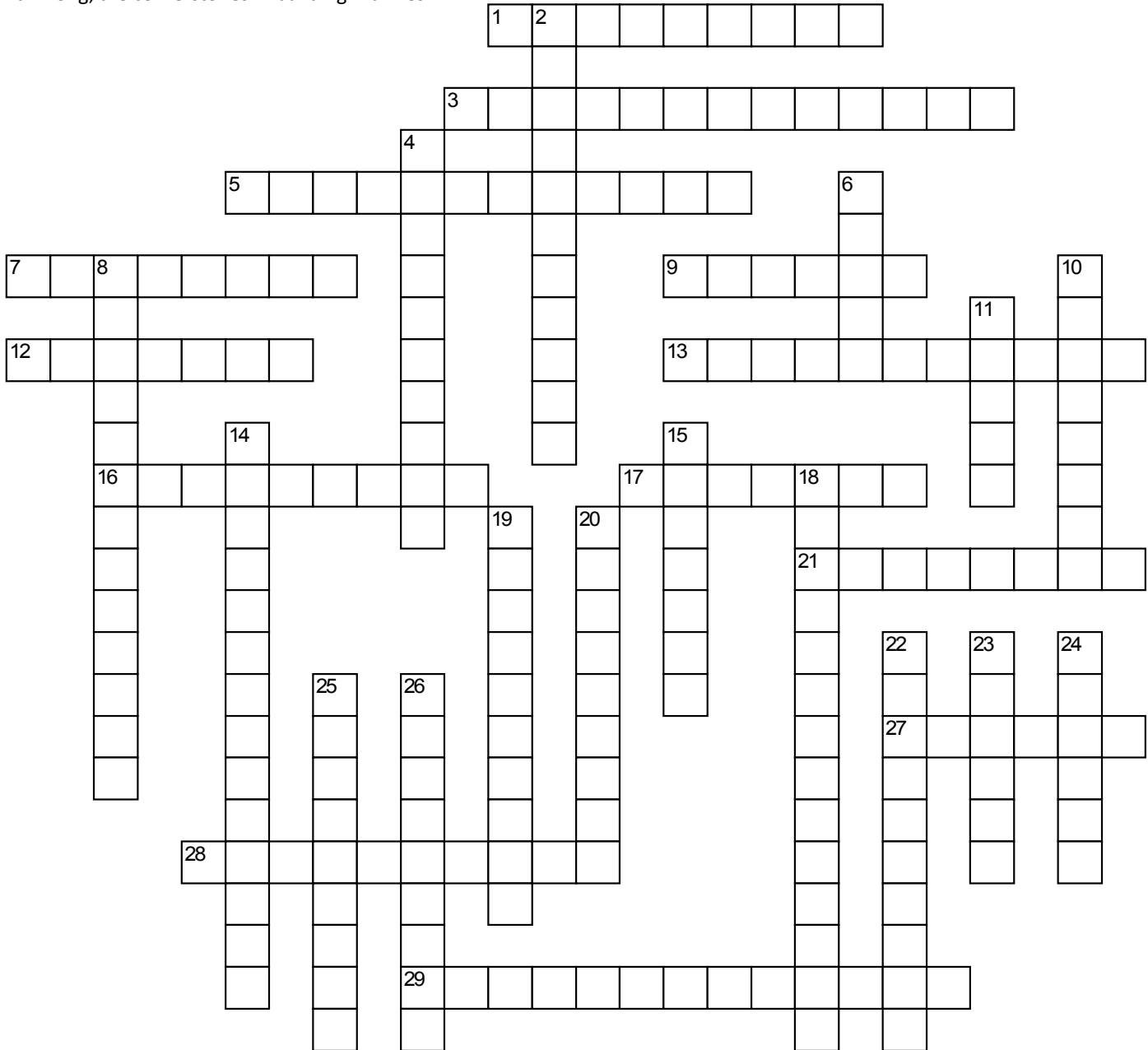
“Your values include what you want, but your ethics are more involved with the way you get what you want. In getting what you want a leader must be concerned with proper conduct and the distinction between right and wrong. Nothing must sway him/her from choosing a course of action which is right, i.e., conforming to ethical and moral standards.”

Marine Corps Values

Basic Values

Directions: Using the word bank below and the clues on the other page, complete the crossword puzzle.

Part of belonging to the Marine team involves incorporating the values of that team into the daily lives of each of its members. We all understand, and must subscribe to, our Corps values: honor, courage, commitment. There are other values which we honor as defenders of the constitution: the ideals of democracy, fairness, fidelity and fortitude. These values and the basic concept of right and wrong, are cornerstones in building Marines.



Word Bank:

Accountability
 Allegiance
 Appreciation
 Camaraderie
 Caring
 Collaboration
 Commitment
 Compassion

Courage
 Courtesy
 Dependability
 Determination
 Diversity
 Empathy
 Fairness
 Fidelity

Fortitude
 Generosity
 Gratitude
 Honesty
 Honor
 Mercy
 Morals
 Reliability

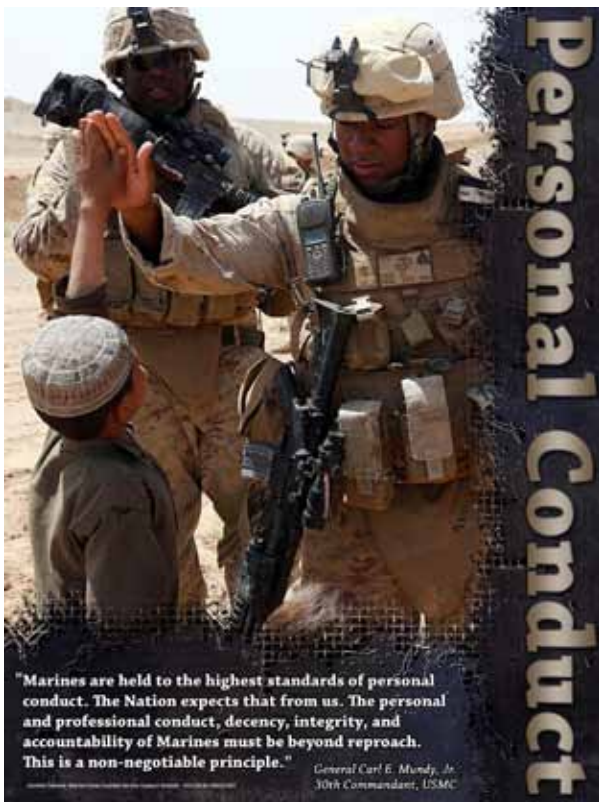
Responsibility
 Sincerity
 Tolerance
 Values
 Virtue

Across

- 1 A feeling of thankfulness and appreciation
- 3 To work cooperatively especially in a joint intellectual effort
- 5 Recognizing the quality, value or significance of people and things
- 7 Faithfulness; loyalty or devotion
- 9 Feeling and exhibiting concern and empathy for others
- 12 Identification with and understanding of another's situation, feelings, and motives
- 13 Goodwill and lighthearted rapport between or among friends
- 16 A point of respect in which things differ; variety
- 17 Enables someone to face danger or fear with confidence and resolution
- 21 Consideration for others
- 27 Individual beliefs about what is right and wrong
- 28 Loyalty or the devotion to a person, group or cause
- 29 Firmness of will, strength, purpose of character

Down

- 2 Consistent performance upon which you can depend or trust
- 4 Liberality in giving or willingness to give
- 6 Principled uprightness of character; personal integrity
- 8 The trait of being reliable
- 10 Consistent with rules, logic, or ethics
- 11 Forgiveness shown toward someone whom you have the power to punish
- 14 That for which someone is responsible or answerable
- 15 Fairness and straightforwardness of conduct
- 18 Obligation or willingness to accept responsibility
- 19 Being bound to a course of action or to another person or persons
- 20 Recognizing and respecting the beliefs or practices of others
- 22 Deep awareness of the suffering of others coupled with the wish to relieve it
- 23 Doing something right because it is the good thing to do
- 24 Core beliefs that guide and motivate attitudes and actions
- 25 Genuineness, honesty, and freedom from duplicity
- 26 The strength or firmness of mind that enables a person to face danger or pain with resolve



“Regardless of one's background or upbringing, every Marine should embrace these values, display them, and live them as much as possible. No Marine is perfect but we should each aspire to reach the ideal values and be improving all the time.”

Marine Corps Values



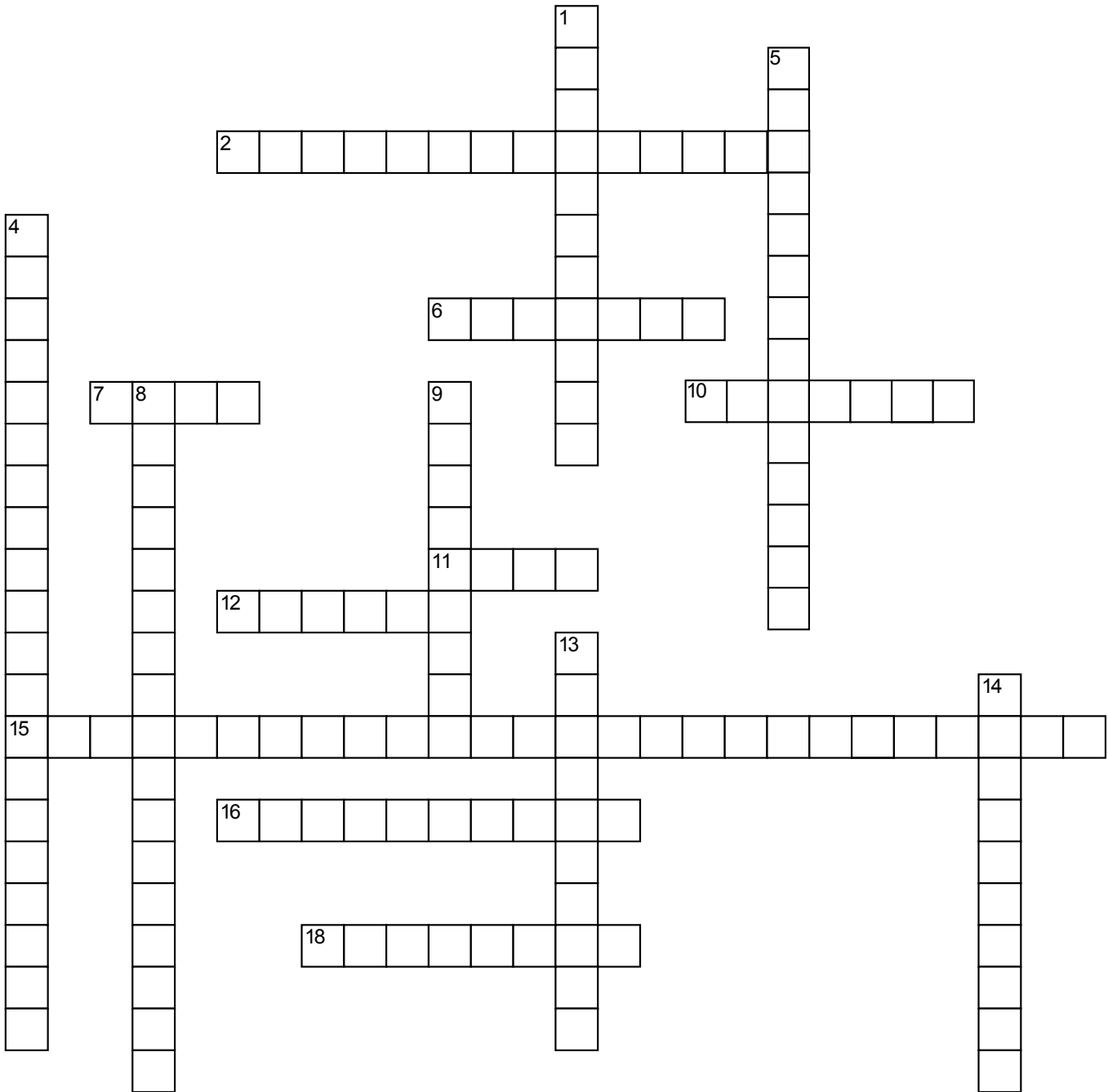
*Cpl Tyler Burr
United States Marine Corps*

"It's very important as a leader of Marines to know your shortcomings. You can't fix the faults of your subordinates if you can't recognize and fix your own faults. It doesn't matter if you are in garrison or in combat. You need to know yourself and seek self-improvement. Only then will you be the best leader you can be."

Basic Values 2

Directions: Using the word bank below and the clues on the other page, complete the crossword puzzle.

Marines must understand basic values and recognize how their understanding and commitment to these ideals will make them better Marines and, ultimately, better people. Don't assume that every Marine entered the Marine Corps with the same values system that you have or that every Marine believes everything that you believe. Regardless of one's background or upbringing, every Marine should embrace these values, display them, and live them as much as possible.



Word Bank:

- | | | |
|--------------|------------------------------|------------|
| Bias | Development | Leadership |
| Mentor | Milestones | Goal |
| Ethnic group | Discrimination | Confidence |
| Courage | Individual Actions | Judgment |
| Violate | Integrity | |
| Character | Equal Employment Opportunity | |

“A blending of separate cultures, varying educational levels, and different social backgrounds is possible in an unselfish atmosphere of common goals, aspirations, and mutual understanding.”

—“Band of Brothers” FMFPac concept by LtGen Charles Cooper, late 1970s

Across

- 2 An act, policy or procedure that arbitrarily denies equal opportunity because of race, color, religion, sex, age or national origin to an individual or group of individuals.
- 6 The heart of our Marine Corps Core Values, courage is the mental, moral, and physical strength ingrained in Marines to carry them through the challenges of combat and the mastery of fear; to do what is right; to adhere to a higher standard of personal conduct; to lead by example, and to make tough decisions under stress and pressure. It is the inner strength that enables a Marine to take that extra step.
- 7 A mental leaning or inclination: partiality: prejudice.
- 10 To break (the law) intentionally or unintentionally, to injure the person or property of.
- 11 The objective toward which an endeavor is directed.
- 12 A wise and trusted teacher or counselor.
- 15 The comprehensive program through which the Marine Corps implements its policy to provide equal opportunity in employment for all qualified civilian personnel.
- 16 Capacity or ability to lead.
- 18 The capacity to make sound and reasonable decisions; good sense.

"The man who will go where his colors go without asking, who will fight a phantom foe in a jungle or a mountain range, and who will suffer and die in the midst of incredible hardship, without complaint, is still what he has always been, from Imperial Rome to sceptered Britain to democratic America. He is the stuff of which legends are made. His pride is his colors and his regiment, his training hard and thorough and coldly realistic, to fit him for what he must face, and his obedience is to his orders. As a legionnaire, he held the gates of civilization for the classical world... today he is called United States Marine."

*LtCol T.R. Fehrenbach, USA
"This Kind of War"*

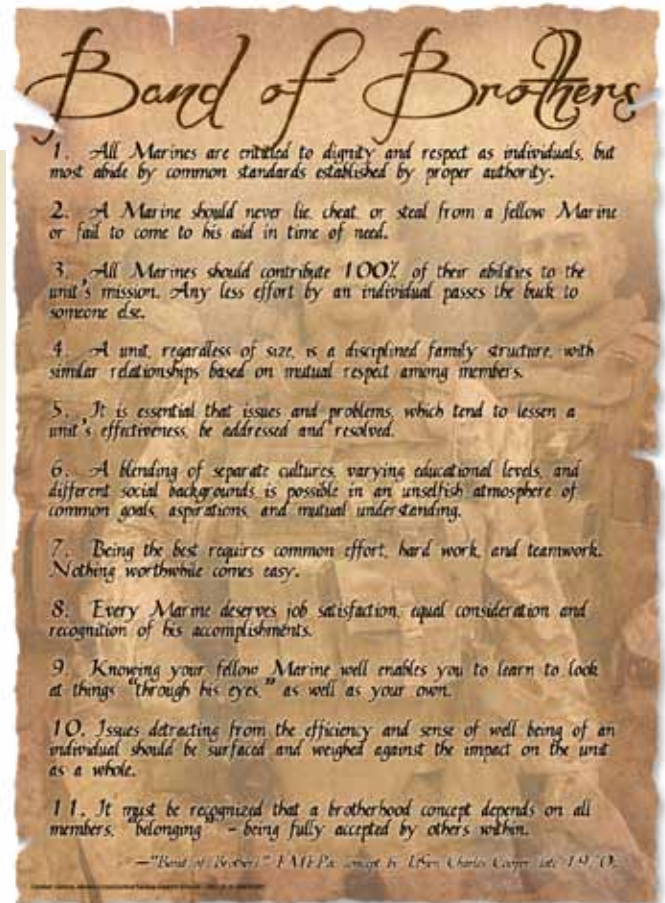


"Integrity is more than just a core value. It describes the genuine piece of a person. It shows honest reflections of positive and/or negative events. Integrity is having the courage to speak your thoughts. Even though what is expressed may not be the popular answer, or what someone wants to hear, your leadership will respect you more knowing that you were straight forward with them. A lot of Marines give answers the command wants to hear, not what they need to hear. As a leader, I would rather you tell me the truth that you messed up, than lie to me. That tells me you are taking responsibility for your actions and you're willing to fix it than try to cover it up."

*SSgt Heather Campoalegre
United States Marine Corps*

Down

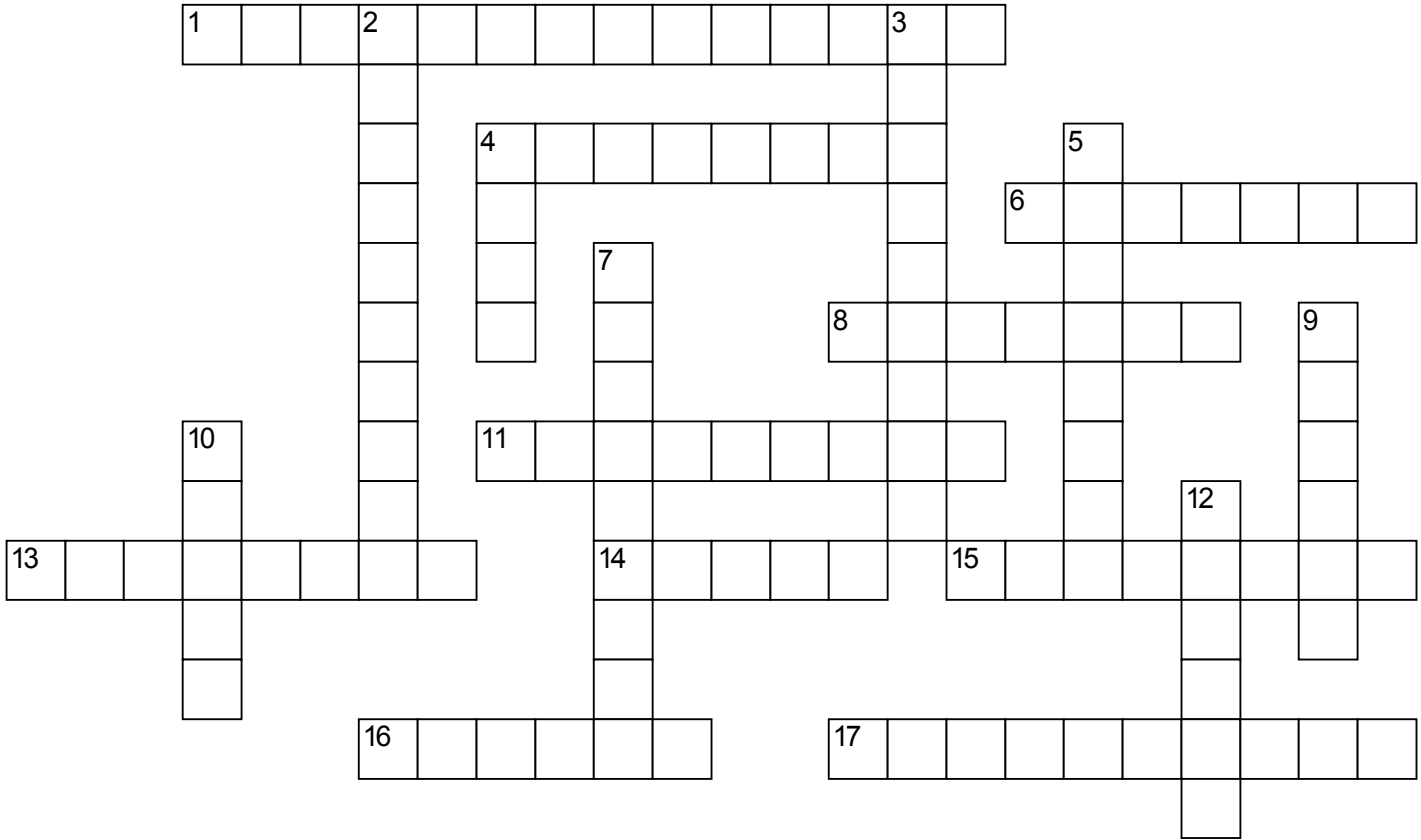
- 1 A segment of the population that possesses common characteristics and a cultural or natural heritage significantly different from the general population.
- 4 Is the process of drawing out of or impressing a set of peculiar qualities on a person, which distinguish him or her from others.
- 5 A blending of separate cultures, varying educational levels, and different social backgrounds is possible in an unselfish atmosphere of common goals, aspirations, and mutual understanding.
- 8 Voluntary efforts by Marines to apply their leadership training outside the classroom, beyond what is normally expected of their grades and duty assignment.
- 9 Firm adherence to a code or standard of values.
- 13 A feeling of assurance; of self-assurance.
- 14 Measurements of projected progress in terms of quantifiable values or points in time when a task should be accomplished.



Basic Values 3

Directions: Using the word bank below and the clues on the other page, complete the crossword puzzle.

Values are basic ideas about the worth or importance of people, concepts, or things. Part of belonging to the Marine team and family involves incorporating the values of that team into the daily lives of each of its members. Values and the basic concept of right and wrong are cornerstones in building Marines.



Word Bank:

- | | | |
|----------------|-----------|-----------|
| Principles | Prejudice | Social |
| Responsibility | Race | Values |
| Objective | Physical | Courtesy |
| Moral | Reprisal | Fidelity |
| Philosophy | Vision | Tolerance |
| Trust | Mission | Manners |

“Manners and courtesy have been a part of every civilization. They represent the boundaries of dignity and respect we accord one another. Just as laws place punitive restrictions upon human conduct, manners and courtesy demand their own degree of conformity. As protectors of freedom, it is of the utmost importance that all Marines meet this demand with the highest degree of conformity. Always remember - People may forget what you did, they may forget what you said but they will never forget how you made them feel.”

MGySgt Mark Frye
United States Marine Corps

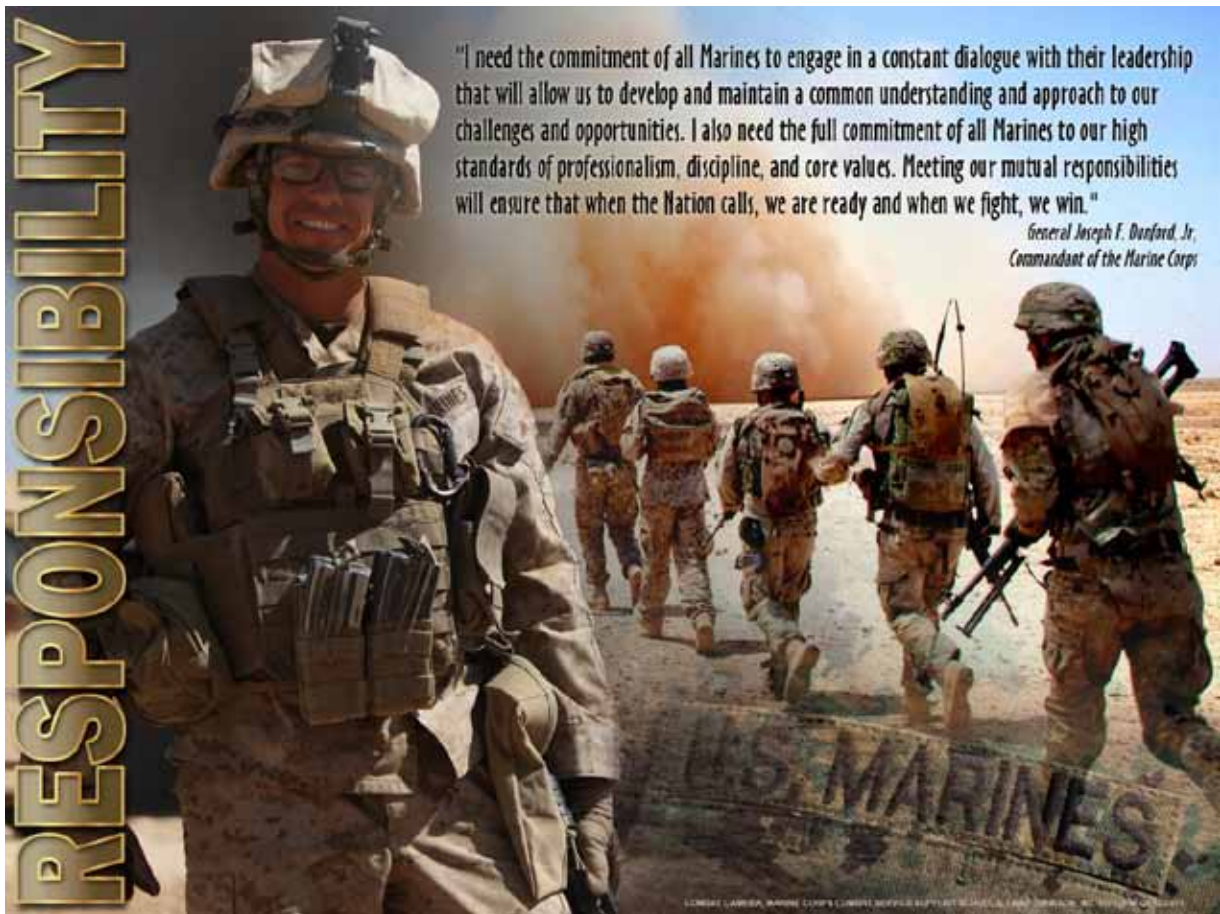


Across

- 1 Answerable, accountable and to act without supervision.
- 4 Taking or threatening to take an unfavorable personnel action or withholding or threatening to withhold a favorable personnel action, or any other act of retaliation. Against a military member for making or preparing a protected communication.
- 6 A combat operation assigned to an individual or unit.
- 8 A way of behaving with reference to polite standards, a way of speaking to and treating others
- 11 The holding of a judgment or opinion without regard to pertinent fact--typically expressed in suspicion, fear, hostility, or intolerance of certain people, customs, and ideas.
- 13 Consideration for others
- 14 Total confidence in the integrity, ability, and good character of another.
- 15 Of or relating to the body, strength, touch, contact.
- 16 Principles, standards, or qualities.
- 17 A system of fundamental or motivating principles: basis of action or belief.

Down

- 2 A rule or standard of good behavior; moral or ethical standards, or judgments as a whole.
- 3 Recognizing and respecting the beliefs or practices of others
- 4 A division of human beings identified by the possession of traits that are transmissible by descent and that are sufficient to characterized persons possessing these traits as a distinctive human genotype.
- 5 Faithfulness; loyalty or devotion
- 7 Defines the basic result desired.
- 9 Living in an organized group.
- 10 Of or concerned with the principles of right and wrong in relation to human action and character.
- 12 The way in which one sees or conceives of something.



Code of Conduct

Directions: Write the Article number in the box next to the correct Code of Conduct article.

The Code of Conduct is a moral standard toward which the U.S. [service member] should strive. Its spirit and intent embody the basic values of the military profession – patriotism, loyalty, obedience, and deep moral conviction. The Code’s goal, survival with self-respect and honor, is universal and eternal. Viewed as a set of principles that serves as a personal guide and standard of expected behavior, the Code provides direction and guidance that can be retained under conditions of stress to survive captivity with honor and dignity.

Article _____

If I am captured I will continue to resist by all means available. I will make every effort to escape and aid others to escape. I will accept neither parole nor special favors from the enemy.

It is the duty of all captured service members to:

- Resist the efforts of your captors to get any value out of your capture
- Have a plan to escape and assist others attempting to escape

Article _____

When questioned, should I become a prisoner of war, I am required to give name, rank, service number, and date of birth. I will evade answering further questions to the utmost of my ability. I will make no oral or written statements disloyal to my country and its allies or harmful to their cause.

- You are required to give your name, rank, and service number (for identification purposes in case a prisoner exchange is being arranged)
- Your captor will ask you many seemingly meaningless and innocent questions; none of the questions are meaningless or innocent
- Making disloyal statements to your country (orally, written, or on video) makes both you and your captor war criminals

Article _____

I will never forget that I am an American fighting for freedom, responsible for my action, and dedicated to the principles which made my country free. I will trust in my God and in the United States of America.

- When under extreme duress, it is easy to forget who you are and where you came from; brainwashing can happen even to the strong-willed.
- You will eventually be held accountable for your conduct as a prisoner; conduct yourself with dignity and you will be rewarded. Conduct yourself with cowardice and you will be punished.

Article _____

If I become a prisoner of war, I will keep faith with my fellow prisoners. I will give no information or take part in any action which might be harmful to my comrades. If I am senior, I will take command. If not, I will obey the lawful orders of those appointed over me and will back them up in every way.

- Your fellow prisoners are your family when in captivity
- Be careful what you say. Your captors are likely trained at interrogation and are clever; a bit of what you thought was meaningless information might be the key to making you or someone else “crack”
- The highest ranking person in captivity is in charge and MUST accept this responsibility (chaplains and medical officers are exempt)
- The chain of command still exists in captivity, and must be obeyed. When you escape or are rescued, you will be held accountable for your actions

Article _____

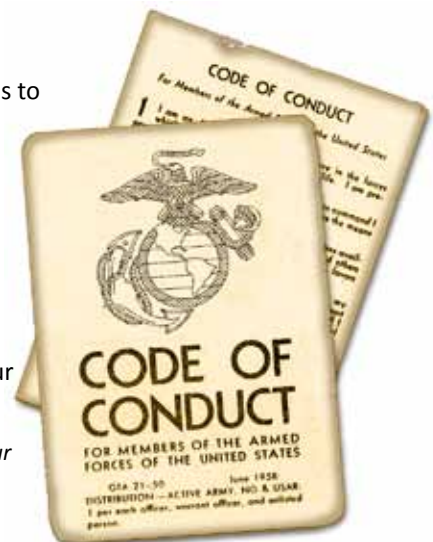
I will never surrender of my own free will. If in command, I will never surrender the members of my command while they still have the means to resist.

- Surrender is only legal when:
 - The means to resist are exhausted
 - It is no longer possible to attempt escape to rejoin adjacent forces
 - Continued resistance would mean the certain death of all personnel without any meaningful loss of enemy forces

Article _____

I am an American, fighting in the forces which guard my country and our way of life. I am prepared to give my life in their defense.

- The code applies to all US Military members.
- Can you honestly say you are prepared to give your life in defense of your country?



Fraternization is a gender neutral concept. Proper social interaction among officer, enlisted, senior and junior members enhances unit morale and esprit de corps. Unduly familiar personal relationships undermine respect for authority and inhibit mission accomplishment. Junior personnel must recognize and respect authority. Relationships that are unduly familiar between different grades of Marines is prejudicial to good order and discipline, brings discredit on the naval service and is prohibited.

Z X F A M I L I A R I T Y D K Y E Z W U R Q B L W
 W T X E W X B R T N K M I J M L R D U T Y Z B D L
 W A G L A Y Q R F N N R U D J K E O G E E X N H T
 X G N A T Y U O Q H R N E V O R L H S S S Q O G Y
 T R B R R W R O R E I I I D C S A G E E L Q N K Z
 U B F O Z M V B G O L S E S D Y T N H E M J P A K
 F J E M A G X U R P D N S R V K I Y V N R U R P B
 P E K L P S L O M E I E A M R O O T O B V N O P B
 V D I R L A O I L M N D D D R E N I N V O P F E E
 R T B F R K W H R I N A E L W S S L T I V R E A T
 Y G X R A X R E S A T L A L T S H A G O S O S R N
 K F G A W D D U T C I U G C E E I I X L P F S A E
 E G Q T R N B S E F T I A R U W P T M A C E I N D
 K V O E U H I P R H I T G D I A S R T T T S O C U
 I M Y R E T S W O M N S N E C U O A X I X S N E R
 L F M N F E O R P O N U U K T V X P D O G I A F P
 Y V A I R U I R C A S S O C I A T I O N S O L K M
 K H X Z Y T O E R V Y Y D J B V X Q I M Y N J A I
 U U J A Y P L T N E T S I S N O C N I T T A I X P
 W I E T R X N G L F M I D C I D I S C I P L I N E
 Q T C I L F N O C U O Y D D L U S O C I A L E U X
 K N E O U C F P S E D A R G T N E R E F F I D U A
 U T R N T M L A C I H T E N U I X X K N N F A Y V
 Y T J P G O O D O R D E R T U J C M E E W H R Q I
 P C T R O I V A H E B R T V M P G S E E I Y G M L

Social Interaction:
 Appropriate personal relationships are an important part of building unit morale and esprit de corps.

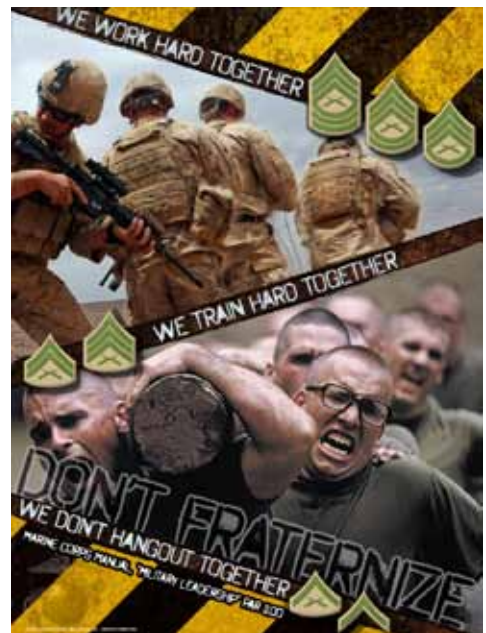
Appropriate Examples:

- Officer and enlisted personnel playing on the same command sport team.
- Other command sponsored events intended to build unit morale and camaraderie.

USMC, Marine Corps Values

Word Bank:

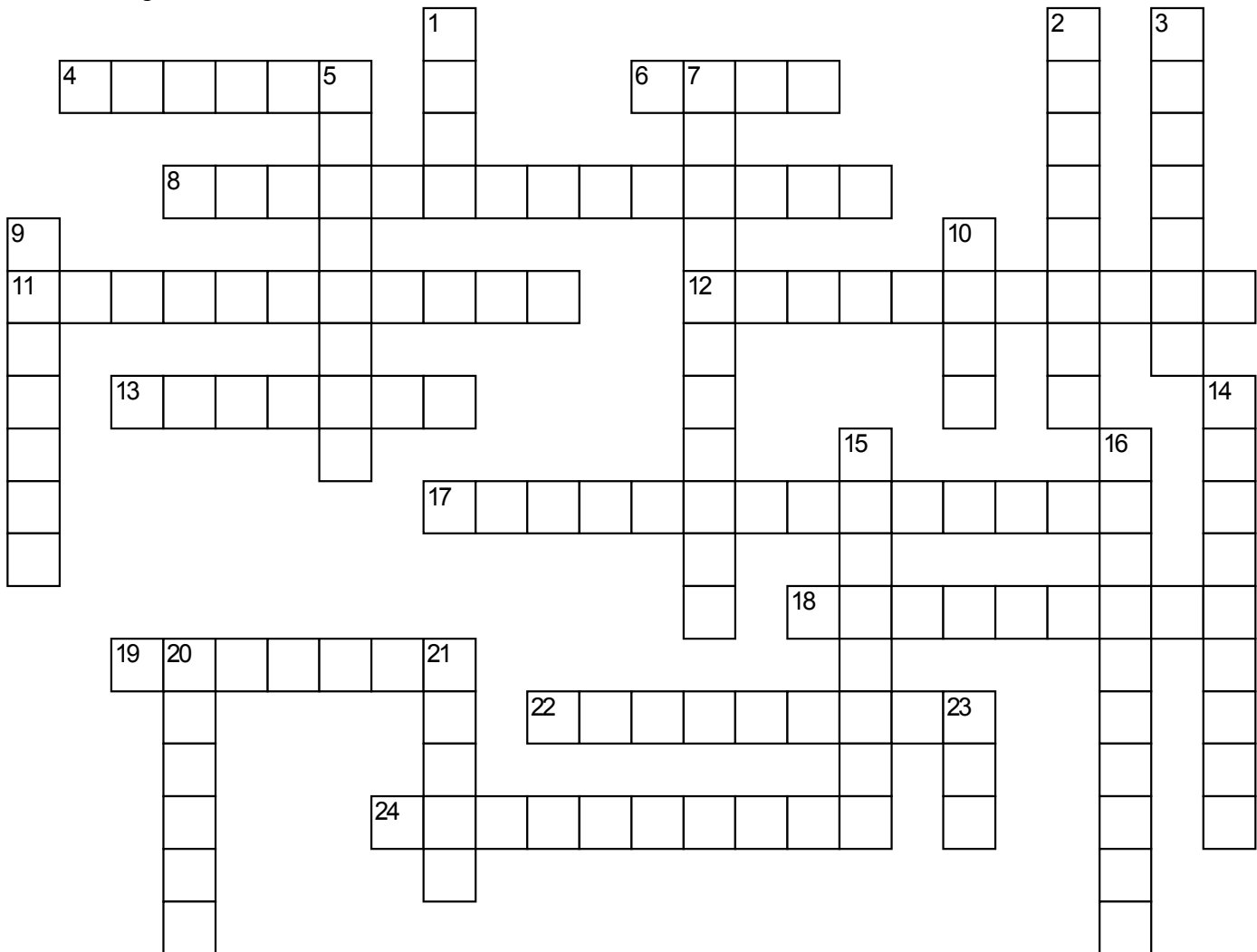
- | | | |
|------------------|----------------|-----------------|
| FRATERNIZATION | SENIOR | CONFLICT |
| DUTY | JUNIOR | TRANSGRESSION |
| RELATIONSHIPS | GRADE | NONPROFESSIONAL |
| SOCIAL | VIOLATION | IMPLIED |
| BUSINESS | UNDUE | IRREGULAR |
| CONTACTS | FAMILIARITY | IMPRUDENT |
| DIFFERENT GRADES | INFORMALITY | APPEARANCE |
| INCONSISTENT | IMPROPRIETY | PARTIALITY |
| STANDARDS | UNPROFESSIONAL | UNDERMINED |
| GOOD ORDER | UNETHICAL | AUTHORITY |
| DISCIPLINE | BEHAVIOR | MORALE |
| RESPECT | ASSOCIATIONS | |



Hazing

Directions: Using the word bank below and the clues on the other page, complete the crossword puzzle.

Conduct by one military member to another, regardless of Service or rank, that causes suffering or exposure to an activity which is cruel, abusive, humiliating, oppressive, demeaning, or harmful. Soliciting or coercing another to perpetrate any such activity is also considered hazing.



Word Bank:

- | | | | | |
|----------------|----------------|-------------|------------|-------------|
| Allegations | Senior | Prepare | Abusive | Culpability |
| Reprisal | Incentive | Operational | Dangerous | Conduct |
| UCMJ | Command | Excessive | Belittling | Ethos |
| Responsibility | Administrative | Branding | Skin | Cohesion |
| EMI | Counseling | Bodily | Pain | |



"U.S. Marines have already gone through the only rite of passage that they need to go through, boot camp. Hazing tears at the fabric of our Corps that binds us. It is illegal, demeaning and harmful; and Marines shouldn't do it. We all have earned the title like every Marine has done so before us. We have the responsibility to take care of each other."

*GySgt Cruz Sotelo
United States Marine Corps*

Across

- 4 Hazing could occur between peers or involve actions towards _____ military personnel by those junior in rank or grade to them.
- 6 Any violation, attempted violation, or solicitation of another to violate the Hazing order, may subject involved members to adverse administrative or disciplinary action under Article 92 of the _____ (acronym)
- 8 It is every Marine's _____ to ensure that hazing does not occur in any form at any level.
- 11 Hazing does not include command-authorized or _____ activities;
- 12 The commanding officer must be informed immediately of any _____ of hazing.
- 13 Hazing does not include the necessary training to _____ for such missions or operations;
- 17 Hazing does not include _____ corrective measures;
- 18 Hazing does not include the authorized _____ training permitted exclusively at the Marine Corps Recruit Depots
- 19 Hazing is playing _____ or ridiculous tricks;
- 22 Hazing is requiring _____ physical exercise beyond what is required to meet standards;
- 24 Hazing does not include verbal _____ addressing performance or conduct deficiencies;

Hazing includes but is not limited to:

- Any form of initiation or congratulatory act that involves physically striking another to inflict pain.
- Verbally berating another.
- Encouraging another to excessively consume alcohol.
- Encouraging another to engage in illegal, harmful, demeaning or dangerous acts.
- Soliciting or coercing another to engage in hazing.
- Consent by the subject is not a defense.

Marine Corps Common Skills Handbook



"Hazing leaves psychological scars on our young Marines and sailors, destroys unit cohesion and absolutely reduces combat readiness and effectiveness."

*Gen James Amos
35th Commandant of the
Marine Corps*

Down

- 1 Hazing is piercing another's _____ in any manner (such as "pinning," "tacking on, or "blood wing(ing)");
- 2 Hazing creates an environment of fear and reprisal, destroying the teamwork, combat readiness, and the trust and confidence central to unit _____.
- 3 Hazing does not include athletic events or _____ authorized physical training;
- 5 _____ actions against any victim(s) or witness(es) of hazing incidents are strictly prohibited.
- 7 Actual or implied consent to acts of hazing does not eliminate _____ of the perpetrator.
- 9 Hazing, is any _____ whereby a military member or members, regardless of Service or rank, causes another military member(s), regardless of Service or rank, to suffer or be exposed to any activity which is cruel, abusive, humiliating, oppressive, demeaning/ or harmful.
- 10 Hazing is physically striking another to inflict _____ outside of a supervised training exercise;
- 14 Hazing is encouraging another to excessively consume alcohol or encouraging another to engage in illegal, harmful, demeaning or _____ acts;
- 15 Hazing is _____; taping; tattooing; shaving; greasing; painting;
- 16 Hazing is verbally berating another for the sole purpose of _____ or humiliating;
- 20 Hazing is threatening or offering violence or _____ harm to another;
- 21 Hazing is contrary to our _____ of "taking care of our own" and stains the virtuous conduct earned by those who have served honorably since our Corps' inception.
- 23 Properly administered _____ is not hazing; it provides a tool for small unit leaders to increase proficiency of the unit or individuals in assigned duties. (acronym)

"Hazing in the Marine Corps is prohibited. No Marine, or service member attached to a Marine command, including Marine detachments, may engage in hazing or consent to acts of hazing being committed upon them. No one in a supervisory position may, by act, word, or omission, condone or ignore hazing if he or she knows or reasonably should have known that hazing may occur. Consent to hazing is not a defense to violating this Order. Any violation, attempted violation, or solicitation of another to violate this order, subjects involved members to disciplinary action under Article 92 of the Uniform Code of Military Justice (UCMJ). This Order does not prevent charging those who have engaged in acts of hazing under other applicable UCMJ articles to include, but not limited to Article 80 (attempts), Article 81 (conspiracy), Article 93 (cruelty and maltreatment), Article 124 (maiming), Article 128 (assault), Article 133 (conduct unbecoming an officer and gentleman) and Article 134 (indecent assault, drunk and disorderly conduct, and/or solicitation)."

USMC, Hazing Policy

Hazing

Directions: Find and circle all words hidden in the puzzle from the list

Hazing is unlawful and prohibited and will not be tolerated. No Marine or Service member attached to a Marine command, including Marine Detachments, shall engage in hazing or consent to being the subject of hazing. MCO 1700.28B Hazing is cruel, abusive, humiliating, oppressive, demeaning, or harmful. Soliciting or coercing another to perpetrate any such activity is also considered hazing.

H Z L F T Y Z C E V F A H T P A M O A Z Q W Y D Z
 U I K F C V I L G H M I S G Z V H L E H D X C S L
 M J Z Q U G B C C P N W O D M M A G X D E O S T D
 I N C O D B S A V Z C O L O G A R H M W M B C K Z
 L G E E N I J O O S O S I V Q H M W J G E E D P X
 I V P R O H I B I T E D C T Q W F A S S A U L T C
 A O A N C Z S G P T R F I J A X U P S M N O M X M
 T A I Z C L N X S Q C X T V Y I L B D G I O A B A
 I L M V Z O U V Y V I W A T I J T E N P N N L L B
 N D J V R D A D C H N T T A W E S I W S G C T M U
 G I S E W U N C H P G S I F R O C L N G N N R I S
 A S P L I I G M O V H V O L P R N P Y I I K E N I
 G O B D L U P A L N O E N X E X H X Q M T N A A V
 W R S H V G Z F O M S K E I B U U G A N A C T I E
 K D J U J W S O G G A P P Y E X R P W P R U M J I
 N E Z S F A D D I Q W I I W O H M C Q Z E R E N W
 L R R I N F H W C H P U M R J P U G W X B Z N E W
 B L T O J A E K A K K X Q I A V P D B M Y G T I B
 G Y F C C N T R L Z N D B C N C Y R Z Y H I L X A
 E V I S S E C X E S U N O P Y G Y W E Y G H A A O
 T L H X V V W H B L R Y P K B I Z F B S J I B K O
 E A Z R U G Q E C A D V Y U G N I Z A H S U R M H
 Y T N E C E D N I F D A N G E R O U S Y Q I E D F
 J K B S T R I K I N G A L G F Z G L E F R C V K W
 V F B L L A G E L L I K E T L E N O D N O C K E H

Hazing Does Not Include:

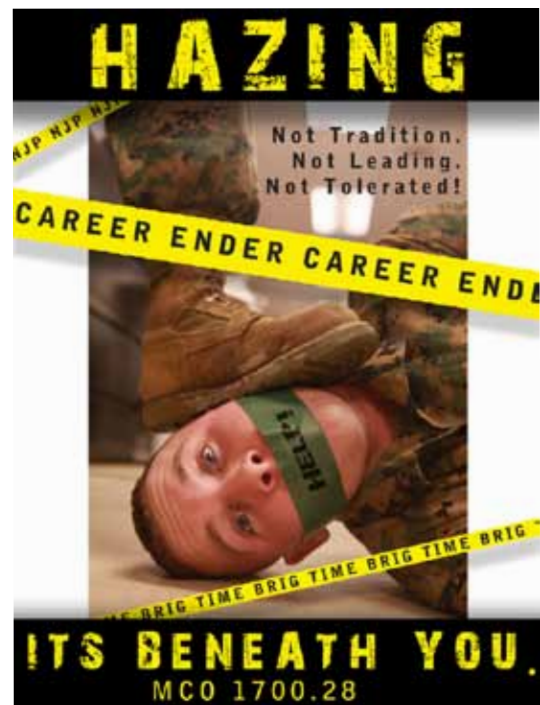
- Mission or operational activities (required training to prepare for mission)
- Administrative corrective measures
- Extra Military Instruction (EMI) as defined in JAGINST 5800.7F, Para 0103
- Command authorized physical training
- Incentive training authorized at Recruit Depots (in accordance with recruit training SOP)

USMC, Hazing Policy



Word Bank:

- | | | |
|-------------|---------------|--------------|
| HAZING | EXCESSIVE | MALTREATMENT |
| SUFFER | ILLEGAL | CONSPIRACY |
| EXPOSED | HARMFUL | MAIMING |
| CRUEL | DEMEANING | ASSAULT |
| ABUSIVE | DANGEROUS | CONDUCT |
| HUMILIATING | COERCING | INDECENT |
| OPPRESSIVE | VERBAL | DRUNK |
| INITIATION | PSYCHOLOGICAL | DISORDERLY |
| STRIKING | PROHIBITED | SOLICITATION |
| PIERCING | CONDONE | |
| BERATING | IGNORE | |



Sexual assault is a crime that is completely incompatible with our core values of honor, courage and commitment. It is an affront to the basic American principles we so bravely defend. Sexual assault goes against everything we claim to be as Marines. It is a crime.

I I B T N E M T A E R T H C Q A E Y G W W T G V W
 Y I B P G P O F F E N S I V E V S E R U T S E G B
 O M D C R W V H D X E V M A R U H G Q W I V G Y Q
 M U X V S T L Q H D R W D K C O N T A C T H R N Y
 T F H L Q H A J X D M E D I C A L Y O V D V N U P
 O B L V U R I U X G N I L E S N U O C R A S K A Z
 V A I V E E T Z O N K J J F K G L R L Q O B D N F
 N Z Q G P A N O H C X C M D E T C I R T S E R N U
 G M D R Y T E E W H K F X G P Q K M U X H Q K I S
 R V Q X X E D D G N I C N E U L F N I Y P H Q A B
 E N Z G F N I V X G M R R X T M L K C Y E S G L E
 S G D V M I F J C J C R G U R A L X R L U D V P S
 P F Y R V N N D E O U F B E C O R A P P N M F A X
 O E P P D G O S M I D M P I Z E C E P Z G G F H F
 N C J X I L C M A G M E S Y Q N Q O B D Y X L C K
 S J U C K T E X T B A Y T Y P T R J M I F H N C N
 E D H L X N U O I T H C Y C U T O I E L L Q U K N
 N Q L R T F U T E P B H B U I W U Z L F A E Z M O
 P Z O S S U Z D G C W P M B G R T S N Q M H D H M
 N A Y R A H M V V S C L L R D I T F K D T N J P E
 E A K A H N Z E P H S E L C U A Q S X A K L U U A
 L L A W E N F O R C E M E N T P E W E N P P B W N
 A N Q P U C Q H Y T N E Z U A T Q C B R O P B G S
 P J O Q Q S K R I X D Z S U I P R E V E N T I O N
 L U B F T O B R Z K O G P D M V Y T L U A S S A O

Word Bank:

- ASSAULT
- INFLUENCING
- THREATENING
- DELIBERATE
- REPEATED
- OFFENSIVE
- COMMENTS
- GESTURES
- PHYSICAL
- CONTACT
- RESTRICTED
- UNRESTRICTED
- PREVENTION
- CONFIDENTIAL
- MEDICAL
- COUNSELING
- SUPPORT
- UVA
- SARC
- CHAPLAIN
- TREATMENT
- HELP
- LAW ENFORCEMENT
- RESPONSE
- NO MEANS NO



The Department of Defense Safe Helpline provides five ways for DoD community members affected by sexual assault to get help. Safe Helpline is anonymous, secure, and available 24/7 worldwide - providing victims with the help they need, by click, call or text.

www.safehelpline.org

www.safehelpline.org

**Sexual Assault Prevention
& Response Program**

24/7 Sexual Assault Response Line

If you or someone you know has been sexually assaulted, help is available 24/7.

Sexual Assault Reporting Options

Restricted

- CONFIDENTIAL
- Medical Treatment
- Counseling
- No Command or Law Enforcement involved
- Report to: UVA, SARC, Healthcare Provider, Chaplain

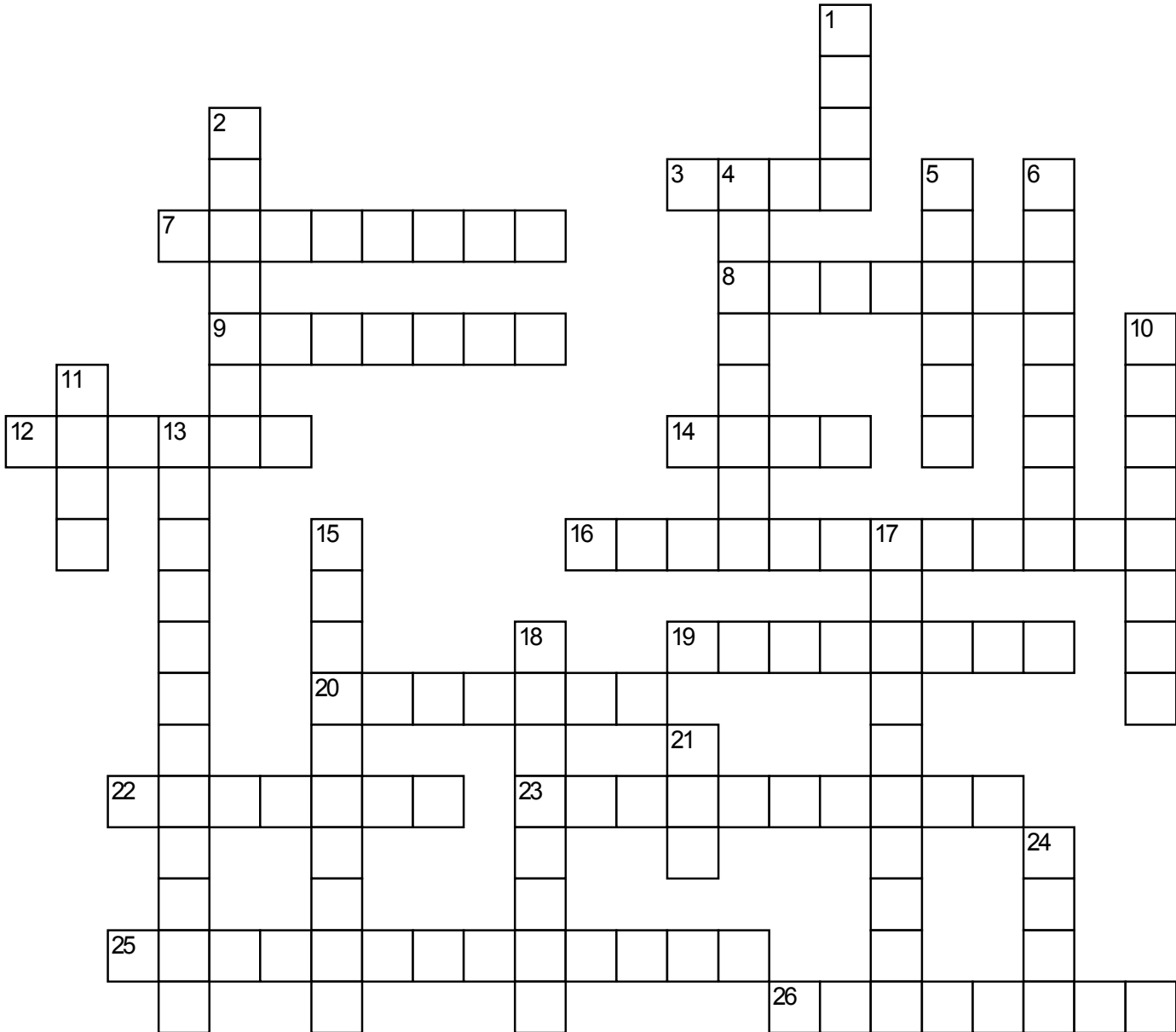
Unrestricted

- Medical Treatment
- Counseling
- Law Enforcement investigation
- Report to: UVA, SARC, Command, or Law Enforcement

Sexual Assault Prevention and Response

Directions: Using the word bank below and the clues on the other page, complete the crossword puzzle.

Sexual assault, is unacceptable behavior for military personnel. Such behavior will be dealt with immediately through the leadership/supervisory structures of the Marine Corps, to include the Uniform Code of Military Justice. Leaders and supervisors have a responsibility to create an environment of mutual respect in which all personnel can work toward mission accomplishment.



Word Bank:

- | | | |
|----------|---------------|------------|
| Bodily | Intimidation | Restricted |
| Part | Nonconsensual | Advocacy |
| Indecent | Prevention | Crisis |
| Advocate | Distract | Respect |
| Life | Victims | Rape |
| UVA | Helpline | Depression |
| Cohesion | Safe | Withdraw |
| Consent | Medical | Both |
| Hands On | Unrestricted | |

“Sexual harassment is a form of sex discrimination that involves unwelcomed sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature.”

USMC, Sexual Assault Prevention and Response (SAPR) Program

Across

- 3 After a sexual assault is committed, a victim should go to a _____ location.
- 7 SARC and UVA provide _____ and accompaniment during medical, law enforcement, and judicial procedures.
- 8 _____ can choose to make a restricted report unrestricted at any time.
- 9 _____ is defined as words or overt acts indicating a freely given agreement to the sexual conduct at issue by a competent person.
- 12 Offensive touching of another; however slight, including any nonconsensual sexual act or nonconsensual sexual contact refers to the term _____ harm.
- 14 Sexual contact may be accomplished by any _____ of the body.
- 16 A sexual assault report, which initiates an official law enforcement investigation and support of the chain of command is called a/an _____ report.
- 19 Sexual assault impacts the unit through Unit readiness, Unit _____ and Good order and discipline.
- 20 Victims have access to appropriate assistance and will be treated with decency, fairness, and _____.
- 22 The basic difference between sexual harassment and sexual assault is that Sexual harassment is typically "hands off" vice sexual assault is always "_____". (two words)
- 23 The acronym SAPR stands for Sexual Assault _____ and Response.
- 25 Sexual Assault is defined as _____ sexual contact.
- 26 The term "_____ manner" means: immoral conduct which is sexually vulgar or obscene, and tends to excite sexual desire.

Down

- 1 These are considered acts of sexual assault _____
Forcible sodomy and unwanted sexual contact.
- 2 After a sexual assault is committed, a victim should seek _____ attention.
- 4 The victim can contact the Uniformed Victim _____ (UVA), Sexual Assault Response Coordinator (SARC), Command, and Law Enforcement for an unrestricted report.
- 5 SARC and UVA provide 24/7 sexual assault _____ intervention for all service members.
- 6 There are three bystander interventions that refer to finding a way to safely intervene in potentially dangerous situations. The intervention techniques are Direct, _____, and Delegate.
- 10 A person can _____ consent once the sexual act begins.
- 11 Consent must be given by _____ individuals before sexual contact.
- 13 Sexual assault is characterized by the use of force, threats, _____, abuse of authority, and lack of consent.
- 15 Emotional impacts on a sexual assault victim include flashbacks, anxiety, self-blame and _____.
- 17 A sexual assault report which allows the victim to report confidentially and receive help without an investigation or command involvement is called a _____ report.
- 18 After a sexual assault is committed, a victim should contact the UVA or SAFE _____.
- 21 The victim should first contact the _____ in order to utilize the restricted report option.(acronym)
- 24 Sexual misconduct is punishable under the UCMJ. The maximum punishments are: Confinement for _____ without eligibility for parole, Total loss of all pay and allowances, Dishonorable discharge, and Reduction to paygrade E-1.



"Sexual assault, I mean, how can we do this to our own? We are supposed to be a team. We are supposed to have unit cohesion. Not only does it adversely affect the unit but it also adversely affects the individual person. I am embarrassed when I hear of a case of sexual assault in our Marine Corps. We are professionals. Marines take care of each other."

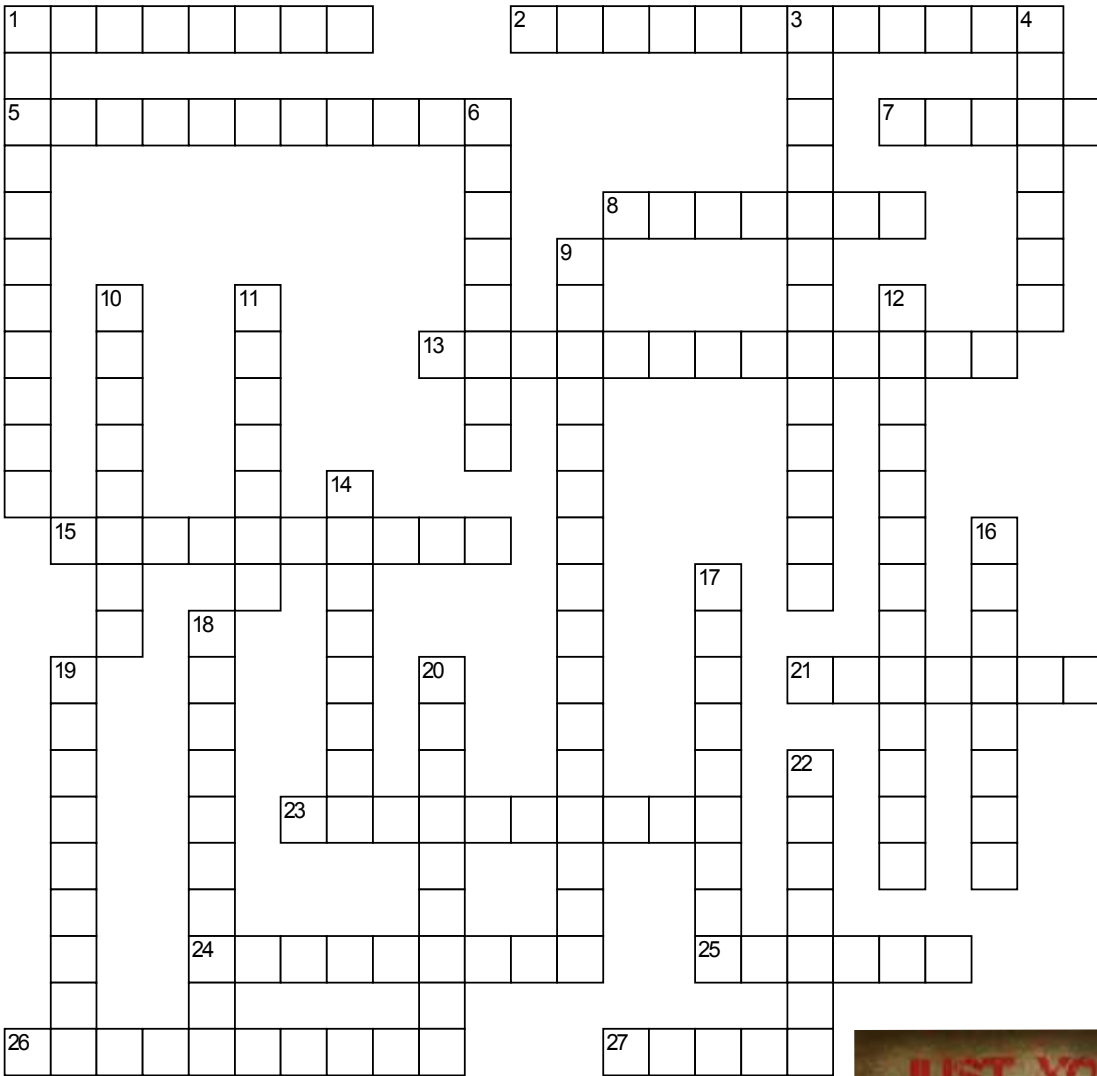
*Sgt Kowshon Ye
United States Marine Corps*



Alcohol Abuse

Directions: Using the word bank below and the clues on the other page, complete the crossword puzzle.

Alcohol abuse is any irresponsible use of alcohol that adversely affects individual or unit performance. Alcohol is never a rational for inappropriate conduct. Once you have consumed a single beer, all of your decisions and actions are alcohol related.



Word Bank:

- | | |
|------------------|---------------|
| Mission | Treatment |
| Not Tolerated | Abuse |
| Behavior | Incidents |
| Performance | Separation |
| Physical | Headache |
| Responsibilities | Consciousness |
| Relationships | Depressant |
| Regulations | Medical |
| Disorderly | Pattern |
| Readiness | Social |
| Preventive | Embarrassment |
| Eradicate | Disease |
| Attitude | Symptoms |
| Control | Fatal |



Across

- 1 Alcohol abuse is any use of alcohol that debilitates your _____ and mental health and well-being.
- 2 Alcohol abuse is _____ in the United States Marine Corps. (two words)
- 5 Alcohol abuse is any use of alcohol that leads to the violation of military _____ or civil laws.
- 7 Commanders may take disciplinary actions for misconduct, unsatisfactory performance, or failure to complete an assigned mission as a result of alcohol _____.
- 8 Emphasis is placed on early identification of alcohol involvement and motivation for the Marine to _____ drinking and consume alcohol responsibly.
- 13 An alcoholic blackout consists of: temporary loss of _____, temporary loss of vision, and temporary loss of memory.
- 15 Alcohol abuse is any use of alcohol that contributes to _____ conduct.
- 21 Alcohol abuse is contrary to the effective performance of Marines and to the accomplishment of the Marine Corps _____.
- 23 Any Marine diagnosed as an alcohol abuser, who is considered to have no further potential, may be processed for _____.
- 24 Any Marine involved in misconduct or unsatisfactory performance due to alcohol related _____ will have a formal command counseling that will be documented in their service record (SRB/OQR).
- 25 A Frequent alcohol abuser becomes abusive in _____ situations.
- 26 Fatigue relative to alcohol abuse is due to the _____ after effect of too much alcohol and the state of mind after too much drinking and too little rest.
- 27 Alcoholism is a progressive disease that, if untreated, may prove _____.



Symptoms of Alcohol Abuse:

- Temporary blackouts or memory loss.
- Recurrent arguments or fights with family members or friends as well as irritability, depression, or mood swings.
- Continuing use of alcohol to relax, to cheer up, to sleep, to deal with problems, or to feel "normal."
- Headache, anxiety, insomnia, nausea, or other unpleasant symptoms when you stop drinking.
- Flushed skin and broken capillaries on the face; a husky voice; trembling hands; bloody or black/tarry stools or vomiting blood; chronic diarrhea; and drinking alone, in the mornings, or in secret; these symptoms are specifically associated with alcoholism.

Down

- 1 Alcohol abuse is any use of alcohol that adversely affects _____.
- 3 Behavior from alcohol abusers goes beyond socially acceptable limits and becomes a source of _____ to self and others.
- 4 Alcoholism is a medically recognized _____ manifested by the continued abusive use of alcohol and characterized by the development of the psychological and/or physical dependency.
- 6 Alcoholism is a disease with recognizable _____ and predictable behavior.
- 9 Alcohol abuse is any use of alcohol that interferes with financial _____.
- 10 Alcohol abuse is any use of alcohol that alters _____.
- 11 Alcohol abuse is an illness where frequent sick calls, tardiness, substandard performance, and/or lost days from work become a _____.
- 12 Alcohol abuse is any use of alcohol that damages personal _____ and other associations.
- 14 The symptoms of a hangover are: nausea, _____, and dry mouth.
- 16 An essential step in achieving the objective is to change the _____ of the Marine toward the use of alcohol.
- 17 Alcohol abuse is contrary to the effective performance of Marines and a threat to the Marine Corps combat _____ mission.
- 18 The goal of the Marine Corps policy on alcohol abuse is to influence positive, behavioral changes in Marines before disciplinary or adverse, administrative actions become necessary by means of _____ education and deterrent measures.
- 19 The objective is to stop abuse and preclude recurrence, return members to full duty or separation, and _____ alcohol abuse in the Marine Corps.
- 20 When alcohol abuse is a fact, the Marine must undergo _____ and/or rehabilitation.
- 22 Alcohol abuse is an illness where the more frequent the abuse of alcohol, the more likely the need for some type of _____ assistance.

Alcohol Consumption:

Consumption alone does not constitute abuse. Alcohol abuse is generally characterized by:

- Violent crime
- Auto accidents
- Spouse/child abuse
- Absenteeism
- Aggressive behavior
- Irresponsible acts

Marine Corps Common Skills

Risk Management

Directions: Find and circle all words hidden in the puzzle from the list

Risk Management is the process of dealing with risks associated with conducting military operations. This includes risk assessment, risk decision-making and implementation of effective risk controls. Risk Management is a five-step process to identify and assess possible hazards, make risk decisions, and implement controls.

F U H I D U L Y F A V C T B N X K G T D
 L Q G A D D R E S S E O J H Y U Y S W Y
 I T Y E R L B V O Y H W Y X R L E A V E
 G D V S P B M E R J I O Q T A C O F K D
 H I E U A Z S H M D C R C S R Q S E I T
 T F H B F L Y I N G L K L O E O I T S Z
 P R I A Q F H C G T E S E Z N T P Y X D
 R O C L N L P L V U P E B R I T J R Z Z
 E M L O K W Z E I L R C A T T J R E I O
 P M E H U V V A C K E T S K I Q E O P A
 A O I O Y C C C N F P I S V T A N H L N
 R D N C M X A C I R A O Q B H G N G S S
 A E S L A H U I G I R N G S G N A I W C
 T R P A P C S D H Y A P K C I I L H F H
 I A E G R R E E T E T S M W L V P X S E
 O T C Z O N S N D D I R H X F I U X I R
 N E T E U Q H T Y R O L E C Y R V K B R
 Z M I F T F D S E S N R A B K D C R B W
 B U O Z E V F K Z K G R T C I D A Y O M
 Z J N F F N M M P U Q I O B N L I L P Y

Word Bank:

- LIBERTY
- VEHICLE INSPECTION
- VEHICLE ACCIDENTS
- VEHICLE PREPARATION
- MAP ROUTE
- CAUSES
- FLYING
- CONTROLS
- PLANNER
- ALCOHOL ABUSE
- FLIGHT PREPARATION
- WORK SECTION
- FLIGHT ITINERARY
- RM
- ADDRESS
- AIRPORT
- DAY
- DRIVING
- RISKS
- LOW
- NIGHT
- HIGH
- LEAVE
- SAFETY
- MODERATE



Principles of RM:

1. Accept risk only when benefits outweigh costs.
2. Accept no unnecessary risk.
3. Anticipate and manage risk by planning.
4. Make risk decisions at the appropriate level.



Risk Management (RM) is the process of identifying and assessing potential risks associated with operations, training, and off-duty activities and then taking steps to reduce or eliminate them.

1 What comes first? Place the five steps of the RM process in order by writing a number in the empty circle.

Assess the Hazard(s)

Make Risk Decisions

Implement Controls

Supervise

Identify the Hazard(s)

2 Scenario:

LCpl Canard and LCpl Webb are stationed at Camp Johnson, NC. They have tickets for a concert in Raleigh, NC, which is 120 miles one way. The concert begins at 2000 on Friday where they will be driving LCpl Canard's car. The Marines get off duty at 1630 that Friday but must be back to Camp Johnson by 0700 on Saturday morning because LCpl Canard has barracks duty.

3 What are some of the potential HAZARDS? Select all that apply.

- Amount of traffic to get to the concert on time
- Billeting
- Other Marines that want to go to the concert
- Fatigue coming home late
- Driving back at night or early morning

- Time the concert gets out
- Speeding
- Drinking at the concert
- The cost of food at the concert
- Vehicle Preparation

3 What are some possible SOLUTIONS? Select all that apply.

- Get a motel room and return early in the morning
- Purchase drinks at the concert
- Request to get off work a little early

- Designate a driver (no alcohol)
- Get a duty replacement
- Call from Raleigh, pretend you broke down and say you won't be there for duty

4 RM is a planning tool to assist us in making the right decisions. All Marines should conduct RM, on the job, on liberty and at home. RM does not eliminate risk. It does, however, help us to assess and manage risk to prevent or minimize _____? Select all that apply

- the amount of times you have duty
- death
- loss of equipment

- loss of resources
- injury
- how often you go to the field



Vehicle Inspection

Directions: Find and circle all words hidden in the puzzle from the list

Marines at all levels have a moral obligation to take care of the Marines and sailors under their charge. Vehicle inspections are intended to be a decision making and counseling tool for all personnel and their supervisors. Vehicle inspections ensure that your vehicle is properly maintained and functional for travel.

Y N A P M O C E C N A R U S N I E F E G
 R K M Z I X H A Z F I F M H U T K S Z V
 S O D I S N G B H L P C U M T S A S N K
 E T U Q R O S Q A P X R F J S E M K R M
 C G A H S R V U A T Q D F N S S E A F Q
 T B G T H T O N R O T K L T Q O L E R M
 S H X D E S E R I A N E E V K H C L K Z
 I N S Z W R E E S D N T R H L D I B C N
 L R W P L X E T R S P C L Y D N H F S G
 K O Y Y D E T G A I S P E E S A E I D C
 C H S T H G I L I A N J W P B S V P I O
 E O R W R B W G M S P G S I O T Q R U L
 H O Z E T A T S Z P T Y S O P L A G L O
 C T I R E S T O I Y B R P Y X E I E F R
 Q O L C X Y E A R C J X A A S B R C S P
 N S U O X B Z K W G Z Q F T E T I S Y M
 L O C K I N G D E V I C E S I P E D N Y
 L N B A S E S T I C K E R T U O A M G Y
 C G R B R A K E S O X O V A Z A N X A F
 E G A E L I M N X T Q L Z L E D O M O J

Word Bank:

- CHECKLIST
- YEAR
- MILEAGE
- INSURANCE POLICY
- BELTS AND HOSES
- LOCKING DEVICES
- VEHICLE MAKE
- BASE STICKER
- STATE REGISTRATION
- STEERING SYSTEM
- HORN
- MUFFLER
- BATTERY
- MODEL
- INSURANCE COMPANY
- TIRES
- LIGHTS
- MIRRORS
- STATE
- LEAKS
- BRAKES
- WIPERS
- SEATBELT
- FLUIDS



“Safety and operations must intertwine in such a manner that risk management and safety are a part of the planning and execution of all missions, exercises, and daily evolution. Risk awareness must be increased through aggressive training. Safety must become an enduring principle for the Marine Corps.”

General James L. Jones
 32nd Commandant of the Marine Corps

Health and Safety

		Probability of Occurrence			
		Likely A	Probably B	May C	Unlikely D
S E V E R I T Y	Cat I	1	1	2	3
	Cat II	1	2	3	4
	Cat III	2	3	4	5
	Cat IV	3	4	5	5

1=Critical 2=Serious 3=Moderate 4=Minor 5=Negligible

Hazard Severity

- Cat I – The hazard may cause death
- Cat II – The hazard may cause severe injury
- Cat III – The hazard may cause minor injury
- Cat IV – The hazard presents a minimal threat

Mishap probability

- A – Likely to occur immediately or within a short period of time.
- B – Probably will occur in time.
- C – May occur in time.
- D – Unlikely to occur.

The Marine Corps has a no tolerance drug policy. Drug use will ruin your career, and impact your future negatively by receiving a discharge that is other than honorable. Uphold our core values by making the right decision when it comes to drug use. JUST SAY NO!

1. What is the Marine Corps policy on drug distribution and use? *Select the correct answer.*

- You get a second chance
- No tolerance
- It's an epidemic
- It's ok if it's legal in your state

2. Steroids are illegal. What are the potential health risks associated with steroids? *Circle all that apply.*

- Increased sexual desire
- Violent Behavior
- Kidney Disease
- Depression
- Development of breasts in males
- Longer life expectancy
- Testicular shrinkage
- Acne
- Increased risk of heart attack or stroke
- Liver Tumors/Cancer
- Brain Cancer

3. SCENARIO: *Select the correct answers.*

You are on leave at a party with old friends. Someone pulls out a bag of marijuana. Next thing you know a joint is being passed around. It comes to you – your friends encourage you to take a hit. They tell you no one will find out by saying – “what happens on leave stays on leave.”

HONOR:

- Integrity – upright character
- Responsibility for actions
- Obey orders and regulations
- Follow the others
- Set the Example

COMMITMENT:

- Drug use is putting yourself before your mission and others
- Drug use is ok one time
- Drug use can let other members of the team down
- I won't get selected for a urinalysis

COURAGE:

- Demonstrate moral courage and resist peer pressure
- Self-Disciplined
- Loyalty to the Marine Corps
- Loyalty to your friends

4. How does the Marine Corps attempt to prevent or stop drug use? *Select all that apply.*

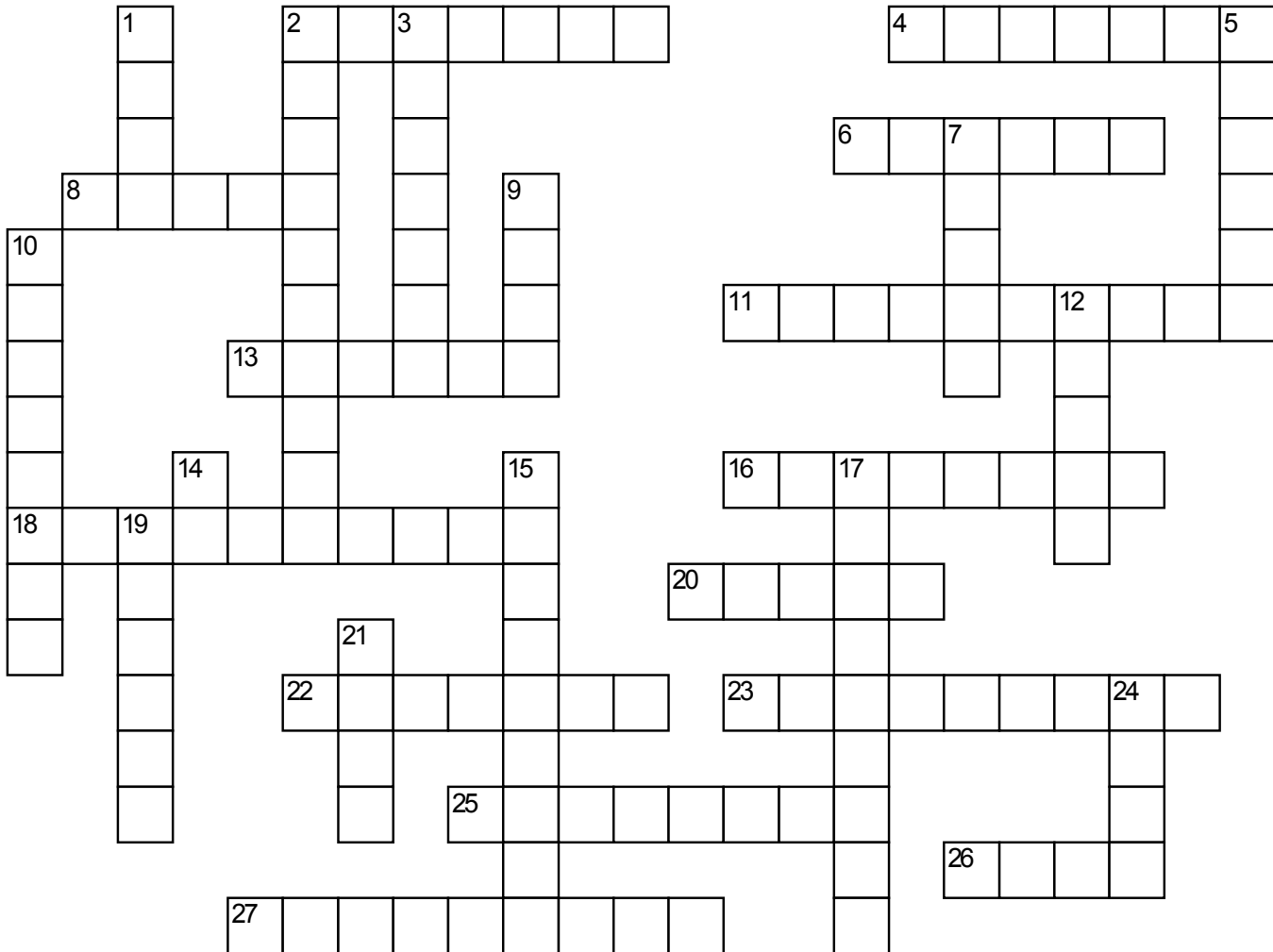
- Allows for first time offenders to only get a warning
- Educates Marines on our substance abuse policy
- Conducts urinalysis program to detour potential users and identify current users
- Aggressively prosecutes drug offenders through NJP or Court Martial and Other than Honorable or Bad Conduct Discharge



Tobacco Hazards

Directions: Using the word bank below and the clues on the other page, complete the crossword puzzle.

It is Marine Corps policy to discourage the use of tobacco products, protect all personnel from exposure to environmental tobacco smoke to the greatest extent possible, and provide users of tobacco products with encouragement and professional assistance in stopping their tobacco product dependency. The objective is to establish a safe, healthy, and "tobacco/smoke free" environment for all personnel.



Word Bank:

Tobacco	Diseases	Cancer	Drug
Leaves	Death	Smokeless	More
Chemicals	Middle	Heart	Three
Prohibited	Cigarettes	Menthol	Nicotine
No	Passive	Pipe	Secondhand
Designate	Lung	Absorbed	Safe
Stained	Blood	Addiction	Inhale

Non-Smoking Tobacco:

Chewing tobacco and snuff contains 28 carcinogens (cancer causing agents). The most harmful carcinogens in smokeless tobacco are tobacco-specific nitrosamines (TSNAs). They are formed during the growing, curing, fermenting and aging of tobacco.



Across

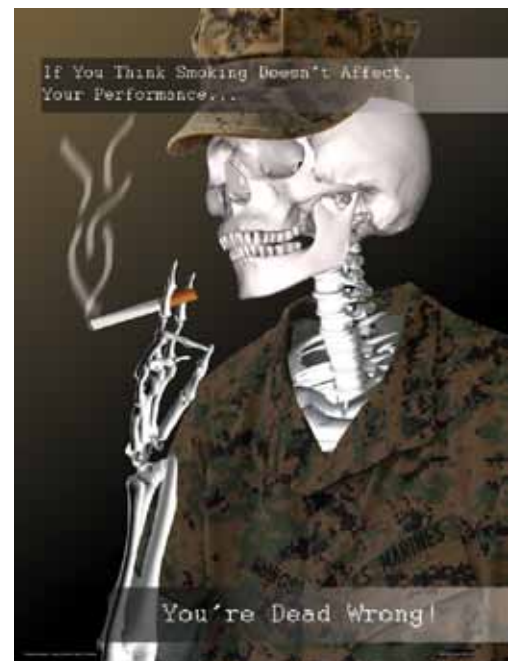
- 2 _____ smoking is a cause of additional episodes and increased severity of symptoms in asthmatic children.
- 4 Some research shows that _____ cigarettes may be more addictive than non-menthol cigarettes.
- 6 When you are around a person who is smoking, you _____ the same dangerous chemicals as the smoker.
- 8 _____ rates for smokers are two to three times higher than for non-smokers at all ages.
- 11 Lower tar _____ do not substantially reduce the risk of heart attack in smokers.
- 13 About half of all smokers who are killed by tobacco die in _____ age and loose up to 20-25 years of their life.
- 16 Nicotine is quickly _____ into your bloodstream and within 10 seconds of entering your body; the nicotine reaches your brain which causes the brain to release adrenaline, creating a buzz of pleasure and energy.
- 18 _____ smoke is the combination of smoke from the burning end of a cigarette and the smoke exhaled by smokers.
- 20 Heart and blood vessel problems: blood clots and aneurysms in the brain, _____ clots in the legs, coronary artery disease, high blood pressure, poor blood supply to the legs, problems with erections because of decreased blood flow into the penis.
- 22 It is Marine Corps policy to establish a safe, healthy, and "_____/smoke free" environment for all personnel.
- 23 Tobacco contains more than 19 known cancer causing _____.
- 25 Using two cans of snuff a week gives you as much _____ as someone who smokes one and a half packs of cigarettes a day.
- 26 Nicotine, found in all tobacco products, is a highly addictive _____ that acts in the brain and throughout the body.
- 27 Commanding officers may _____ and post smoking areas.

Down

- 1 Cigar and _____ smoke, like cigarette smoke, contains toxic and cancer-causing chemicals that are harmful to both smokers and non-smokers.
- 2 Smoking is _____ in Marine Corps occupied buildings and facilities.
- 3 Personal hygiene disadvantages from smoking include: halitosis, _____ teeth, discoloration of the mouth and fingernails.
- 5 Tobacco is a plant; its _____ are smoked, chewed, or sniffed for a variety of effects.
- 7 Those who are regularly around the smoke of others (secondhand smoke) have a higher risk of: _____ attack and disease, lung cancer, sudden and severe reactions, including those involving the eye, nose, throat, and lower respiratory tract.
- 9 There is no _____ exposure to secondhand smoke.
- 10 _____ associated with tobacco include: cancer, upper respiratory ailments such as emphysema, bronchitis, and aggravated tuberculosis, and heart disease.
- 12 Holding an average-sized dip in your mouth for 30 minutes can give you as much nicotine as smoking _____ cigarettes.
- 14 There is _____ smoking in bachelor officer quarters or bachelor enlisted quarters' rooms or squad bays.
- 15 _____ keeps people smoking even when they want to quit.
- 17 Smokers who switch to _____ tobacco instead of quitting tobacco completely still have a number of health risks: Increased risk of mouth or nasal cancer, gum problems, tooth wear, cavities, worsening high blood pressure and angina.
- 19 Other health risks or problems: _____, poor wound healing, lung problems, such as emphysema and chronic bronchitis, or asthma that is harder to control, problems during pregnancy, decreased ability to taste and smell, harm to sperm, loss of sight due to macular degeneration, tooth and gum diseases, wrinkling of the skin.
- 21 Dip and chew contain _____ nicotine than cigarettes.
- 24 Exposure to environmental tobacco smoke is a cause of _____ cancer in lifelong non-smokers.



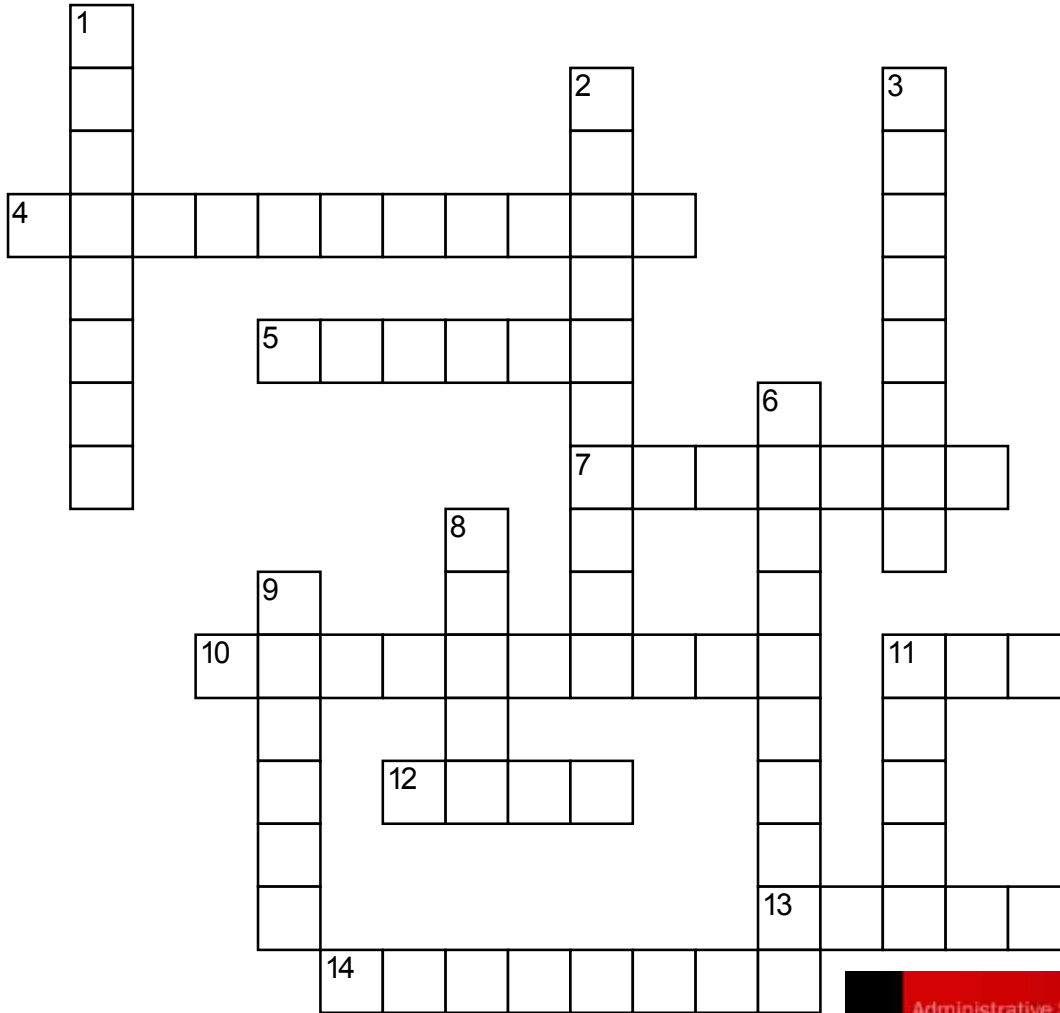
For more ways to stop smoking contact your:
Battalion Aid Station or visit:
smokefree.gov



Underage Drinking

Directions: Using the word bank below and the clues on the other page, complete the crossword puzzle.

Possession or consumption of alcoholic beverages while under the age of 21 on any Marine Corps installation located in the United States or territories is prohibited. Selling or providing alcohol to anyone under the minimum drinking age is prohibited. Persons selling or providing alcohol to others are required to take reasonable steps to ensure the person receiving the alcohol is above the minimum drinking age.



Word Bank:

- Peer
- Dependence
- Function
- Drugs
- Sexual
- Risky
- Alcohol
- Die
- Binge
- Tablespoons
- Deaths
- Punishable
- Forfeiture
- Purchase
- Unlawful



Punishment.



Beer: \$4

NJP: \$600


Under Age Drinking: ILLEGAL!

You must be **21 & over**

Administrative Separation
 Disrupt Unit Readiness
 Extra Punitive Duties
 Loss of License

THE CONSEQUENCES LAST LONGER THAN THE PARTY

Car Accident
 Loss of "96"
 Loss of Rank
 Loss of Dignity
 A Night in Jail
 Brig Time
 Arrested
 Legal Hold
 Loss of Pay
 Loss of Pride
 Restriction



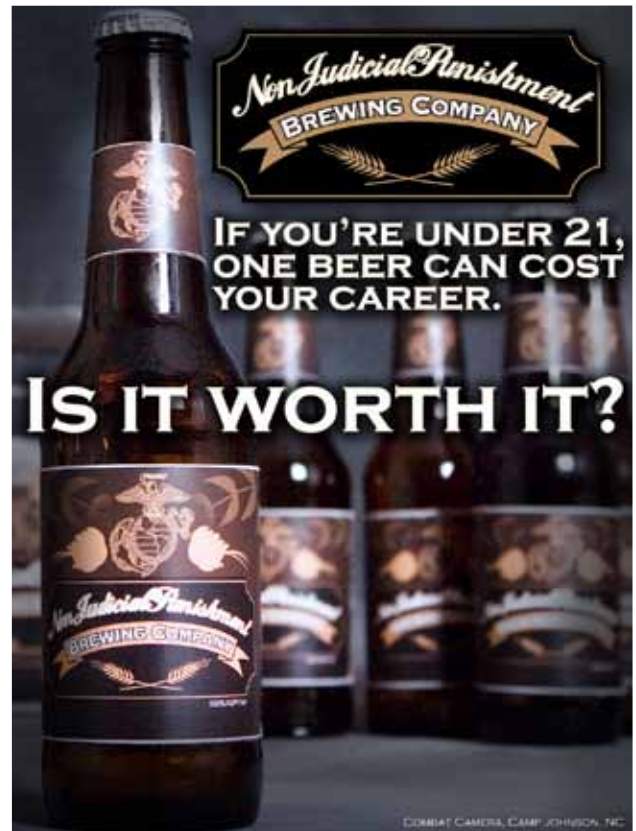
THE LEGAL DRINKING AGE IS 21!

Across

- 4 A standard drink is roughly 1.2 _____ of pure alcohol, which is found in: 12 ounces of beer (5% alcohol), 5 ounces of wine beer (12% alcohol), or 1.5 ounces of distilled spirits beer (40% alcohol).
- 5 Aggressive behavior, property damage, injuries, violence, and _____ that can result from underage drinking.
- 7 In 2013, about 190,000 people under age 21 visited an emergency room for _____-related injuries.
- 10 Underage drinking can lead to learning problems and/or make the brain more prone to alcohol _____.
- 11 Every year in the United States, about 5,000 young people under age 21 _____ as a result of underage drinking.
- 12 Reasons for drinking underage include: _____ pressure, increased independence, or desire for it and stress.
- 13 Drinking can lead to poor decisions about engaging in _____ behavior, including drinking and driving, sexual activity (such as unprotected sex), and aggressive or violent behavior.
- 14 If you are over the age of 21 you will not _____ or provide alcoholic beverages to any person under the age of 21.

Down

- 1 It is _____ for any Marine under the age of 21 to purchase, possess, provide, or consume alcoholic beverages.
- 2 Drinking under age is _____ under the UCMJ.
- 3 Your brain continues to develop into your 20s. Alcohol can alter this development, potentially affecting both brain structure and _____.
- 6 Marines caught drinking underage can face: reduction in grade, _____ of pay, restriction, administrative separation, and brig time.
- 8 _____ drinking is consuming too many drinks on a single occasion.
- 9 Underage drinkers are more likely to carry out or be the victim of a physical or _____ assault after drinking than others their age who do not drink.
- 11 Drinking alcohol also is associated with the use of other _____.

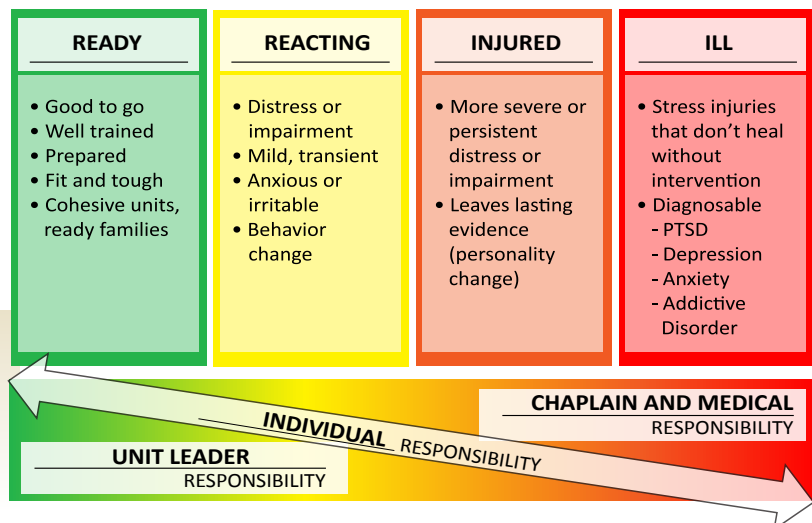


Combat & Operational Stress & Operational Stress Control Directions: Write the correct letter next to the title.

Even the most motivated and well-trained Marines can find themselves challenged by combat and operational stress. Marines across the total force maintain their warfighting capabilities by proactively addressing the impacts of stress. Some Marines can overcome stress-related issues on their own, and some are going to need additional support. Encourage those who need help to get help.

- Combat & Operational Stress Control**
- Combat Stress**
- Mental Health**
- Operational (or Occupational) Stress Control**
- Operational Stress**
- Psychological Health**
- Resilience**
- Stress Illness**
- Stress Injury**
- Stressor**
- Stress Reaction**

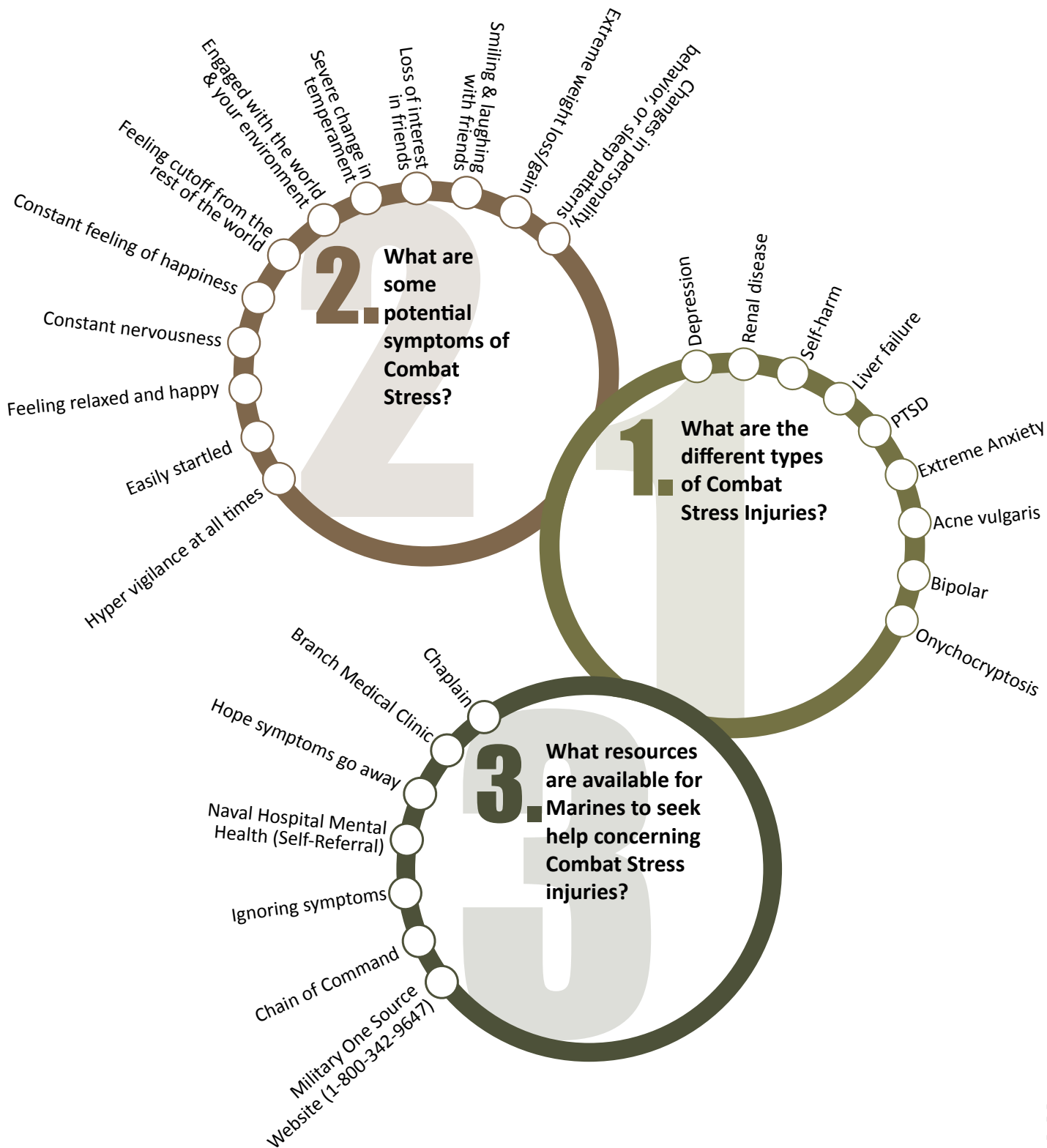
- A.** The common, temporary, and often necessary experience of mild distress or changes in functioning due to stress from any cause.
- B.** More severe and persistent distress or loss of functioning caused by disruptions to the integrity of the brain, mind, or spirit after exposure to overwhelming stressors. Stress injuries are invisible, but literal, wounds caused by stress, but, like more visible physical wounds, they usually heal, especially if given proper care.
- C.** Changes in physical or mental functioning or behavior resulting from the experience or consequences of military operations other than combat, during peacetime or war, and on land, at sea, or in the air.
- D.** Any mental or physical challenge or set of challenges.
- E.** The absence of significant distress or impairment due to mental illness. Mental health is a prerequisite for psychological health.
- F.** Wellness in mind, body, and spirit.
- G.** A diagnosable mental disorder resulting from an unhealed stress injury that worsens over time to cause significant disability in one or more spheres of life.
- H.** The process of preparing for, recovering from, and adjusting to life in the face of stress, adversity, trauma, or tragedy.
- I.** Leader actions and responsibilities to promote resilience and psychological health in military units and individuals, including families, exposed to the stress of combat or other military operations.
- J.** Leader actions and responsibilities to promote resilience and psychological health in military units and individuals, including family members, exposed to the stress of routine or wartime military operations in noncombat environments.
- K.** Changes in physical or mental functioning or behavior resulting from the experience of lethal force or its aftermath. These changes can be positive and adaptive or they can be negative, including distress or loss of normal functioning.



Stress Continuum:

The Stress Continuum is a tool for recognizing where we are in response to stress and helps us understand what actions may be needed.

Stress affects every Marine whether deployed to theatre of operations or even those remaining in garrison. Effectively managing stress is vital to the readiness of the Marine Corps as a fighting force and to maintaining the long-term health and well-being of all Marines, Sailors, and their families. Identifying the types and symptoms of stress and then seeking help is crucial.



Known Triggers of Suicidal Behavior

Directions: Find and circle all words hidden in the puzzle from the list

Suicide is the second leading cause of death in the Marine Corps. Knowing your fellow Marines is the best way to recognize changes in behavior. It is also important to proactively ask about possible thoughts of suicide when unit members are dealing with significant life difficulties. Don't assume that merely because someone has not told you they are feeling suicidal, that they are safe. Be especially vigilant with individuals facing multiple stressors. Such individuals are typically at higher risk for suicide.

F I N A N C I A L S T R E S S A Y K Z C D J K T T
 B P P T N L E A V I N G F A M I L Y S W C B U Z D
 F S E R V I C E D I S C H A R G E D E T F O A B Y
 L O G S I N T E R P E R S O N A L P E W S V A G A
 R Q S G L Q T H U M I L I A T I O N K A Q W I E Z
 I L Q R I D I C U L E H A K I G M G Q N T M G P Q
 A D R U G A B U S E U Q Y J Q A P Z E A C H Q O U
 Q M Q C D B T R V J R O L O S S O F S T A T U S B
 O V F D I S C I P L I N A R Y D I F F I C U L T Y
 L Q I F C B X W B A D F I T N E S S R E P O R T E
 E S U I C I D E O F F R I E N D R O X Z O Z O K E
 G R E J E C T I O N L Y W K U W J A D C Z T Z X I
 A L C O H O L A B U S E Y L K J Y I S R A J A H F
 L Q L U F A M I L Y C O N C E R N S M R Z M A V Y
 D L I N M E F A M I L Y M E M B E R S U I C I D E
 I C S B A D W O R K E V A L U A T I O N S E A E T
 F Y L B A M P U L O S S O F S E L F E S T E E M M
 F H N E W M I L I T A R Y A S S I G N M E N T C A
 I B N W E N Y F H D B Z D E P L O Y M E N T S E A
 C D I S C H A R G E F R O M T R E A T M E N T L M
 U X W L Y R E L A T I O N S H I P B R E A K U P K
 L N L S C T E S J H R X J Y D B E I N G A L O N E
 T W S W T N S R R E T I R E M E N T P R X W I E A
 Y O D Q V Q C O N C E R N S A B O U T S E L F G M
 L E A V I N G O L D F R I E N D S F A Z B O F P F

MYTH:

Fear of command having complete access to mental health records....

A common fear Marines have is that their Commander will have complete access to their mental health records. However the fact is, for most who self-refer to Mental Health, confidentiality is maintained. In cases where information is released, the cases either involve mandatory reporting or the unit leadership was solicited to be a resource for the member (with the Marine's consent).

OSCAR Resource Guide

Word Bank:

- | | |
|--------------------------|-------------------------|
| ALCOHOL ABUSE | INTERPERSONAL |
| BAD FITNESS REPORT | LEAVING FAMILY |
| BAD WORK EVALUATIONS | LEAVING OLD FRIENDS |
| BEING ALONE | LEGAL DIFFICULTY |
| CONCERNS ABOUT SELF | LOSS |
| DEATH | LOSS OF SELF ESTEEM |
| DEPLOYMENTS | LOSS OF STATUS |
| DISCHARGE FROM TREATMENT | NEW MILITARY ASSIGNMENT |
| DISCIPLINARY DIFFICULTY | REJECTION |
| DRUG ABUSE | RELATIONSHIP BREAKUP |
| FAMILY CONCERNS | RETIREMENT |
| FAMILY MEMBER SUICIDE | RIDICULE |
| FINANCIAL STRESS | SERVICE DISCHARGE |
| HUMILIATION | SUICIDE OF FRIEND |

How many Marines does it take to SAVE A LIFE?

Just one.

ACT
 Ask - Care - Treat
 Ask if someone is thinking about suicide.
 Let them know you CARE.
 Get them assistance (TREATment) as soon as possible.

Local Resource Information
 Naval Hospital Emergency Room: 450-4547
 Camp Johnson Clinic: 450-5723
 Chain of Command
 Camp Johnson AOCOD: 450-1345
 Camp Johnson Area Chapter: 450-5991
 Lifetime Suicide Hotline: 1-800-273-8255

www.usmc-mccs.org/suicideprevent/

Directions: Find and circle all words hidden in the puzzle from the list. **Suicidal Behavior Risk Factors**

Suicide is the second leading cause of death in the Marine Corps. Suicide prevention is the responsibility of the entire Marine Corps community. Suicidal Behavior Risk factors are those things that increase the probability that difficulties will turn into serious behavioral or physical health problems. The presence of risk factors does not automatically mean someone will become suicidal, but it raises that risk. Many of these risk factors can be modified, reduced, or eliminated.

H E V R J U Q N J Q D O B X C T F K Y M D G M S F
 N Q C Q K L G X F H G A E D B H T S J G O C Q G C
 N B G R X C M B R E T I R E M E N T F B H Q J N O
 O W F W O R K R E L A T E D P R O B L E M S B L L
 J O U P O W E R L E S S N E S S R B I Q O H Z J H
 Q J D I S C H A R G E T R A N S I T I O N Q K D E
 R F Y H K K S D S E V E R E S T R E S S L W A R L
 C M R T J A A D A K L N T Z L T J W J G P J N V P
 D Z V F H O P E L E S S N E S S X P E Y W T O J L
 Q F S Q J B J P R O L O N G E D S T R E S S L L E
 A A R O X L E G A L A C T I O N P E N D I N G Z S
 S N U N M A N A G E A B L E S T R E S S N W D A S
 G G X W E A P O N A C C E S S K Z G E W C E A W N
 F X S E R I O U S M E D I C A L P R O B L E M G E
 W L G F R W B S U B S T A N C E A B U S E A Z A S
 O L F I N A N C I A L P R O B L E M S D J R E B S
 O P R E V I O U S S U I C I D E A T T E M P T S D
 P U M I S E D C C P P C S T R A N S I T I O N B A
 F Z I U V R W X X H K E R W F C N O W G C T D O K
 M B K H P P E R S O N A L S E T B A C K A W E Z N
 P X K O W Q M G V S I G N I F I C A N T L O S S G
 R E L A T I O N S H I P P R O B L E M S T P B S W
 D I S C I P L I N A R Y P R O B L E M S W S T P U
 R N F R C A R E E R S E T B A C K T D H M E E U F
 O O C Y A A X D Z J J E R H H S W S O M P G E Q O

Word Bank:

- CAREER SETBACK
- FINANCIAL PROBLEMS
- LEGAL ACTION PENDING
- POWERLESSNESS
- RELATIONSHIP PROBLEMS
- SEVERE STRESS
- UNMANAGEABLE STRESS
- DISCHARGE TRANSITION
- HELPLESSNESS
- PCS TRANSITION
- PREVIOUS SUICIDE ATTEMPTS
- RETIREMENT
- SIGNIFICANT LOSS
- WEAPON ACCESS
- DISCIPLINARY PROBLEMS
- HOPELESSNESS
- PERSONAL SETBACK
- PROLONGED STRESS
- SERIOUS MEDICAL PROBLEM
- SUBSTANCE ABUSE
- WORK RELATED PROBLEMS



Potential suicide risk signs or signals:

- Believes he or she is in a hopeless situation.
- Appears depressed, sad, tearful; may have changes in patterns of sleep and/or appetite.
- May talk about or actually threaten suicide, or may talk about death and dying in a way that strikes the listeners as odd.
- May show changes in behavior, appearance, or mood.
- May increase or start drug or alcohol use.
- May injure self, or engage in risky behavior.
- Abandon plans for the future.
- May start withdrawing from others, including family and close friends.
- May give away possessions.
- May appear apathetic, unmotivated, and indifferent.

MYTH:

Fear that seeking help will negatively impact your career....

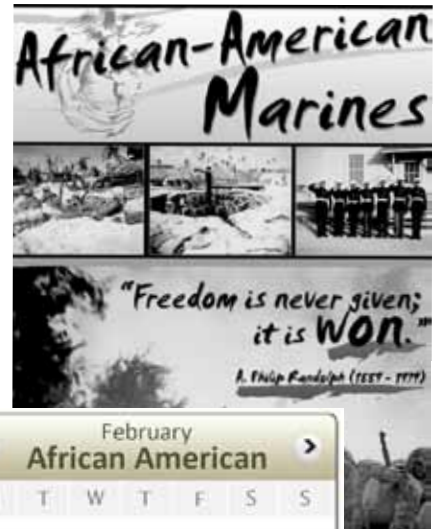
Unfortunately, this often means a Marine in distress delays seeking help until the problem becomes so big that it affects their behavior both on and off work until, ultimately, they begin to collect Page 11 counseling entries, and/or NJPs. The consequence of waiting too long to seek help is what damages their career. Getting help early does not. Combat the MYTH that seeking help early damages careers.

Heritage

Directions: Find and circle all of the hidden words that are highlighted within the heritage month passages.

Since 1968 heritage observances have been designed to enhance cross-cultural awareness and promote harmony among all military members, their families and the civilian work force. They are set aside to recognize the achievements and contributions made by members of specific racial or ethnic groups.

T B B Z I N A C I R E M A N A C I R F A
 R Z P A C I F I C I S L A N D E R Y I O
 T J K C H A R E T T E Z M U T T E R K Z
 L C P I B G G C A R E W O Y C G P O Z U
 R H J N A B A S I A N A M E R I C A N W
 E E L A R R O T R Z H C R X T P J H B E
 E W S P N A E Q F A C U A H K N K O C S
 L E O S W N F N S E S E V L A S N O G L
 N E I I E C G H A O V M Q T X U G D B E
 I N Y H L H M G Q J F W I Q Y L S J H Y
 M L Q T L A L G X B Q V X F O Z H F P I
 A E B S R E K L A T E D O C O J A V A N
 J E I K R E R Z Y A R H P N O S N H O J
 N G H Z Y K W O M E N S H I S T O R Y Q
 E B P E R R Y E L W E J R D A W I K Q S
 B S Z E L O R I A A B I I B S N N X L P
 V D D T E I X U K A R S A Z E D L A V L
 L E A H C I M C M X F C H Q Y Z R N F F
 H S T A V L S X C X A V D C A L X A A Z
 C E N D U L I N S K Y K O S H E C M S B



February
African American

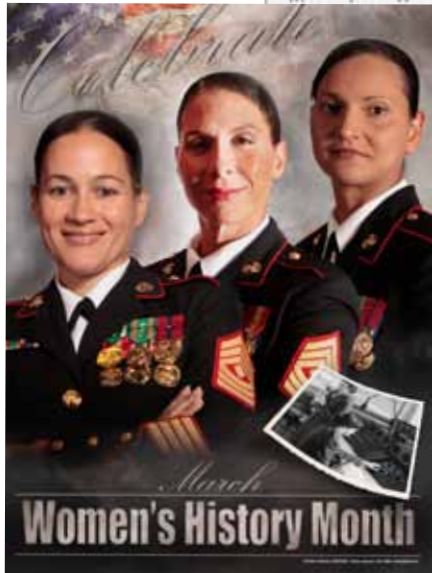
M T W T F S S

African American History Month
 Howard P. **Perry** was the first African American recruit to join the US Marine Corps in June 1941.

Frederick Clinton **Branch** was the first African-American officer of the United States Marine Corps.

Sergeant Major Gilbert "**Hashmark**" Johnson was one of the first African American drill instructors in the Marine Corps. Johnson was known as "Hashmark" because he had more service stripes than rank stripes.

Sergeant Major Alford **McMichael** assumed his post as the 14th Sergeant Major of the Marine Corps, becoming the first African American to hold the post.



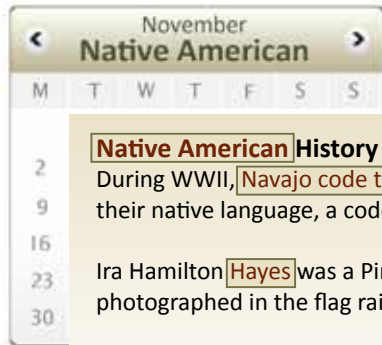
March - Women's History Month
 Pvt Opha Mae **Johnson** becomes the first woman to enlist in the Marine Corps Reserve in 1918.

Staff Sergeant Barbara Olive **Barnwell** was the first female Marine to be awarded the Navy and Marine Corps medal for saving a fellow Marine from drowning in the Atlantic Ocean in 1952.

March 18, 1967 Master Sergeant Barbara Jean **Dulinsky** was the first woman Marine to serve in a combat zone in Vietnam.

Cpl Ramona M. **Valdez** and LCpl Holly A. **Charette** were the first women Marines killed in Iraq when an improvised explosive device detonated near their convoy vehicle in Fallujah, Iraq on June 23, 2005.



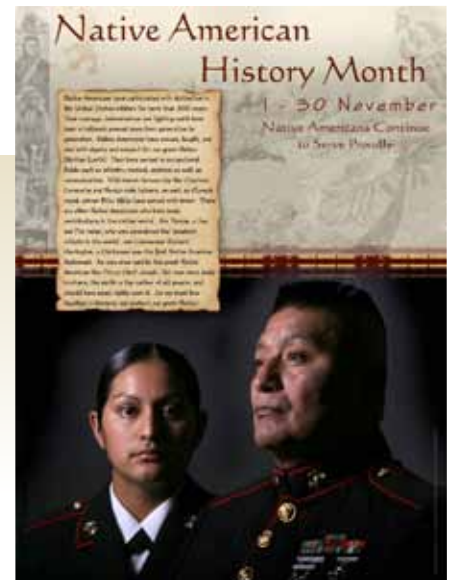


Native American History Month

During WWII, **Navajo code talkers** transmitted messages by telephone and radio in their native language, a code that the Japanese never broke.

Ira Hamilton **Hayes** was a Pima Native American who was one of the six flag raisers photographed in the flag raising on Iwo Jima during World War II.

Private First Class **Wesley** Eagle was posthumously awarded the Navy Cross during the Iwo Jima Campaign on 10 March 1945 where he became the sole remaining Browning Unit Rifleman from his unit able to counter the fire.

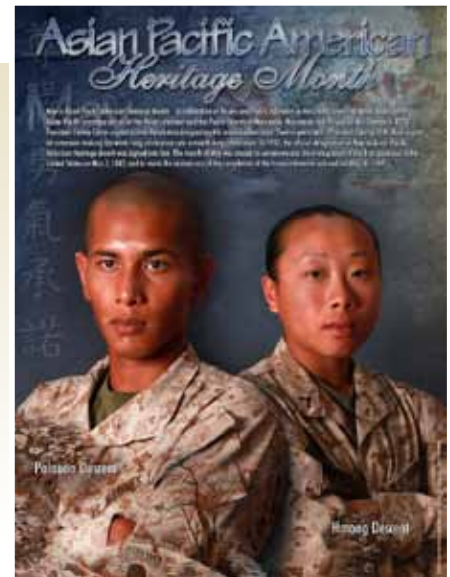


Asian American and Pacific Islander History Month

On December 15, 1943, 2dLt Wilbur Carl **Sze** was the first Chinese American Officer commissioned in the Marine Corps.

1stLt Kurt **Chew-Een Lee** was awarded the Navy Cross for extraordinary heroism in pressing a counterattack and driving hostile forces from the sector during the Korean War.

Major **Benjamin Lee** received the Navy Cross for action against enemy aggressor forces in the Republic of Korea on 29 March 1953.



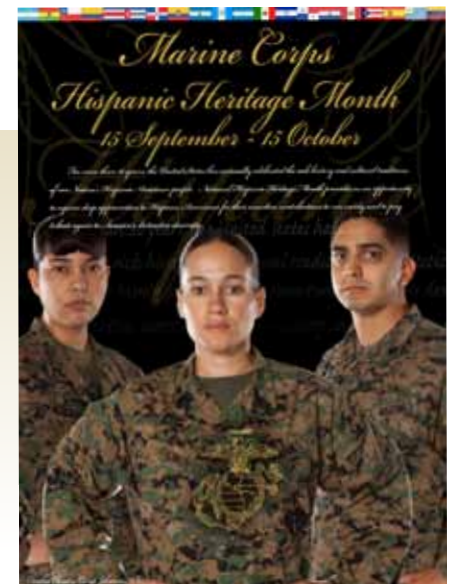
Hispanic Heritage History Month

PFC Harold **Gonsalves** flung himself on a grenade taking the full explosion into his own body for his fellow Marines on April 15, 1945.

Joseph M. **Acaba** became the first person of Puerto Rican heritage to be named as a NASA astronaut candidate on 19 in May 2004.

Rod **Carew** served in the Marine Corps from 1966 to 1971, he was to later become a baseball Hall of Famer.

LtCol Christopher J. "Gus" **Loria** flew 42 combat missions during Operations Desert Shield and Desert Storm. He was later selected by NASA in April 1996.



Resources Part 1

Directions: Match the "resource" definition to the "resource" title. Write the correct letter next to the title.

Getting help for combat and operational stress is important. There are many options for support, and finding the right resource is a matter of individual fit. A best fit option for a Marine will consider the individual's needs, personal preferences, location, and eligibility. If one resource is not the right fit, it is okay to try a different one.

Family Readiness Officer (FRO)

Operational Stress Control And Readiness (OSCAR) Extenders

Substance Abuse Control Officer (SACO)

Military And Family Life Consultants (MFLCs)

Operational Stress Control And Readiness (OSCAR) Mental Health Professionals (MHPs)

Sexual Assault Response Coordinator (SARC), Victim Advocate (VA), and Uniformed Victim Advocate (UVA)

Operational Stress Control And Readiness (OSCAR) Team Members

Wounded Warrior Regiment (WWR)

Military Onesource

Exceptional Family Member Program (EFMP)

Behavioral Health Information Network (BHIN)

Equal Opportunity Advisor (EOA)/ Equal Opportunity Representative (EOR)

American Red Cross

Chaplains Religious Enrichment Development Operation (CREDO)

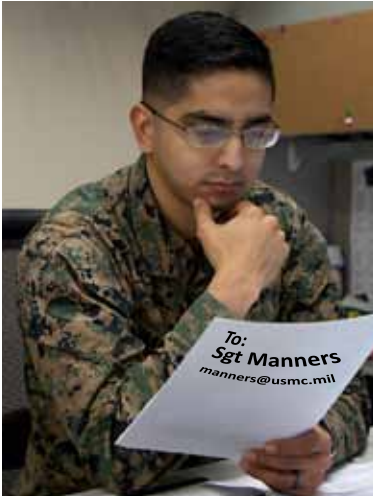
Chaplain

- A. Sailors who are ordained ministers, trained to provide pastoral care to Marines of any faith.
- B. Subject matter expert on harassment and discrimination.
- C. Knows local resources available for specific units to coordinate associated training as applicable. They connect families with appropriate resources family members.
- D. Experienced behavioral health professionals who work with Marines and their families to address deployment/return and reunion issues as well as other stressors.
- E. Medical staff, chaplains, corpsmen, religious program specialists, and other professionals. They bridge the gap between Marine OSCAR Team Members and OSCAR MHPs.
- F. Specialized medical personnel, which includes uniformed psychiatrists, psychologists, mental health nurse practitioners, psychiatric and psychological technicians, and licensed clinical social workers.
- G. Marines of all ranks trained to identify, support, and advise Marines with stress reactions. They are available to provide informal briefings and implement the Commander's Combat and Operational Stress Control (COSC) and OSCAR programs.
- H. A commander's subject matter expert on substance abuse. Provides education on substance abuse and are involved with urinalysis testing.
- I. Are dedicated to making certain that victims of sexual assault receive responsive and continuous care with timely access to supportive services. www.safehelpline.org 1-877-995-5247
- J. Provides and enables assistance to wounded, ill, and injured Marines, Sailors attached to or in support of Marine units, and their family members. www.woundedwarriorregiment.org
- K. The distribution center for free educational tools that address behavioral health topics.
- L. A free service provided by the Department of Defense to Service members and families. Issues can be addressed through self-directed reading or counseling. www.militaryonesource.mil
- M. A non-governmental organization with a special relationship with the U.S. military. They are responsible for delivering notification of home-front emergencies or births to Service members who are deployed or in the field. www.redcross.org
- N. The Chief of Navy Chaplains-sponsored, relationship enrichment training designed to help improve job performance and to enhance the overall quality of life for Active Duty Service members and their families.
- O. A mandatory program for Marines with family members who have exceptional physical, mental, emotional, or special education needs. <https://ehqmc.usmc.mil/sites/family/mfy/default.aspx>

Getting help for combat and operational stress is important. There are many options for support, and finding the right resource is a matter of individual fit. A best fit option for a Marine will consider the individual's needs, personal preferences, location, and eligibility. If one resource is not the right fit, it is okay to try a different one.

- | | |
|--|--|
| <input type="checkbox"/> Marine Corps Family Team Building (MCFTB) | A. Project addresses the impact of parental combat operational stress injuries and combat-related physical injuries on military children. http://focusproject.org |
| <input type="checkbox"/> National Suicide Prevention Lifeline | B. The umbrella term for the recreational, educational, and counseling services within the Marine Corps community www.usmc-mccs.org |
| <input type="checkbox"/> DSTRESS LINE | C. Provides resources and standardized training in the areas of Family Readiness, Readiness and Deployment Support, LifeSkills, and Lifestyle Insights, Networking, Knowledge, and Skills (L.I.N.K.S.). |
| <input type="checkbox"/> Navy-Marine Corps Relief Society | D. Is an anonymous behavioral health counseling service that gives Marines, attached Sailors, and family members a place to call and speak with "one of their own." www.DSTRESSLINE.com/ |
| <input type="checkbox"/> Marine Corps Community Services (MCCS) | E. Provides free and confidential support 24 hours a day, 7 days a week, to people in crisis or emotional distress. 1-800-273-TALK (8255) www.suicidepreventionlifeline.org/ |
| <input type="checkbox"/> Substance Abuse Program/ Substance Abuse Counseling Center (SACC) | F. Coordinates all clinical care for medical and behavioral health issues. http:// www.tricare.mil/mtf |
| <input type="checkbox"/> Families Overcoming Under Stress (FOCUS) | G. Prevention specialists, drug demand reduction specialists, and substance abuse counseling resources that are designed to address the prevention and treatment of substance abuse within the Marine Corps community. |
| <input type="checkbox"/> Marine For Life | H. Community based and part of the U.S. Department of Veterans Affairs. These centers provide confidential treatment and referrals. www.vetcenter.va.gov |
| <input type="checkbox"/> Marine Corps Institute (MCI)/MARINET | I. The U.S. department that manages veterans' benefits including medical services. www2.va.gov/directory/ |
| <input type="checkbox"/> Navy Medical Facilities and other Military Treatment Facilities (MTFs) | J. Facilitate training and education of individual Marines, anywhere at any time through self-paced courses available to all Marines at no cost. www.mci.usmc.mil www.marinenet.usmc.mil |
| <input type="checkbox"/> Vet Centers | K. Provides free, professional legal help to Active Duty and retired military members, their eligible dependents, and other authorized persons including Reservists on active federal duty for 30 days or more and dependents of certain deceased military members. http://legalassistance.law.af.mil/content/locator.php |
| <input type="checkbox"/> Marine Corps Legal Assistance Program | L. Provides connections, assistance, and mentorship to Marines pursuing civilian employment, higher education, or professional certification. The program is available to Active Duty Marines about to enter civilian life, Marine reservist, and all Marine veterans throughout their lives. www.marineforlife.org |
| <input type="checkbox"/> Department Of Veterans Affairs (VA) | M. Provide need-based financial assistance. They offer financial counseling, no-interest loans, grants, various support services, and referrals too community-based resources when available. https://nmcrs.org |
| <input type="checkbox"/> Family Advocacy Program (FAP) | O. A multi-faceted, multi-disciplinary resource that is designed to address child abuse and domestic abuse within the Marine Corps community through prevention, intervention, and treatment. |





Dear Sgt Manners:

Common sense, tact, manners, and ordinary courtesy are the fundamentals of social success in the Marine Corps. First impressions are most important. Remember, you don't get a second chance to make a good first impression. Common courtesies are the little gestures that we perform out of respect for others. They can be as simple as holding open a door or letting someone go ahead of you in a long line, to something as grand as sharing a homemade meal. Most importantly, they are characterized by a specific awareness of our surroundings and how our behavior may affect those around us. Using words and phrases like "please" - "thank you" - "you're welcome" and "excuse me" at appropriate times are important to being polite.

1. PFC Brady and I went out to eat last week. Just as I was starting to eat my hot wings, Sgt Jacobs and Sgt Smith, who were also at the same restaurant, stopped by our table to chat. As Sgt Smith talks to us about our plans for that evening, PFC Brady's cell phone *pings* with an incoming text message. PFC Brady looks down and sees his girlfriend's message "CALL ME IMMEDIATELY!" What should PFC Brady do?

- a. PFC Brady should immediately pick the phone up and call his girlfriend.
- b. PFC Brady should wait until Sgt Smith is done talking and then call his girlfriend.
- c. PFC Brady should breakup with his girlfriend; no one needs that kind of stress.
- d. PFC Brady should turn his phone off.

2. This weekend PFC McKenna and I were at the local Mall Game Shop shopping for the latest edition of Mind Creeper Doom Slayer v.4.3b for my Xbox. The clerk behind the counter was unprofessional and rude, she rolled her eyes when she talked to us. There was no reason for her to do this because we didn't do anything to her. This isn't the first time someone in that store has been rude to us or other Marines. The lady behind the counter is always rude to us first. How do we handle it?

- a. Tell her off. There is no reason to be polite to her when she is rude to us.
- b. Mock her and make fun of her to her face. There isn't anything she can do about it.
- c. Remain polite and courteous. If the situation warrants it, calmly remember the clerks name and file a complaint with the Company. Most large Company's have online websites for customer service. Be professional and clear if you do file a complaint.
- d. Yell at her.

3. Last night LCpl McPeak and LCpl Butler were eating dinner at a local restaurant when the waiter told them that a couple sitting at a nearby table is grateful for their service and has paid for our dinner. How should they have handled this situation?

- a. Fist-bump each other and yell "SCORE!"
- b. Order two more dinner items "to go" to take back to the barracks.
- c. Thank the waiter for the information and ask who the couple was that paid for your dinner. Then, respectfully approached the couple, thank them for paying for your dinner and shake their hands. The couple was incredibly kind to you and you should've shown them that you were grateful and thanked them for their kindness.
- d. Leave the restaurant without thanking them. The couple should've approached the table first.

4. While at the airport in Atlanta waiting on line for my ticket to fly back to Camp Johnson a woman clearly cut in front of me. What do I do?

- a. Look her straight in the eye and yell "HEY, NO CUTTING."
- b. Calmly and politely tell the woman "Pardon me, the line is formed behind me."
- c. Cut in front of the woman and then mean mug her.
- d. Tell the woman in a calm but very firm voice to move to the back before you call someone to have her moved.

5. My Platoon Sergeant and his wife invited me to their house on Thanksgiving. I don't know if I want to go yet, because I want this girl to ask me to her place. My Sergeant says he needs an answer from me so his wife can plan the meal. I told the Sergeant I really couldn't tell him until Thanksgiving morning and he said that wasn't good enough. What do I do?

- a. You should always reply, or R.S.V.P. which is an acronym derived from the French phrase Répondez'ilvousplaît, or in English, respond please, to any invitation you receive as soon as possible. This will allow your host/hostess time to prepare. Not responding is not only unfair to your hostess but it is also very rude and ill-mannered.
- b. Tell your Sergeant if he can't wait for you, then you won't attend.
- c. Find somewhere else to eat, somewhere that understands your dilemma.
- d. Don't worry about anything; just do what you want when it's Thanksgiving day.

- 6.** I saw a woman on the bus yesterday. She was pregnant and holding the hand of a little kid. There were no seats left on the bus so she had to stand. She looked uncomfortable. I didn't know if I should offer her my seat or not. Should I give her my seat?
- a. *Yes, on a bus or street car, or any type of public transportation, a male or female Marine always gets up and offers their seat to a pregnant woman; a woman with packages or children; an elderly woman or man, a disabled woman or man; basically, anyone with need. It is the right thing and the kind thing to do.*
 - b. *No. It is your seat. Don't give it to anyone.*
 - c. *Yes, but only give your seat to members of the opposite sex.*
 - d. *Don't worry about it, someone else can give up their seat.*
- 7.** Our Section Staff Non Commissioned Officer in Charge, Gunnery Sergeant's, Grandmother passed away suddenly yesterday. We like our Gunnery Sergeant and don't want to see her hurt. How do we tell her we are sorry for her loss?
- a. *Send her a Sympathy Card, signed by all members of your section.*
 - b. *Send her and her family flowers.*
 - c. *Tell her how sorry you are for her loss.*
 - d. *Ignore her.*
- 8.** I made a big mistake and hurt a lot of people's feelings. It is all my fault. I am wrong. I don't know how to make it right. What do I do?
- a. *Know yourself and seek self-improvement. Learn from your mistakes. Making and accepting apologies gracefully are acts of courtesy and maturity, and they are important for matters both big and small. Sincere apologies can defuse volatile situations; it's hard for most people to remain angry with someone who takes responsibility for his own actions. Looking the person/people you have hurt in the eyes and saying sincerely "I'm sorry" is the best way to express regret.*
 - b. *Just act like nothing happened and go on about your business.*
 - c. *Deny everything. No need to keep rehashing the situation.*
 - d. *Find new friends.*
- 9.** My best friend, LCpl Jackson, has a habit of clowning around all the time and always in public. It makes me mad. I try to tell her to stop, but she won't listen to me. She is also loud and rowdy, always in public. It's almost like she only wants attention. I tell her it is rude, and she makes the Marine Corps look bad. She says it has nothing to do with manners, and no one knows she is a Marine. Does this have to do with manners? Does it matter if she is a Marine?
- a. *If LCpl Jackson is not in uniform no one will know she is a Marine.*
 - b. *LCpl Jackson is displaying very bad manners and it does reflect poorly on the Marine Corps. Exhibitionism means drawing attention to yourself in a public place. Shouting, whistling, clowning, loud laughter, booing, or doing something foolish or unusual, is unacceptable conduct, especially at a social function or in public. Do not draw undue attention to yourself. As a Marine, your conduct must be impeccable. Whether anyone else knows she is a Marine, she does, and that should be enough for her to do the right thing.*
 - c. *LCpl Jackson is just blowing off steam and should be allowed to do whatever she wants.*
 - d. *All Marines have the right to act however they want when they are not in uniform, male or female.*
- 10.** My Gunnery Sergeant jumped my stuff in front of his kids and told me to knock my cursing off. I think he was rude because he did it in front of his kids. I mean, I cursed in front of his kids but he didn't have to jump on me in front of them. Seriously, it isn't like his kids haven't heard cursing before. What should I do?
- a. *Talk to my Gunnery Sergeant and tell him to tone it down. He is out of control.*
 - b. *Continue to cuss. My Gunnery Sergeant isn't in charge of me all the time.*
 - c. *Watch my language in front of kids, but other than that, curse when I want.*
 - d. *Stop cursing, especially in public places.*

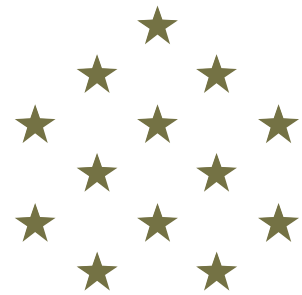


Medal of Honor

Directions: Find and circle the names of Medal of Honor recipients that are highlighted.

The Medal of Honor is the highest award for bravery that can be given to any individual in the United States. In judging for receipt of the medal, each service has established its own regulations. The deed must be proved by incontestable evidence of at least two eyewitnesses; it must be so outstanding that it clearly distinguishes the recipient's gallantry beyond the call of duty from lesser forms of bravery; it must involve the risk of life; and it must be the type of deed which, if had not been done, the person would not be subjected to any justified criticism.

I P L C C B X N H K C Q Q N F M G R K T
 E I G K T R X H E T R U P C Q Y J C D W
 U H L C T O E N O L I S A B X L E V Q P
 G I O U D W J E F C D C R Y P A S C O L
 L W W H X N E L K O A H P L Z D I Z L W
 M X I S W O N B B Z F I B L L N I A M U
 A D N E S T K Q Y M D L R A A O M I C H
 H X D L N E I D D S Y T S N M T A C N J
 N V Q A I L N E O P E E M C Z G T R A B
 U R M D K P S K R K R T A M O N E A M U
 D M Z S R P L U D P O F I E X I J G A T
 T A R E E A W C E H A K L A H Y K R R L
 T C U U P Z R H N M N L L F Y O O K A E
 K K S R Z H E M P Z T D I V C B C E V R
 V I K T C R Y E H I R L W I G Z A L T E
 C E H D M Z E I H Q E P V S U O K L P Y
 K T C I C I M S F E E S U X Y R G Y D K
 I L H E V O S T I G N I L K N A R F C E
 J U L R U N U E I V L T Z U G M C M G B
 F V G Q I L X R V L C A R P E N T E R A



299
MEDALS
OF
HONOR
 Since 21 December 1861



Cpl Dunham

Born on the Marine Corps Birthday:

Cpl Jason Lee Dunham, 10 Nov 1981 – 22 April 2004 served with 3rd Battalion 7th Marines during the Iraq War. While on a patrol in Husaybah, his unit was attacked and he deliberately covered an enemy grenade to save nearby Marines. When it exploded Dunham was gravely injured and died eight days later.



Iraq 2003-2010
 (1 Medal Recipient)

Corporal Jason L. **Dunham**



Afghanistan 2001- 2014

(2 Medal Recipients)

Lance Corporal William Kyle **Carpenter**

Corporal Dakota L. **Meyer**



Cpl Carpenter



Vietnam War 1965-1973

(57 Medal Recipients)

Private First Class Robert H. **Jenkins, Jr.**

Corporal William Thomas **Perkins, Jr.**



Cpl Perkins Jr.



Korean War 1950-1953

(42 Medal Recipients)

Private First Class Fernando Luis **Garcia**
Staff Sergeant William Edward **Shuck, Jr.**



PFC Garcia



World War II 1941-1945

(82 Medal Recipients)

Major Gregory **Boyington**
Sergeant John **Basilone**



Maj Boyington



2nd Nicaraguan Campaign 1928-1932

(2 Medal Recipients)

First Lieutenant Christian Frank **Schilt**
Corporal Donald LeRoy **Truesdale**



World War I 1917-1918

(8 Medal Recipients)

Private John Joseph **Kelly**
Sergeant **MatejKocak**



Dominican Republic 1916

(3 Medal Recipients)

Corporal Joseph Anthony **Glowin**
First Lieutenant Ernest Calvin **Williams**



Cpl Glowin



Haitian Campaign 1915

(8 Medal Recipients)

Major Smedley Darlington **Butler**
Gunnery Sergeant Daniel Joseph **Daly**



Vera Cruz 1914

(9 Medal Recipients)

Captain Jesse Farley **Dyer**
Major George Croghan **Reid**



Capt Dyer



Boxer Rebellion 1900

(33 Medal Recipients)

Corporal Edwin Nelson **Appleton**
Private William **Zion**



Philippine Insurrection 1899-1902

(9 Medal Recipients)

Private Joseph John **Franklin**
Sergeant Michael Joseph **McNally**



Spanish American War 1898

(15 Medal Recipients)

Private Hermann William **Kuchmeister**
Sergeant John Henry **Quick**



Sgt Quick



Korean Campaign 1871

(6 Medal Recipients)

Corporal Charles **Brown**
Private Michael **McNamara**



Civil War 1861-1865

(17 Medal Recipients)

Corporal John F. **Mackie**
Sergeant James S. **Roantree**



Interim

1872-1881 (2 Medal Recipients)

1901 (2 Medal Recipients)

1921 (1 Medal Recipient)

1ST Medal of Honor Recipient:

Corporal John F. Mackie, who during the attack on Fort Darling at Drewry's Bluff, Virginia, "fearlessly maintained his musket fire against the rifle pits on shore, and when ordered to fill vacancies at guns caused by men wounded and killed in action, manned the weapon with skill and courage."



Cpl Mackie

2 Medals of Honor Awarded to:

Major General Smedley D. Butler and **Sergeant Major Daniel Daly** were awarded Medals of Honor for two separate actions:
MajGen Butler: Vera Cruz (1914) and Haiti (1915)
SgtMaj Daly: Peking (1900) and Haiti (1915)



MajGen Butler



SgtMaj Daly

Core Values

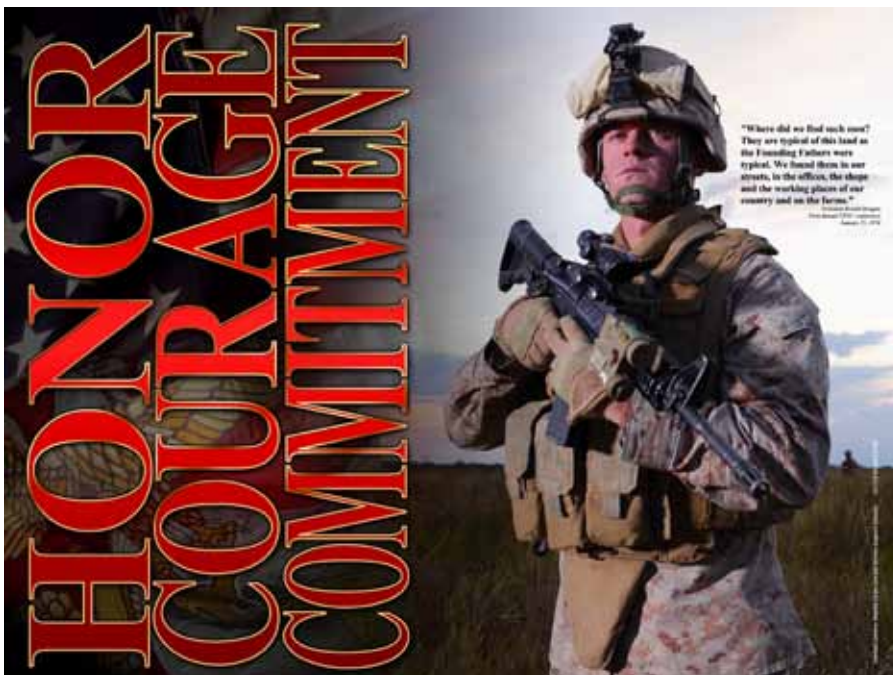
Directions: For each puzzle, find and circle all words hidden in the grid from the list

Core Values: Honor, Courage, and Commitment! Conduct beyond reproach! Doing what is right! Integrity! Consummate professional! These are basic Marine Corps values which have earned the special trust and confidence of America in her Marines. Any breach in this special trust can have devastating effects on our unit, our Corps and our Country.

F F U S L X D C O M P E T E N C E L F V H D H W Y
 U Y D E D I C A T I O N Z Y Y G K L V S Y R P W H
 L U O G J K P N N P Y L W O H N N O I T I D A R T
 F V B D O N V S W I R F V P Z H A J P Q M W Z S H
 A V Y L H O N E S T Y Z H J K N B I U Y V H T P V
 Y Y L R S D G B K T V Z K U Z Z U B V N C V O A N
 B S S U N I T E D S T A T E S M A R I N E R A T E
 S E L P I C N I R P D E T T I M M O C L R I U R S
 F L Y B N C R D B B R X G G J J G V P R E U V I Z
 S F D M T O S O I L N U Y Z Q K X E R Y T Y T O W
 E D W K E N M L E A D B Y E X A M P L E C T W T S
 L I A O G C A X W Y L X S B B P S M Q L A L O I O
 F S Y E R E O J S B Q T E A M W O R K O R A P S U
 L C J X I R R O M A C C O U N T A B L E A Y Q M N
 E I I C T N H B Q E G A R U O C R M O A H O I R D
 S P P O Y F E Y B E N G G N K K S V Y M C L G P J
 S L R C E O V K R N O T D E S G H G C W L K P W U
 N I I K R R U Y E S I I R V G W U X S T A Y C S D
 E N D W Q P D W A I U J X K X B H N P Z R C N T G
 S E E P I E K W B V I W I A L U O Z F J O M U M M
 S T X E X O I R O N O H S N C O M M I T M E N T E
 P L J G K P V S E M P E R F I D E L I S S C G F N
 R R P M V L W Z R E S P O N S I B I L I T Y V K T
 J H O L S E L F L E S S C O U R A G E U F D F O S
 K M O R A L E X C E L L E N C E Y C Q I U P Q B I

Word Bank:

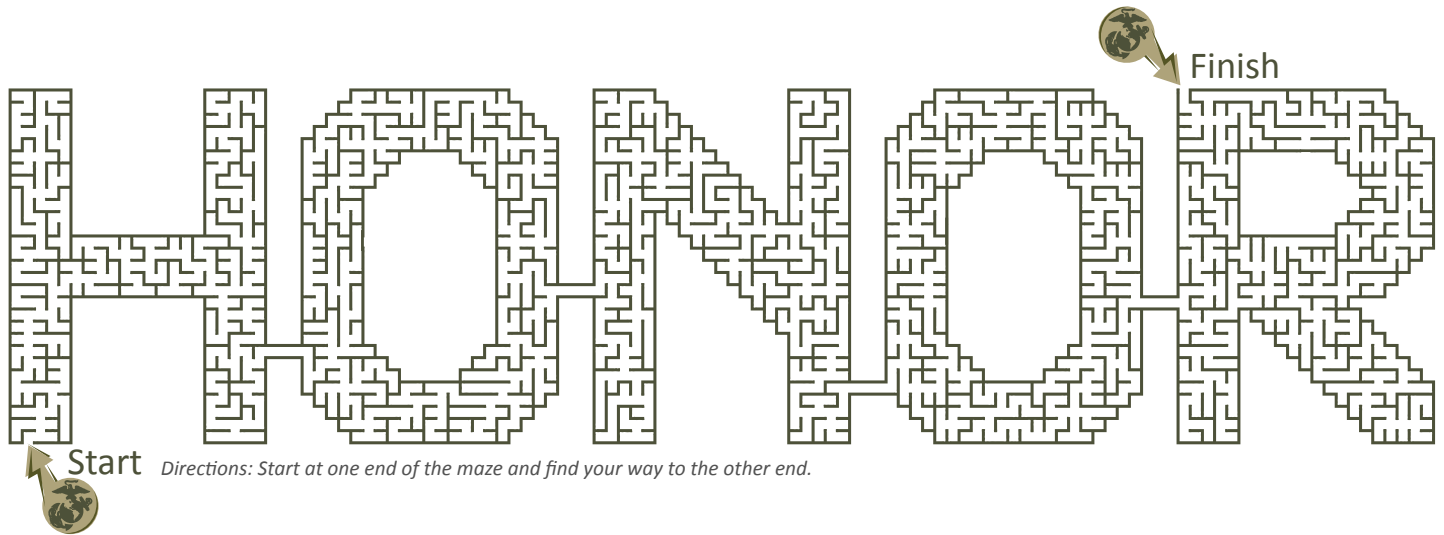
- HONOR
- COURAGE
- COMMITMENT
- INTEGRITY
- RESPONSIBILITY
- HONESTY
- TRADITION
- SELF DISCIPLINE
- PATRIOTISM
- LOYALTY
- COMPETENCE
- TEAMWORK
- SELFLESSNESS
- CONCERN FOR PEOPLE
- MORAL EXCELLENCE
- SELFLESS COURAGE
- COMMITTED PRINCIPLES
- SOUND JUDGEMENTS
- MORAL CHARACTER
- UNITED STATES MARINE
- SEMPER FIDELIS
- DEDICATION
- PRIDE
- LEAD BY EXAMPLE
- ACCOUNTABLE



"Where did we find such men? They are typical of this land as the Founding Fathers were typical. We found them in our streets, in the offices, the shops and the working places of our country and on the farms."

*President Ronald Reagan
 First Annual CPAC conference,
 January 25, 1974.*

Honor is a code of personal integrity, honor guides those who do the right thing when no one is looking. It is not only a duty, but also a distinction, as those who possess honor are held in honor. It's found in one's beliefs, but exhibited through one's actions. Marines are held to the highest of standards, ethically and morally. Marines are expected to act responsibly in a manner befitting the title they've earned.



"You find out immediately the Body Bearers are not only a physically strong group of Marines, but also a mentally and emotionally fit group of men. Forged by the honorable mission of giving our fallen brother & sister Marines an absolute flawless funeral and their last honor from our Corps. And as they say, if you don't do it right, the wolf-pack will correct the wolf. We believed so much in showing those fallen Marines' families that we take care of our own. Having to fold our precious flag, tighten it up and then present it to the family member, saying those words we Body Bearers will never forget...."On behalf of the President of the United States, the Commandant of The Marine Corps and all Marines....." I still get goose bumps and my heart beats faster each time I hear those words. Those intimate moments with the family that will always be in my mind. I know for years down the road I will still see the family member's faces, those moments are you, become a part of you."

SSgt Rakes
United States Marine Corps



Honor - "We are the last to let you down"

Staff Sergeant David Rakes

"The duty to me was about prestige and honor. The Body Bearer Unit at Marine Barracks 8th & I, well, no one dared to talk to us, and we didn't really talk to anyone. We were stuffed in the passageway of barracks rooms in Bravo tower. No other Marines came over there, not even on duty patrol. We policed each other entirely. We were prestigious. We did our job with honor. We were Body Bearers.

You find out immediately the Body Bearers are not only a physically strong group of Marines, but also a mentally and emotionally fit group of men. Forged by the honorable mission of giving our fallen brother & sister Marines an absolute flawless funeral and their last honor from our Corps. And as they say, if you don't do it right, the wolf-pack will correct the wolf. We believed so much in showing those fallen Marines' families that we take care of our own. Having to fold our precious flag, tighten it up and then present it to the family member, saying those words we Body Bearers will never forget...."On behalf of the President of the United States, the Commandant of The Marine Corps and all Marines....." I still get goose bumps and my heart beats faster each time I hear those words. Those intimate moments with the family that will always be in my mind. I know for years down the road I will still see the family member's faces, those moments are you, become a part of you.



Funeral at Arlington National Cemetery. Cpl Rakes (right, front) part of the Body Bearer Unit from Marine Barracks 8th and I. (Photo courtesy of SSgt Rakes)



January 2, 2007, Honor guards carry the casket of former President Gerald R. Ford out of the United States Capitol Building in Washington, DC, en route to Washington's National Cathedral. (Photo courtesy of SSgt Rakes)

I will never forget the training to become a Body Bearer. By far, the most intense training I have ever been through in the Corps. I can remember filling up caskets with as many 45lb plates we could find and carrying it over and over and over until we couldn't move. And then we would do it again. We just wanted to get it right, do it right. Those days that Marines' caskets were so heavy you couldn't feel your hands because of the numbing, yet somehow you managed to hold the flag even tighter. Til this day I still have aches and pains from the training and from carrying my brother/sister Marines for unbelievable distances, various seasonal weather and injuries. I gladly embrace every ache and pain from it. Because I know we honored each Marine. I know we did it right.

The Marines I worked with, well, what can I say, they are outstanding. They embody core values. They are my brothers. We dealt with our mission in a unique way. We never really talked about the Marines we carried. They were Marines and we just took care of them. I guess that was really our way of dealing with it, sort of distancing ourselves from it. Because at five funerals a day for over 3 years, well, you have to compartmentalize it. During my years and with the guys we had, well, we all remain close and still stay in contact. Like I said, they really are my brothers.

Years later, on the rare occasion that I see a hearse coming down the road, my palms still get sweaty, I find myself standing up straighter and a certain anxiety comes over me.

During my time as a Body Bearer, I honorably laid 365 Marine souls to rest and participated in countless dignified transfers. As Marine Body Bearers, in every way, we are the last to let you down."



Group photo of the Body Bearer Unit from Marine Barracks 8th and I. (Photo courtesy of SSgt Rakes)

“Bearing, Discipline, Respect” - Honor

Reprinted from *Marines Magazine*, June 29th, 2010, Cpl. Scott Schmidt

WASHINGTON – It’s an iconic scene: Six men stand together halfway around the world from home and raise a flag on top of Mount Suribachi. When the men returned home, their story of valor on Iwo Jima lifted a nation to its feet in the midst of the turning point of World War II.

Now, more than 60 years later, another six Marines stand tall in the shadow of the Marine Corps War Memorial’s valor as it depicts that iconic scene. They belong to the group of 13 Marines who carry the caskets of fellow Marines through the streets of Arlington National Cemetery and surrounding National Capital region cemeteries, (sometimes up to a mile,) as the last salute to the fallen members of the 234-year-old brotherhood. The Marine Corps’ body bearers have one of the most unique duties in the Corps.

Exclusive to the Corps, these Marines carry caskets weighing as much as 800 pounds at shoulder and head level, only lowering at the exact moment of burial. Their pace is deliberate and slow, prolonging the honor that is due to America’s heroes. As unique as the job, the Marines themselves stand out. The smallest bearer, at six feet tall and 260 pounds, towers over the average Marine. His biceps closely resemble runners’ thighs, and his neck blends evenly with his jaw line. Body bearers remain among the largest Marines in the Corps.



L CPL Bradley Young, a Marine Corps body bearer, finishes folding a funeral flag during a practice funeral. Body bearers carry the remains of fallen Marines to their final resting place in Arlington and surrounding cemeteries in the National Capital Region.



L CPL Stephen Brewer, a junior body bearer, ensures a fellow Marine’s medals are aligned.

It’s a feat that starts early in the Marines’ training. Beyond the 13 weeks of recruit training, body bearers begin their journey at the school of infantry like any other aspiring infantryman. Potential bearers are scouted during SOI and once briefed can volunteer to join the “World Famous Body Bearers.” “The selection process is based largely on a strength test,” explained Cpl. John A. Smurr, a senior body bearer. “Height and weight come into play, but if [potential bearers] don’t have an overall big frame to support the strength needed, they just can’t do the job.” A training time table is indefinite for those selected. At the Marine Corps’ Ceremonial Drill School, a Marine can graduate in a few months or train for a year to achieve the strength and perfection required to bear a casket. Smurr suggested each Marine arrive at the school able to bench press a minimum of 225 pounds, military press 135, curl 115, and squat at least 315.

Due to their frame and size, the body bearers have acquired a “meat-head” label, but Lance Cpl. Stephen Brewer, a junior bearer, discredited this idea by explaining, “We’re not meat heads in the gym. Even more important than your strength [or size], your endurance and stamina need to be top class to carry a casket.” Body bearers execute hundreds of funerals each year, which requires constant muscle conditioning, and Brewer said stamina, not size, makes a good body bearer. Still, iron weights are not enough to maintain this critical mission. “The character qualities of this section are bearing, discipline and respect,” said Brewer. “That is everything the body bearers strive to emulate or to display at all times. That’s what we bring to Arlington every day, and that’s what we live in our lives.” These qualities don’t exist without continual training.

“There’s a lot of mentoring that goes on between the senior and junior body bearers,” explained Cpl. Campoamor Ayala, a senior body bearer. “If there’s something the juniors don’t know, the senior will teach them as they progress to make sure they carry on the traditions and precision of drill.”

From a statuesque salute as the funeral procession approaches to the stern faces worn at all times, bearing becomes the Corps’ final message of honor and respect to the fallen. Bearers said every funeral takes a toll with their emotions, though their face retains the thousand yard stare at all times. “Not only does this test you physically, but mentally and emotionally as well,” Smurr said. “It is pretty emotionally stressful when you’re out at Arlington every day and you see a family who just lost their loved one.”

Smurr said the body bearers can be that connection for the families back to their fallen Marine. Though that connection wares on their minds during their time as a body bearer, it’s a job they don’t resent, but embrace. “You can fast forward your life in your mind and see yourself someday being in that position and having six Marines render honor to you and your family in the same way,” he said. “Every Marine we lay down is us, our brother, our sister, our mom and dad, and our friend.”

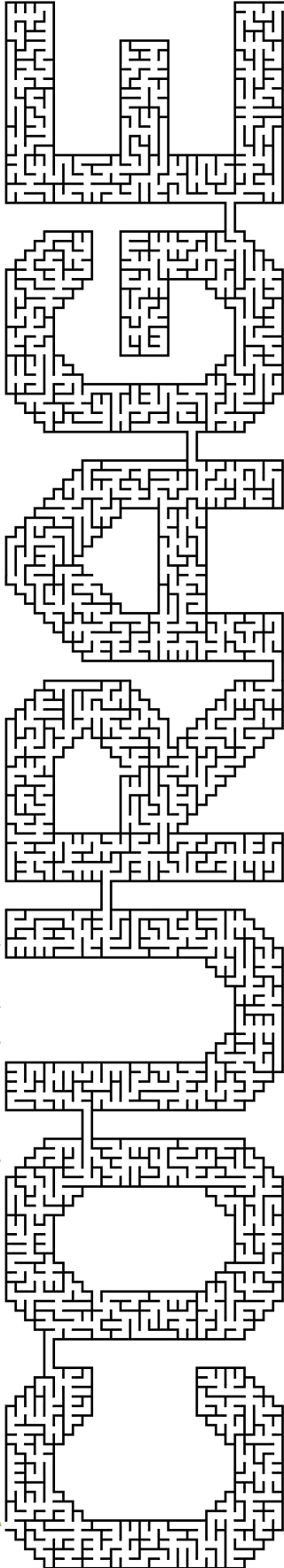


Marine Corps body bearers with Marine Barracks Washington run through a practice funeral preparation for the day’s funerals.

The consensus of the body bearers is that the physical pain they feel when lifting a casket for extended periods is incomparable to what a family feels. Body bearers said they feel as though they represent the whole Marine Corps. “If it was up to me, I’d say ‘let’s have the whole Corps carry the caskets,’ because each time we lose a Marine that’s really who feels it. The whole Corps,” Brewer said. They agree that pain is a small price to pay to uphold the honor of being “the last to let you down.”

Courage

When other principles are tested, it's courage that prevents them from crumbling. It isn't ignoring fear, but being stronger than fear. Courage is the guardian of all other values. It is there when times are toughest, when difficult decisions have to be made. It takes the form of mental, physical and ethical strength, and is found in the backbone of every Marine.



Start Directions: Start at one end of the maze and find your way to the other end.



"Everything starts with character. Education, training, job skills, etc. are all very important. But these items are tools, resources, and skill sets. Without character, you won't use these tools and skills properly and reach your full potential. It's like putting a four cylinder engine in a hot rod.

I've changed my opinions over the years of what I believe makes an outstanding Marine. I used to believe it was someone who got the highest PFT, shot the highest range score, or completed the most MCI's etc.

But I believe now that the greatest Marines are the ones you trust. The ones you know that if you're the first individual going through a door with an unknown enemy on the other end, that no matter what you find on the other side, they will still be behind you. No matter what obstacle, challenge, or hard time is in front of them, you know they will find a way through. You trust them to be there and to do the right thing."



SgtMaj Bradley Kasal
United States Marine Corps



“It is a part of who we are.” - Courage



First Sergeant Bradley Kasal clearly demonstrated selfless service as the Weapons Company First Sergeant, 3d Battalion, 1st Marines during the Battle of Fallujah. On 13 November 2004, First Sergeant Kasal was assisting 1st Section, Combined Anti-Armor Team (CAAT) Platoon, in providing a traveling overwatch for 3d Squad, 3d Platoon, Company K, while they cleared in zone:

During the clearing operation, 3d Squad along with the CAAT squad heard a large volume of fire and observed wounded members of an adjacent platoon rapidly exiting a building to their immediate front. They quickly learned that Marines were pinned

Still holding his 9mm Beretta, 1stSgt Bradley Kasal is carried from "Hell House" during Operation Phantom Fury by LCpl Chris Marquez and LCpl Dane Shaffer on Saturday, November 13, 2004. 1stSgt Kasal lost over 60% of his blood and nearly lost his right leg after being shot seven times by insurgents and receiving over forty shrapnel wounds. He used his body to shield injured Marine, PFC Alex Nicoll, from a grenade blast. Photograph by Lucian Read Printed by permission of Lucian Read.

down in the house by an unknown number of insurgents. Realizing that they were short personnel to make an entry and clear the structure, the 3d Squad Leader asked the CAAT squad if they could assist with clearing the building. Without hesitation, First Sergeant Kasal volunteered. He led the squad into the house, suppressing and killing the enemy, who were fighting from hardened positions.

After the first room was cleared, First Sergeant Kasal and two other Marines observed a wounded Marine two rooms away from their position. Upon entry into the first of the two rooms, First Sergeant Kasal immediately confronted, engaged, and killed an insurgent.

Continuing towards the wounded Marine, the three Marines received heavy enemy fire as soon as they entered the second room. First Sergeant Kasal and another Marine were both struck in the legs becoming urgent casualties. The enemy began throwing grenades on the wounded Marines below.

Selflessly, First Sergeant Kasal rolled on top of the other Marine in order to shield him. After reinforcements arrived, First Sergeant Kasal, with seven gunshot and five fragmentation wounds, refused aid until the other Marines were extracted. A total of seven wounded men were medically evacuated from the building before First Sergeant Kasal. Despite his grievous wounds, First Sergeant Kasal continued to shout words of encouragement to his Marines while he engaged the enemy.

Later as First Sergeant Kasal was put into the CASEVAC [casualty evacuation] helicopter, he grabbed his battalion commander by the flak jacket and implored him to take care of the Marines.

First Sergeant Kasal could have remained outside of the building, coordinating support and the medical evacuation. Instead, he chose to face the enemy alongside his Marines. Private Robinson and First Sergeant Kasal epitomize the Marine ethos of selfless service, which Marines continue to demonstrate in countless ways and in countless places. It is a part of who we are.



Courage - "We look out for each other."



CAMP PENDLETON, Calif., May 9, 2006 - Sgt. Maj. Bradley A. Kasal feels he did what any good Marine would've done. That includes taking enemy rifle fire on Nov. 14, 2004, absorbing a grenade blast and refusing medical attention inside Fallujah's "House of Hell" during Operation Al Fajr (New Dawn).

For his extraordinary heroism and leadership in Fallujah, Iraq, as the Weapons Company first sergeant for 3rd Battalion, 1st Marine Regiment, 1st Marine Division, Kasal was awarded the Navy Cross during a ceremony on May 1. "The word hero is tossed around pretty loosely these days," said Maj. Gen. Michael R. Lehnert, commanding general of Marine Corps Installations West, after awarding Kasal with the Naval service's second-highest decoration, in front of an audience that included the 1st Marine Division's past and present commanding generals, Lt. Gen. James N. Mattis and Maj. Gen. Richard F. Natonski, respectively. "Some may call a basketball player a hero for scoring the winning goal or a celebrity for donating a small portion of their earnings to a good cause, but Kasal is a true American hero."

When Kasal, then a first sergeant, assisted one of his platoons with an over watch inside Fallujah that day, intense gunfire broke out in an Iraqi home to his immediate front.

Seconds later, Marines were rapidly exiting the building, known as the "House of Hell." "That house was a death trap," said Lehnert.

"It was set up for one purpose: to kill United States Marines. Kasal could have easily stayed out of the house." "Going in for them was the right thing to do," said Kasal, 39, who hails from Afton, Iowa. "They're Marines, and I'm a Marine. We look out for each other."

"While I was in that house, I made three life or death decisions," Kasal explained. "I never thought I would live through any of them, but I did what I did to help the other Marines."

The first decision Kasal made was to expose himself to enemy fire in order to pull another wounded Marine out of the line of fire. Kasal took more enemy fire doing this. While both Marines were under cover, they assessed their wounds. Both had multiple injuries, but there were only enough bandages for one of them to live. Kasal made his second decision to forfeit his medical supplies to the other Marine.

"It made more sense to use all of the bandages on one of us than to split the supplies and have us both bleed to death," Kasal said.

The insurgents deployed a hand grenade to get the Marines out of cover, and it landed within a few feet of the two bleeding Marines.

Kasal then decided to use his own severely wounded body to protect the Marine from shrapnel.

By the time he was carried out of the house by Lance Cpl. Chris Marquez and Lance Cpl. Dan Shaffer, Kasal had lost approximately 60 percent of his blood from more than 40 shrapnel wounds and seven 7.62 mm AK-47 gunshot wounds.

*(Reprinted from www.lifeasamarine.com,
A United States Government Website.)*



Marine SgtMaj Bradley A. Kasal, right, receives congratulations after his promotion from first sergeant to Sergeant Major during a ceremony at Marine Corps Base Camp Pendleton, Calif., May 1. SgtMaj Kasal received the Navy Cross, promoted and reenlisted during the ceremony.



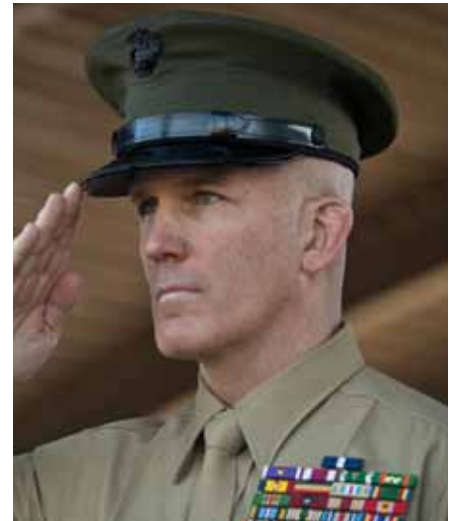
The Biography of Sergeant Major Kasal - Courage

Sergeant Major Bradley A. Kasal, a native of Marengo, Iowa, enlisted in the Marine Corps in February 1984 and completed Recruit Training at Marine Corps Recruit Depot, San Diego, California. Upon completion of Infantry Training School, he was assigned to 2nd Battalion, 1st Marines as a rifleman and deployed to the Western Pacific from June 1985 to December 1986.

During the summer of 1989, he served as chief instructor, 1st Battalion, 4th Marines' Squad Leader Course, and attended Winter and Summer Mountain Leaders courses in Bridgeport, California. In June 1990, he deployed as a platoon sergeant with Company D, in support of Operation Desert Shield/Desert Storm.

In August 1993 Sergeant Major Kasal completed Recruiters School and was assigned to Recruiting Station Minneapolis, Minnesota. During this tour, he was selected as the Recruiting Station Twin Cities Noncommissioned Officer in Charge of the Year for fiscal year 1998.

In March 2001 Sergeant Major Kasal reported to 3rd Battalion, 1st Marines and was assigned as Company First Sergeant for Company K and Weapons Company. During this tour, he deployed once with 11th Marine Expeditionary Unit in 2002 and twice in support of Operation Iraqi Freedom in 2003 and 2004.



SgtMaj Bradley Kasal, receives the noncommissioned officer's sword from LtGen David H. Berger, I Marine Expeditionary Force commanding general, signifying his assumption of duties as the I MEF sergeant major during a relief and appointment ceremony aboard Marine Corps Base Camp Pendleton, Calif., Feb. 4, 2015.

Sergeant Major, I Marine Expeditionary Force, Camp Pendleton, California.

Sergeant Major Kasal's personal awards include the Navy Cross, Purple Heart (gold star in lieu of second award), Meritorious Service Medal (gold star in lieu of second award), the Navy and Marine Corps Commendation Medal with combat distinguishing device (two gold stars in lieu of third award), the Navy and Marine Corps Achievement Medal (two gold stars in lieu of third award), and the Combat Action Ribbon (gold star in lieu of second award).

On November 13, 2004, Sergeant Major Kasal was severely wounded in a firefight while conducting counterinsurgency operations during Operation Phantom Fury in Fallujah, Iraq and spent the next 18 months in the National Naval Medical Center in Bethesda, Maryland where he received multiple follow-on surgeries.

He was promoted to his current rank on in May, 2006 and was assigned as Sergeant Major, Recruiting Station Des Moines, Iowa.

In March 2010, he was transferred and assumed duties as Sergeant Major, School of Infantry – West, Camp Pendleton, California.

In March 2013, he assumed post as Sergeant Major, 4th Marine Division, Marines Forces Reserve, in New Orleans, Louisiana.

In February 2015, Sergeant Major Kasal assumed post as



The Navy Cross is the second-highest military decoration for valor that may be awarded to a member of the United States Navy, U.S. Marine Corps, or U.S. Coast Guard (when operating under the Department of the Navy) for extraordinary heroism in combat. The Navy Cross is bestowed by the Secretary of the Navy and may also be awarded to members of the other armed services, and to foreign military personnel while serving with the U.S. naval services. The Navy Cross was established by Act of Congress approved on February 4, 1919.

Commitment

Commitment is the spirit of determination found in every Marine. It is what compels Marines to serve our nation and the Corps, and to continue on when others quit. Commitment doesn't take breaks and it cannot be faked. It measures and proves one's desire, dedication and faithfulness. Becoming a United States Marine represents the highest level of commitment.



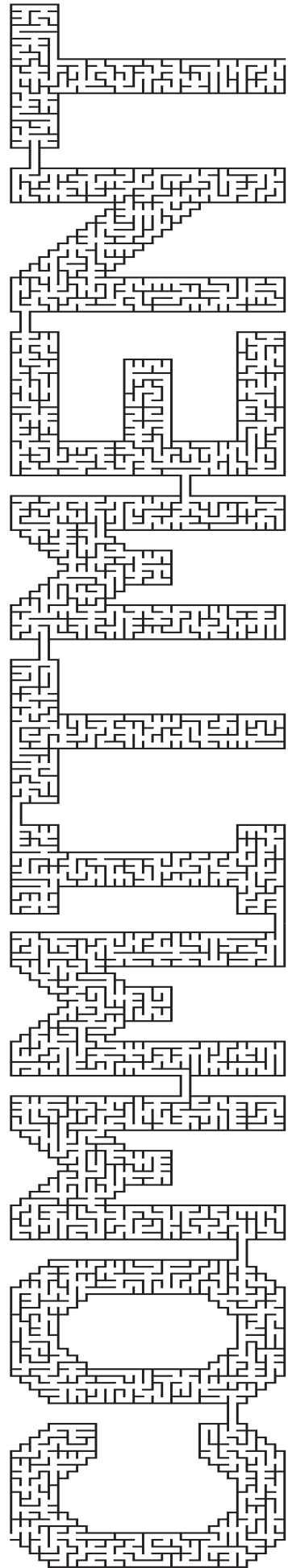
"We Marines believe that God gave America the greatest gift he could bestow to man while he lived on this earth-freedom. We also believe he gave us another gift nearly as precious-our soldiers, sailors, airmen, Coast Guardsmen, and Marines-to safeguard that gift and guarantee no force on this earth can every steal it away. Rest assured our America, this experiment in democracy started over two centuries ago, will forever remain the "land of the free and home of the brave" so long as we never run out of tough young Americans who are willing to look beyond their own self-interest and

comfortable lives, and go into the darkest and most dangerous places on earth to hunt down, and kill, those who would do us harm. "

*General John F. Kelly
United States Marine Corps*



Core Values



Directions: Start at one end of the maze and find your way to the other end.

“The Last Six Seconds” - Commitment

Major General John F. Kelly, United States Marine Corps, served as the Commanding General of the Multi-National Force-West in Iraq from February 2008 to February 2009. Promoted to Lieutenant General, he assumed command of Marine Forces Reserve and Marine Forces North in October 2009.

Receiving his fourth star, General Kelly is currently the Commander, U.S. Southern Command. U.S. Southern Command is responsible for all Department of Defense security cooperation in the 45 nations and territories of Central and South America and the Caribbean Sea, an area of 16 million square miles.

“The 22nd of April 2008, two Marine infantry battalions, 1/9 “The Walking Dead,” and 2/8 were switching out in Ramadi. One battalion in the closing days of their deployment going home very soon, the other just starting its seven-month combat tour. Two Marines, Corporal Jonathan Yale and Lance Corporal Jordan Haerter, 22 and 20 years old respectively, one from each battalion, were assuming the watch together at the entrance gate of an outpost that contained a makeshift barracks housing 50 Marines. The same broken down ramshackle building was also home to 100 Iraqi police, also my men and our allies in the fight against the terrorists in Ramadi, a city until recently the most dangerous city on earth and owned by Al Qaeda. Yale was a dirt poor mixed-race kid from Virginia with a wife and daughter, and a mother and sister who lived with him and he supported as well. He did this on a yearly salary of less than \$23,000. Haerter, on the other hand, was a middle class white kid from Long Island. They were from two completely different worlds. Had they not joined the Marines they would never have met each other, or understood that multiple America’s exist simultaneously depending on one’s race, education level, economic status, and where you might have been born. But they were Marines, combat Marines, forged in the same crucible of Marine training, and because of this bond they were brothers as close, or closer, than if they were born of the same woman.



U.S. Marine General John F. Kelly, Commanding General, 1st Marine Expeditionary Force, arrives at the Jump Command Post in Ninewa, Iraq, Dec. 5, 2008. The Jump CP is the command and control for all units operating in the temporary area of operations Tripoli.



LCpl Jordan Haerter



Cpl Jonathan Yale

The mission orders they received from the sergeant squad leader I am sure went something like: “Okay you two clowns, stand this post and let no unauthorized personnel or vehicles pass.” “You clear?” I am also sure Yale and Haerter then rolled their eyes and said in unison something like: “Yes Sergeant,” with just enough attitude that made the point without saying the words, “No kidding sweetheart, we know what we’re doing.” They then relieved two other Marines on watch and took up their post at the entry control point of Joint Security Station Nasser, in the Sophia section of Ramadi, Al Anbar, Iraq.

A few minutes later a large blue truck turned down the alley way-perhaps 60-70 yards in length-and sped its way through the serpentine of concrete jersey walls. The truck stopped just short of where the two were posted and detonated, killing them both catastrophically. Twenty-four brick masonry houses were damaged or destroyed. A mosque 100 yards away collapsed. The truck’s engine came to rest two hundred yards away knocking most of a house down before it stopped. Our explosive experts reckoned the blast was made of 2,000 pounds of explosives. Two died, and because these two young infantrymen didn’t have it in their DNA to run from danger, they saved 150 of their Iraqi and American brothers-in-arms.

When I read the situation report about the incident a few hours after it happened I called the regimental commander for details as something about this struck me as different. Marines dying or being seriously wounded is commonplace in combat. We expect Marines regardless of rank or MOS to stand their ground and do their duty, and even die in the process, if that is what the mission takes. But this just seemed different. The regimental commander had just returned from the site and he agreed, but reported that there were no American witnesses to the event-just Iraqi police. I figured if there was any chance of finding out what actually happened and then to decorate the two Marines to acknowledge their bravery, I’d have to do it as a combat award that requires two eye-witnesses and we figured the bureaucrats back in Washington would never buy Iraqi statements. If it had any chance at all, it had to come under the signature of a general officer.



Camp Ramadi, Iraq, April 20, 2008. The entry control point where LCpl Jordan Haerter and Cpl Jonathan T. Yale were standing post on April 22, 2008. The Marines were mortally wounded by a suicide bomber who detonated a large quantity of explosives contained in a truck. 2ndmardiv.marines.mil

I traveled to Ramadi the next day and spoke individually to a half-dozen Iraqi police all of whom told the same story. The blue truck turned down into the alley and immediately sped up as it made its way through the serpentine. They all said, "We knew immediately what was going on as soon as the two Marines began firing." The Iraqi police then related that some of them also fired, and then to a man, ran for safety just prior to the explosion. All survived. Many were injured...some seriously. One of the Iraqis elaborated and with tears welling up said, "They'd run like any normal man would to save his life." "What he didn't know until then," he said, "and what he learned that very instant, was that Marines are not normal." Choking past the emotion he said, "Sir, in the name of God no sane man would have stood there and done what they did." "No sane man." "They saved us all."

What we didn't know at the time, and only learned a couple of days later after I wrote a summary and submitted both Yale and Haerter for posthumous Navy Crosses, was that one of our security cameras, damaged initially in the blast, recorded some of the suicide attack. It happened exactly as the Iraqis had described it. It took exactly six seconds from when the truck entered the alley until it detonated.

You can watch the last six seconds of their young lives. Putting myself in their heads I supposed it took about a second for the two Marines to separately come to the same conclusion about what was going on once the truck came into their view at the far end of the alley. Exactly no time to talk it over, or call the sergeant to ask what they should do. Only enough time to take half an instant and think about what the sergeant told them to do only a few minutes before: "...let no unauthorized personnel or vehicles pass." The two Marines had about five seconds left to live.

It took maybe another two seconds for them to present their weapons, take aim, and open up. By this time the truck was half-way through the barriers and gaining speed the whole time. Here, the recording shows a number of Iraqi police, some of whom had fired their AKs, now scattering like the normal and rational men they were-some running right past the Marines. They had three seconds left to live.

For about two seconds more, the recording shows the Marines' weapons firing non-stop...the truck's windshield exploding into shards of glass as their rounds take it apart and tore in to the body of the son-of-a-bitch who is trying to get past them to kill their brothers-American and Iraqi-bedded down in the barracks totally unaware of the fact that their lives at that moment depended entirely on two Marines standing their ground. If they had been aware, they would have known they were safe...because two Marines stood between them and a crazed suicide bomber. The recording shows the truck careening to a stop immediately in front of the two Marines. In all of the instantaneous violence Yale and Haerter never hesitated. By all reports and by the recording, they never stepped back. They never even started to step aside. They never even shifted their weight. With their feet spread shoulder width apart, they leaned into the danger, firing as fast as they could work their weapons. They had only one second left to live.

The truck explodes. The camera goes blank. Two young men go to their God. Six seconds. Not enough time to think about their families, their country, their flag, or about their lives or their deaths, but more than enough time for two very brave young men to do their duty...into eternity. That is the kind of people who are on watch all over the world tonight.



Camp Ramadi, Iraq, April 22, 2008. Destruction caused by the blast of a large quantity of explosives a suicide bomber detonated after attempting to get through an entry control point. Recognizing the threat, LCpl Jordan Haerter and Cpl Jonathon Yale engaged the truck with precise fire. The two Marines were mortally wounded. Their actions saved the lives of 50 Marines and Iraqi policemen. 2ndmardiv.marines.mil



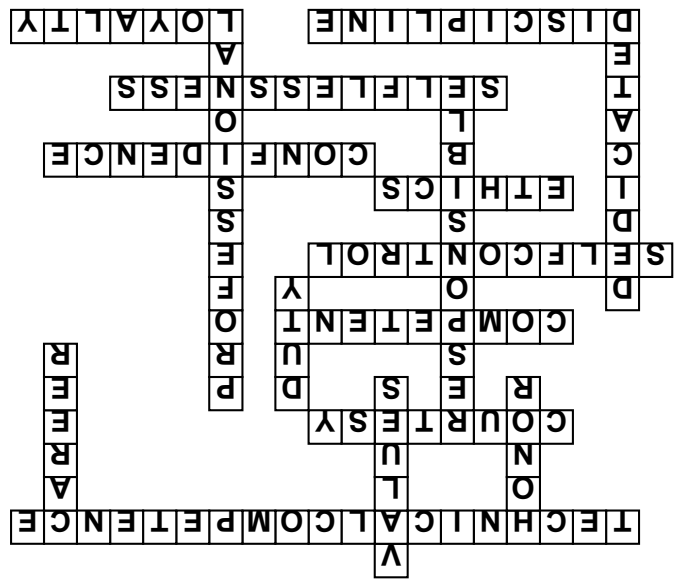
U.S. Marine General John F. Kelly, Commanding General, 1st Marine Expeditionary Force, arrives at the Jump Command Post in Ninewa, Iraq, Dec. 5, 2008. The Jump CP is the command and control for all units operating in the temporary area of operations Tripoli.

We Marines believe that God gave America the greatest gift he could bestow to man while he lived on this earth-freedom. We also believe he gave us another gift nearly as precious-our soldiers, sailors, airmen, Coast Guardsmen, and Marines-to safeguard that gift and guarantee no force on this earth can every steal it away. Rest assured our America, this experiment in democracy started over two centuries ago, will forever remain the "land of the free and home of the brave" so long as we never run out of tough young Americans who are willing to look beyond their own self-interest and comfortable lives, and go into the darkest and most dangerous places on earth to hunt down, and kill, those who would do us harm."

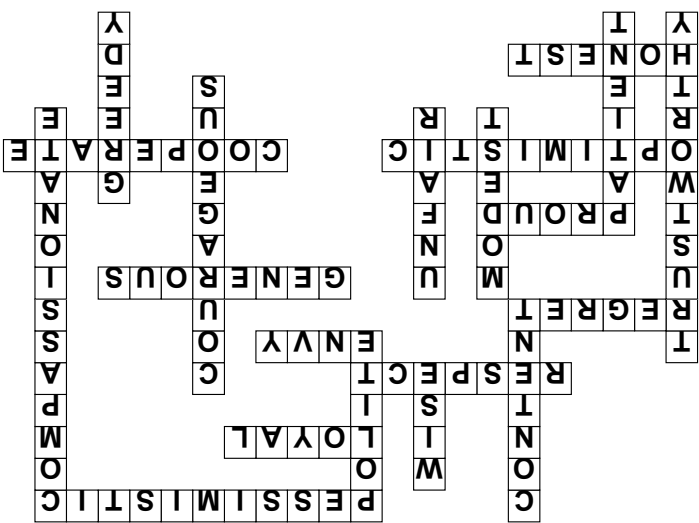
God Bless America
SEMPER FIDELIS!



Professionalism



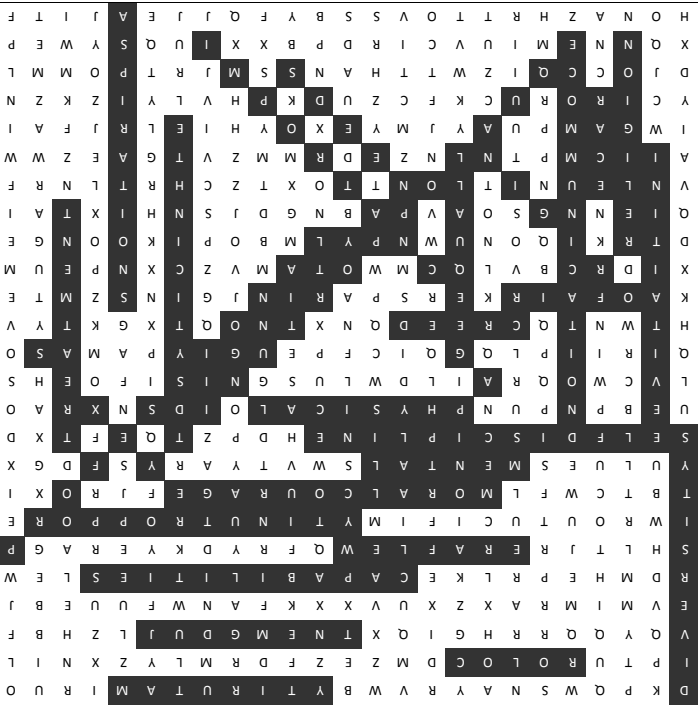
Character



Ethics

1. CHSFT
2. ASLRDM
3. SASNDRDAT
4. COSTAIN
5. LUERS FO CNUOTCD
6. ETS OF ODCE
7. OIISSENC
8. UTSRT
9. ENSLPIDCI
10. GUCROEA
11. ISRNMEA AEKT ECAR FO RHETI OWM
12. A NIMRAE'S WDOR SI SHI ONBD
13. TMTAYURI
14. LECNEUSFN
15. TECNILERF FO ETH SPRCO
16. IPNSIE
17. EORGUANCE
18. ELSUAV
19. LYALTY
20. BIERNYTSLPSSI
21. EELFSS
22. EHRVBOIA
23. EORFNOPLIAS
24. TUHTR
25. YUALTO
26. MEDFOR
27. IDAESL
28. NREEV IEL
29. NREEV CEHT
30. ENERV ETLA

Equal Opportunity



1) To feel or show honor or esteem for; to care or show consideration for
 Root SPECT = look
R E S P E C T
 Sentence: Both Marines genuinely _____ their SNCOIC for the many wise decisions he makes for the platoon.

2) Deserving of confidence or reliance on the integrity, strength or ability of a person; reliable
 Root TROST = comfort, consolation
T R U S T W O R T H Y
 Sentence: Since PFC Butler had been such a _____ team member, his classmates voted him to be the class leader.

3) Friendly feeling; quality of a benevolent nature or disposition; state of being considerate or helpful
 Root KINDE = natural, well-disposed
K I N D N E S S
 Sentence: Sergeant Acosta, ever grateful, never forgot the _____ his mentor showed him throughout his career.

4) Feeling of faithfulness or allegiance; state of being faithful to one's friend, oath or obligation
 Root LEGIS = law
L O Y A L T Y
 Sentence: The Marines from Alpha Company are admired for their _____ and valued for their courage to each other under fire.

5) A fair and permissive attitude towards those whose race, religion, nationality or opinions differ; freedom from prejudice
 Root TOLER = to put up with
T O L E R A N C E
 Sentence: Most families teach their children to have _____ toward race, nationality and religion.

6) Identification with or experiencing the feelings, thoughts etc. of someone; sympathy
 Root PATH = feel, suffer
E M P A T H Y
 Sentence: LCpl Davis felt _____ for his roommate when he received the bad news, because both of them had now lost a mother.

7) Demonstrating a willingness to work or act together for a common purpose or benefit
 Root OPER = work
C O O P E R A T I V E
 Sentence: S Sgt Bell commended LCpl Barrett for being such a _____ teammate who worked well in every squad.

8) Taking serious attention to; devoting; protecting; having concern for
 Root Old German Old Chafa = to lament
C A R I N G
 Sentence: With the admiration and _____ of his fellow Marines, PFC Miller was able to pass his final Ground Supply School exam and PCS to his first duty station.

9) Behavior in accord with rules of conduct; activity, exercise or a regimen that develops or improves a skill; prescribed habit
 Root CAP/CP = take, seize, hold
D I S C I P L I N E
 Root OPER = work
 Sentence: Sgt Ye insists on a daily _____ of Weight Lifting for an hour before work plus aerobic conditioning by running three times a week.

1) State or instance of being accountable (something within someone's power) or having the capacity for moral decisions
 Root SPONS/SPOND = promise, answer
R E S P O N S I B I L I T Y
 Sentence: PFC Stewart took the _____ of being class leader by setting a very good example for others to follow.

2) Truthfulness, sincerity or frankness; freedom from deceit; trustworthiness
 Root HONOS = honor
H O N E S T Y
 Sentence: Since LCpl Reed possessed so much integrity, no one ever questioned her _____.

3) Freedom from bias, dishonesty or injustice; marked by even conditions; treatment of all sides alike, justly and equitably
 Root from Old English FAECER = fill, firm
F A I R N E S S
 Sentence: The Marines were pleased with the _____ of the field meet since no team was given an advantage.

4) Bravery; quality of mind or spirit that enables a person to face difficulty or pain without fear
 Root COUR = heart
C O U R A G E
 Sentence: When PFC Simmons maneuvered through opposing fire to retrieve a fellow Marine, he showed special _____ in facing the enemy.

5) Confident or trustful dependence; something or someone on which one has confidence
 Root RELIANCE = back; LGA = to, blind
R E L I A N C E
 Sentence: LCpl Grimsley places genuine _____ on her NCOs who are always dependable and available for her.

6) Taking serious attention to; devoting; protecting; having concern for
 Root Old German Old Chafa = to lament
C A R I N G
 Sentence: With the admiration and _____ of his fellow Marines, PFC Miller was able to pass his final Ground Supply School exam and PCS to his first duty station.

7) Behavior in accord with rules of conduct; activity, exercise or a regimen that develops or improves a skill; prescribed habit
 Root CAP/CP = take, seize, hold
D I S C I P L I N E
 Root OPER = work
 Sentence: Sgt Ye insists on a daily _____ of Weight Lifting for an hour before work plus aerobic conditioning by running three times a week.

Character & Leadership 1

E H Z X D L S L A R O M L R O N O H R O
C K A A U O U I U C T B O T I A E X H U
N F V N S C L D O X F I R R Z V S W S B
E N I K K J W N M N V L B R K G C J P X
D W P E N E C T O A V L W L C I R
I T R T A E G I H B A C A T G R H O H B
F Q V B R I T E K N E O M I B Q T U S H
N K L N W E B R O I F D H R Z A E R N S
O D C Z R I Y I L F M E I G W V O A A R
C X F C Z H S J A L Z K J E M U N G M E
V Q S I G S I U E T G I V T N W D E S D
V I P T E D S D Z M G E A N L C Y F T A
D C D F O A G F I D E L I T Y E S R E
G N O R W D R M E Q O L U T T M E P O L
H R E I S U W E K X A U E F K N D P P F
P W A A A T C N U W F W S T O D N J S V
L V I F Y Y V T S J O Q A H I N F Z G B
V F W J J S O B R I E T Y W J E N H M K
R D R A D N A T S Y T I R G E T N I R O
N M R I G H T I W L X E O C M F D T P

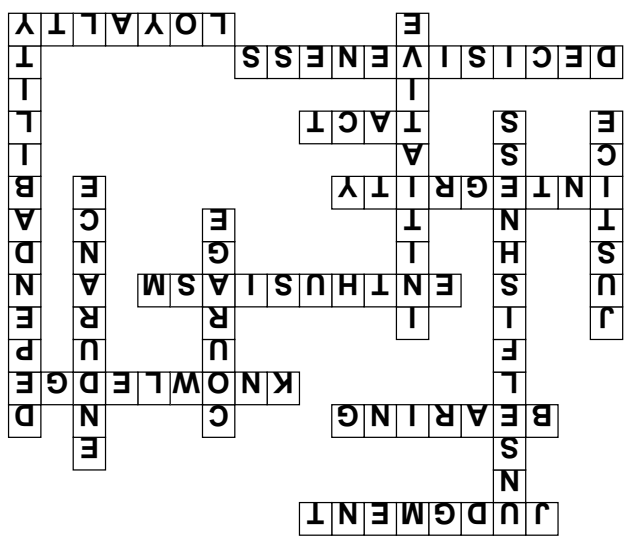
Ethical Leadership

Character & Leadership 2

D X G F W T N E M G D U J B F X C D T D
X Y O D W P N X N P D A I P W Q P N E R
E I F I E W E C L E H D I F H V U B N U
I N X U N C B T R P R K R L I X D E T M
R P S C T Z I X E S A S H L M B R J H S
B X H X E F S S E N H S I F L E S N U P
M O E J R N E L I P F N R N N Y G Y S Z
U V E N U K D I M V K H S G M Q A X I Y
I S X W O S N U N H E G Q N N J Z X A V
S U M C P A T O R I A N O M M I J E S R
L O Y A L T Y I W A T R E Q X H R A M M
G H R B A M T H C L N I B S M D Y A A B
M R D S R V I V J E E C A R S P A O E R
K L I Y Z J R O L F G D E T X O G Z F B
T P C G N V G C O U R A G E I S I T L R
A C T J I T E Z J U O J S E E V T V B K
C C J Q F T T B L W F M W D Z E E H N T
T G J H E K N Z I L E C M I D H F O Y I
E S Z K T D I Y T I L I B A D N E P E D
U C N H V R E Y A P O B H Y T J G B M N

14 Leadership Traits

Leadership Traits



Ethos

1. OHTSE
2. VEUSAL
3. HRCTARCE
4. ROSIASPNOEFL
5. HONRO
6. EUGCRAO
7. NMMMOCTITE
8. HIFFAUIT
9. TSTRU
10. CENIIIEHNRTA
11. FSSLESEL
12. LAVRO
13. AGECLY
14. SEDTSPAHWIR
15. SBLIIONRPSIETY
16. PROMIES

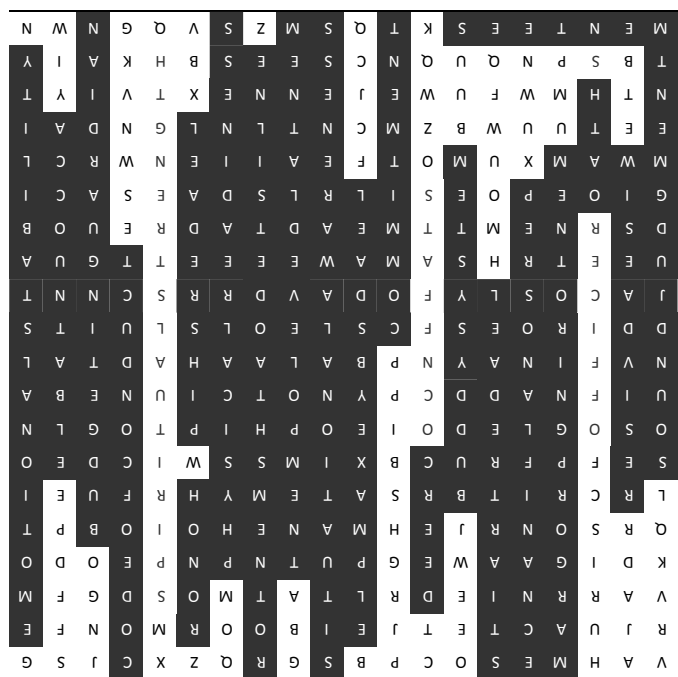
Enlisted Oath

I, [Name], do solemnly swear (or affirm) that I will support and defend the constitution of the United States against all enemies, foreign and domestic; that I will bear true faith and allegiance to the same; and that I will obey the orders of the President of the United States and the Orders of the Officers appointed over me, according to the regulations and the uniform code of military justice. So help me God.

Commander's Intent

To ensure every Marine has the ability—and the authority—to make important decisions in the midst of chaos, or in the absence of specific orders, Marines operate according to the philosophy of "Commander's Intent." Essentially, this means that when a subordinate leader finds themselves in a situation where he or she needs to make an immediate decision, he or she has the bias for action that allows them to make the decision that best supports their commander's desired end state.

Marine Corps Mentoring Program



Customs, Courtesies & Traditions

1. The qualities that the Marine Corps stands for may seem old-fashioned, but these qualities have shaped the Corps since 1775.

Individual character

Traits of the Marine Corps

Buddy System

2. Of all of the principles of the Marine Corps, its insistence on _____ is the most uncompromising and most important.

discipline

bravery

quality

3. After the seizure of Iwo Jima, Fleet Admiral Nimitz characterized the performance of the Marines who took the island when he stated that "Uncommon valor was a common virtue." The rich history of the Corps is highlighted by the acts of 299 Marines who have received the Medal of Honor. _____ and courage are hallmarks of Marines.

History

Duty

Valor

4. _____ is courage that is expected of every Marine in battle. It is expected that no wounded or dead Marine will ever be left on the field of battle or left unattended. Marines never surrender unless they have been cut off entirely and can no longer make use of their weapons.

Presence of mind

Conduct in action

Firing a rifle

5. Honor, courage, commitment, Generations of American men and women have given special meaning to the term United States Marine. They have done so by their performance on and off the battlefield. In order for us to maintain this great reputation, we must continue to keep these core values ingrained in our hearts and our minds. Reaffirm these _____ and ensure they guide your performance, behavior, and conduct every minute of every day.

core values

group ideals

individual traits

6. The Marine Corps has always prided itself on the appearance of individual Marines. As a Marine, it is your responsibility, on and off duty, to maintain the Marine Corps reputation for smart, professional, and correctly worn uniforms. This falls under MCO P120.34, what is it?

Pride in uniform

Dressing regulations

Uniforms and personal grooming

7. _____ is the traditional form of politeness in the profession of arms. It embraces much more than the salute or any other ritual. It is a disciplined state of mind. It must be accorded to all ranks, civilians and on all occasions.

A hand shake

Military courtesy

Standing at attention

8. Over the centuries, men-at-arms have rendered respectful greetings to indicate friendliness. Throughout history, the fighting man made a gesture of friendliness--the raising of the right hand. In early times, armed men raised their weapons or shifted them to the left hand (while raising the empty right hand) to give proof of their friendly intentions. This gesture survives as today's _____, which is the traditional greeting among military of all nations.

hand salute

formal greeting

eyes right

9. When the _____ is played or "To the Colors" or "Retreat" is sounded, all military personnel come to attention, face toward the music and salute. You hold your salute until the last note of the music, but remain at attention until "Carry On" is sounded.

Auld Lang Syne

National Anthem

Navy Hymn

10. In the Belleau Wood fighting in 1918, the Germans received a thorough indoctrination into the fighting ability of Marines. Fighting through supposedly impenetrable woods and capturing supposedly untakeable terrain, the men of the 4th Marine Brigade struck terror in the hearts of the Germans, who referred to Marines as the "Teufelhunden," meaning "fierce fighting dogs of legendary origin" or as popularly translated, "_____".

Leathernecks

Jar Heads

Devil Dogs

11. Marines are _____ because we maintain a forward deployed presence near various global hotspots. We have been in the forefront of every American war since the founding of the Corps. We entered the Revolution in 1775, even before the Declaration of Independence was signed! Marines have carried out more than 300 landings on foreign shores. We have served everywhere, from the Arctic to tropics; our record for readiness reflects pride, responsibility, and challenge.

Semper fight

first to fight

ready to fight

Patriotic

1. EESRHO

HEROES

2. PIOTRCAT

PATRIOTIC

3. IYVORC

VICTORY

4. AERCOUG

COURAGE

5. OHORN

HONOR

6. BILRYTE

LIBERTY

7. RWA

WAR

8. REVANTE

VETERAN

9. ONTINA

NATION

10. AIREMC

AMERICA

11. USSETNADETI

UNITED STATES

12. AYRITLIM

MILITARY

13. NRMASE

MARINES

14. HNTAEM

ANTHEM

cial Media 1



ANSWER: **ILLEGAL**

EXAMPLE:

ocial Media 2



ANSWER: **OPSEC**

1

cial Media 3



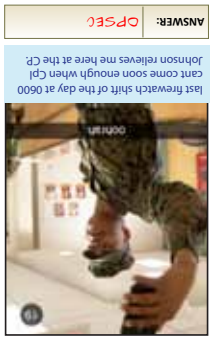
ANSWER: **ILLEGAL**

4



ANSWER: **APPROPRIATE**

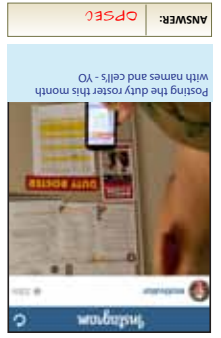
3



ANSWER: **OPSEC**

4

ocial Media 4



ANSWER: **OPSEC**

2



ANSWER: **LEGAL**

3



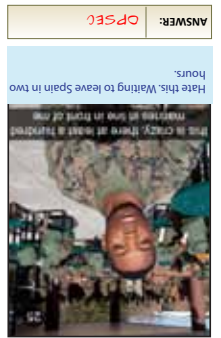
ANSWER: **LEGAL**

2



ANSWER: **INAPPROPRIATE**

2



ANSWER: **OPSEC**

4



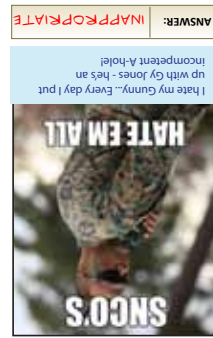
ANSWER: **LEGAL**

3



ANSWER: **LEGAL**

4



ANSWER: **INAPPROPRIATE**

4

We are the U.S. Marine Corps

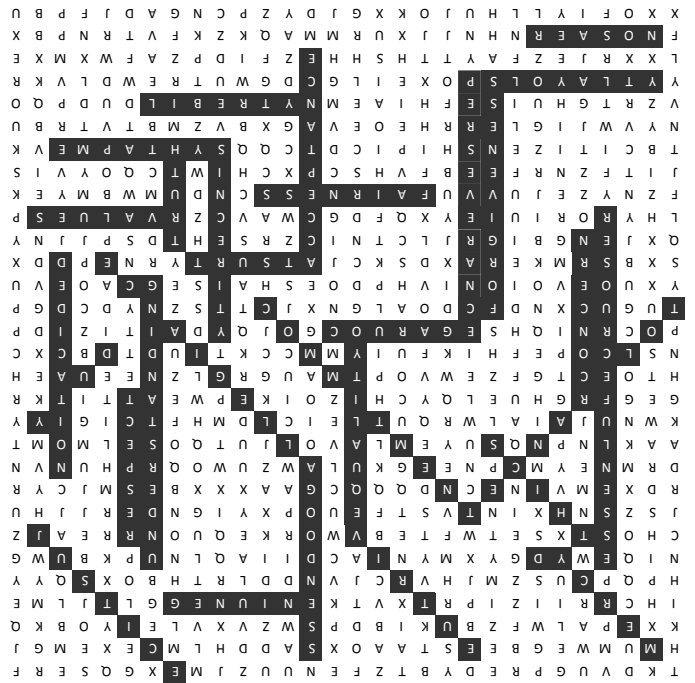
Fearing by enemies, respected by allies, and loved by the American people, Marines are a special breed. This reputation was earned and is maintained through a set of enduring Core Values.

These values form the cornerstone, the bedrock, and the heart of our character. They are the guiding beliefs and principles that give us strength, influence our attitudes, and regulate our behavior. They bond our Marine family into a force that can meet any challenge.

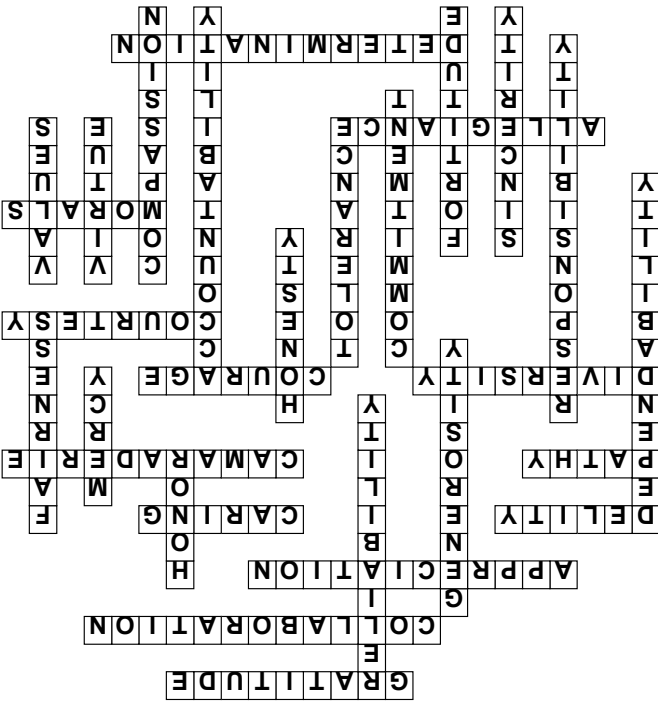
Officers Oath of Office

I, [Name], do solemnly swear (or affirm) that I will support and defend the constitution of the United States against all enemies, foreign and domestic; that I will bear true faith and allegiance to the same; that I take this obligation freely, without any mental reservation or purpose of evasion; and that I will well and faithfully discharge the duties of the office on which I am about to enter. So help me God.

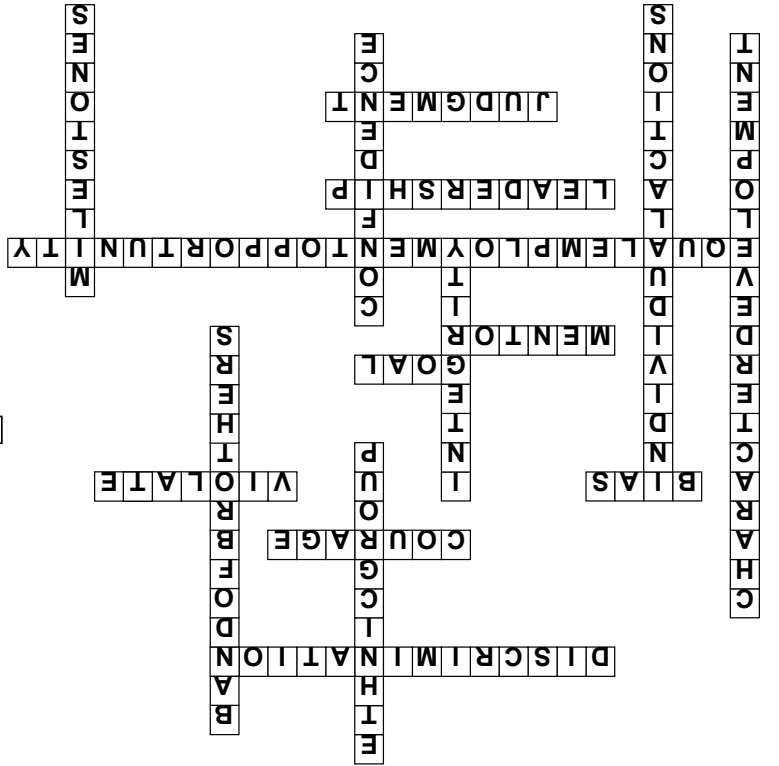
Values and Ethics



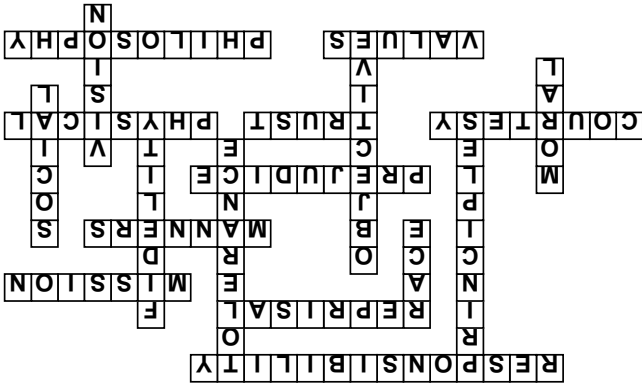
Basic Values



Basic Values 2



Basic Values 3



Code of Conduct

Article 3 3 If I am captured I will continue to resist by all means available. I will make every effort to escape and aid others to escape. I will accept neither parole nor special favors from the enemy.

Article 5 5 When questioned, should I become a prisoner of war, I am required to give name, rank, service number, and date of birth. I will evade answering further questions to the utmost of my ability. I will make no oral or written statements disloyal to my country and its allies or harmful to their cause.

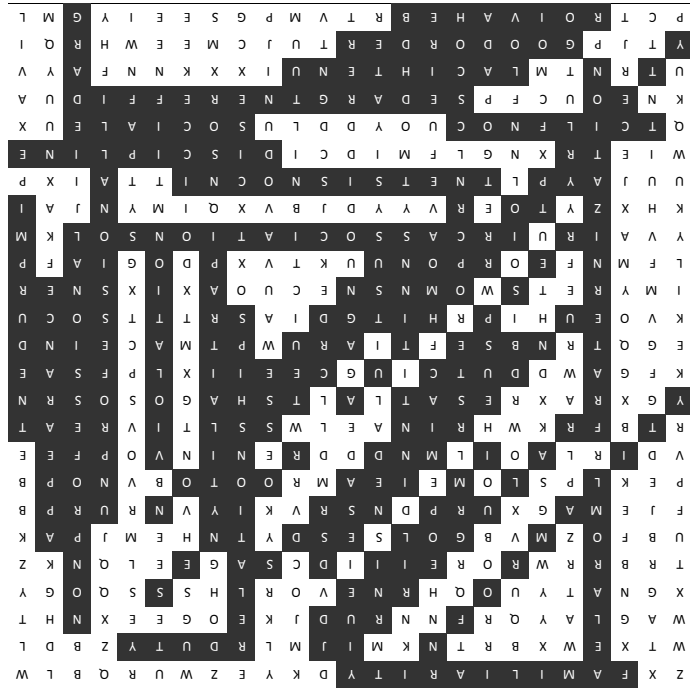
Article 6 6 I will never forget that I am an American fighting for freedom, responsible for my action, and dedicated to the principles which made my country free. I will trust in my God and in the United States of America.

Article 4 4 If I become a prisoner of war, I will keep faith with my fellow prisoners. I will give no information or take part in any action which might be harmful to my comrades. If I am senior, I will take command. If not, I will obey the lawful orders of those appointed over me and will back them up in every way.

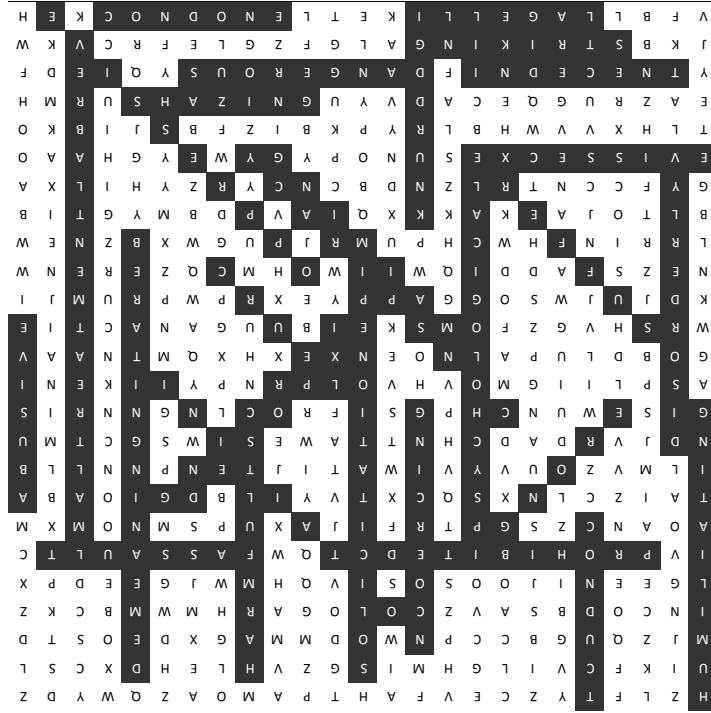
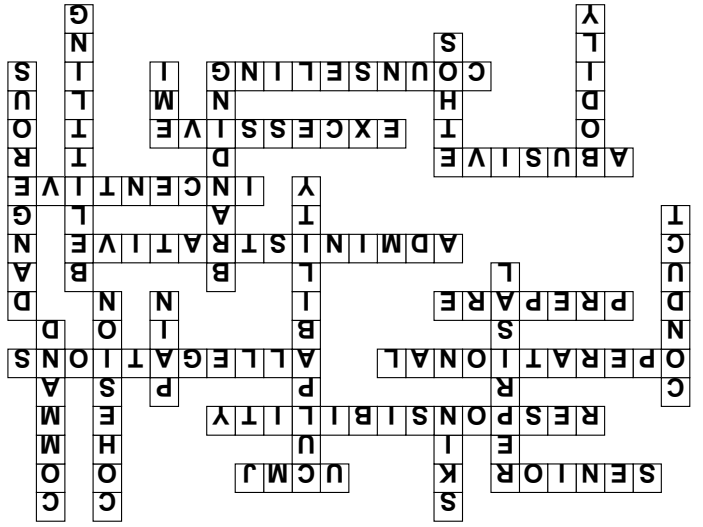
Article 2 2 I will never surrender of my own free will. If in command, I will never surrender the members of my command while they still have the means to resist.

Article 1 1 I am an American, fighting in the forces which guard my country and our way of life. I am prepared to give my life in their defense.

Fraternization



Hazing



Hazing

Article 1 1 I am an American, fighting in the forces which guard my country and our way of life. I am prepared to give my life in their defense.

Article 2 2 I will never surrender of my own free will. If in command, I will never surrender the members of my command while they still have the means to resist.

Article 4 4 If I become a prisoner of war, I will keep faith with my fellow prisoners. I will give no information or take part in any action which might be harmful to my comrades. If I am senior, I will take command. If not, I will obey the lawful orders of those appointed over me and will back them up in every way.

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Suicidal Behavior Risk Factors

HERVJUDNJODOBXCCTFKYMDGMSF
 NDQCKLGFHXFGAEDBHTSJGOCQGC
 NBGRXCMBRETTIREMENTFBHQJNO
 OFWOKRRELATPBOBLEMSBL
 JUPOWERELLESSESSRBIDQOHZH
 QDISCHARGETRANSITIONDKDE
 RYHKKSDESVEERTRESSTLWARL
 CMRTJADADAKLNTZLTJWJGPJNV
 DVFHOPPELESSESSXPEYWTOL
 QDQJLPRLONNEDSTRESSTLE
 AAROLEGALACTIONPENDINGZS
 SNUNMANAGABLESSTRESSTNDAS
 GXWEAPONACCESSKZGEWCENW
 FXSERIOUSMEDICALPROBLEME
 WLGFRWBSTANCEABUSEAZA
 OFFINANCIALPOTENTIALRESID
 PERVIOUSUCIDETMENTPSTD
 REMISEDCPCPCTRANSITIONBA
 FZIUVRWXHXHKEEWCNOXWGCDO
 MBKHPPEERSONALSETBACKAWENZ
 PXKOWGMGLVINGNIFICANTLOSSG
 RELATIONSHIPROBLEMSSTBSSW
 DISCIPLINARYPROBLEMSSTPU
 RNFRCARESERTBACKTDMMEUF
 ONCYAXDZJREHHSWSOMPGEQO

Resources Part 1

- C. Officer (FRO)**
Family Readiness Officer (FRO)
- E. Operational Stress Control And Readiness (OSCAR) Extenders**
Knows local resources available for specific units to coordinate associated training as applicable. They connect families with appropriate resources.
- H. Substance Abuse Control Officer (SACO)**
Experienced behavioral health professionals who work with Marines and their families to address deployment/return and reunion issues as well as other stressors.
- D. Military And Family Life Consultants (MFLCs)**
Medical staff, chaplains, corpsmen, religious program specialists, and other professionals. They bridge the gap between Marine OSCAR Team Members and OSCAR MHPs.
- F. Operational Stress Control And Readiness (OSCAR) Mental Health Professionals (MHPs)**
Specialized medical personnel, which includes uniformed psychiatrists, psychologists, mental health nurse practitioners, and licensed clinical social workers.
- I. Sexual Assault Response Coordinator (SARC), Victim Advocate (VA), and Uniformed Services of Health Care (USHC)**
Marines of all ranks trained to identify, support, and advise Marines with stress reactions. They are available to provide informal briefings and implement the Commander's Combat and Operational Stress Control (COSC) and OSCAR programs.
- G. Operational Stress Control And Readiness (OSCAR) Team Members**
A commander's subject matter expert on substance abuse. Provides education on substance abuse and are involved with urinalysis testing. Are dedicated to making certain that victims of sexual assault receive responsive and continuous care with timely access to supportive services.
- J. Wounded Warrior (WW)**
Salvors attached to or in support of Marine units, and injured Marines. Provides and enables assistance to wounded, ill, and injured Marines. www.safeflight.org 1-877-995-5247
- L. Military OneSource**
The distribution center for free educational tools that address behavioral health topics.
- K. Behavioral Health Information Network (BHIN)**
A free service provided by the Department of Defense to Service members and families. Issues can be addressed through self-directed reading or counseling. www.militaryonesource.mil
- B. Equal Opportunity Representative (EOR)**
A non-governmental organization with a special relationship with the U.S. military. They are responsible for delivering notification of home-front emergencies or births to Service members who are deployed or in the field. www.redcross.org
- M. American Red Cross**
The Chief of Navy Chaplains-sponsored, relationship enrichment training designed to help improve job performance and to enhance the overall quality of life for Active Duty Service members and their families.
- N. Chaplains Religious Enrichment Development Operation (CREDO)**
A mandatory program for Marines with family members who have exceptional physical, mental, emotional, or special education needs. https://ehqmc.usmc.mil/sites/family/mfy/default.aspx
- A. Chaplain**
A mandatory program for Marines with family members who have exceptional physical, mental, emotional, or special education needs. https://ehqmc.usmc.mil/sites/family/mfy/default.aspx

Resources Part 2

- A. Marine Corps Family Team Building (MCTFB)**
Project addresses the impact of parental physical injuries on military children. http://focusproject.org
- C. National Suicide Prevention Lifeline**
The umbrella term for the recreational, educational, and counseling services within the Marine Corps community www.usmc-nccs.org
- B. Heritage**
The umbrella term for the recreational, educational, and counseling services within the Marine Corps community www.usmc-nccs.org
- D. DRESS LINE**
Provides resources and standardized training in the areas of Family Readiness, Readiness and Deployment Support, LifeSkills, and Lifestyle Insights, Networking, Knowledge, and Skills (L.I.N.K.S.).
- M. Relief Society**
Is an anonymous behavioral health counseling service that gives Marines, attached Sailors, and family members a place to call and speak with one of their own. www.VSTRESSLINE.com/
- B. Marine Corps Community Services (MCCS)**
Provides free and confidential support 24 hours a day, 7 days a week, to people in crisis or emotional distress. 1-800-273-TALK (8255) www.suicidepreventionlifeline.org/
- F. Substance Abuse Program/Center (SAPC)**
Coordinates all clinical care for medical and behavioral health issues. http://www.trecare.mil
- G. Families Overcoming Under Stress (FOCUS)**
Prevention specialists, drug demand reduction specialists, and substance abuse counseling resources that are designed to address the prevention and treatment of substance abuse within the Marine Corps community.
- H. Marine For Life**
The U.S. department that manages veterans' benefits including medical services. www2.va.gov/directory/
- J. Navy Medical Facilities (NMF)**
Facilitate training and education of individual Marines, anywhere at any time through self-paced courses available to all Marines at no cost. www.nmc.usmc.mil www.marinenet.usmc.mil
- E. Vet Centers**
Provides free, professional legal help to Active Duty and retired military members, their eligible dependents, and other authorized persons including Reservists on active federal duty for 30 days or more and dependents of certain deceased military members. http://legalassistance.jawc.afm/content/locator.php
- K. Marine Corps Legal Assistance Program**
Provides connections, assistance, and mentorship to Marines pursuing civilian employment, higher education, or professional certification. The program is available to Active Duty Marines about to enter civilian life, Marine Reservists, and all Marine veterans throughout their lives. www.marinecorplegal.com
- L. Veterans Affairs (VA)**
Provide need-based financial assistance. They offer financial counseling, no-interest loans, grants, various support services, and referrals too community-based resources when available. https://mcrs.org
- M. Chaplain**
A multi-faceted, multi-disciplinary resource that is designed to address child abuse and domestic abuse within the Marine Corps community through prevention, intervention, and treatment.

Heritage

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 RZPACIFISLANDEERYIO
 TJKCHARETTEZMUTTERKZ
 LCPIBGGWCAREYCGPOZ
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 BSZELORIAABIBSNXLP
 VDDTEIXUKARSAZEDLAVL
 LEACHCICMXFCHEQYZRNF
 HSTAVLSXCAVDCALXAZ
 CENDULINSKLYKOSHECMSB

Manners

- 1. b.** PFC Brady should wait until Sgt Smith is done talking and then call his girlfriend.

2. c. Remain polite and courteous. If the situation warrants it, calmly remember the clerks name and file a complaint with the Company. Most large Company's have online websites for customer service. Be professional and clear if you do file a complaint.

3. c. Thank the waiter for the information and ask who the couple was that paid for your dinner. Then, respectfully approached the couple, thanked them for paying for your dinner and shake their hands. The couple was incredibly kind to you and you should've shown them that you were grateful and thanked them for their kindness.

4. b. Calmly and politely tell the woman "Pardon me, the line is formed behind me."

5. a. You should always reply, or R.S.V.P, which is an acronym derived from the French phrase Répondez s'il vous plait, or in English, respond please, to any invitation you receive as soon as possible. This will allow your host/hostess time to prepare. Not responding is not only unfair to your hostess but it is also very rude and ill-mannered.

6. a. Yes, on a bus or street car, or any type of public transportation, a male or female Marine always gets up and offers his seat to a pregnant woman; a woman with packages or children; an elderly woman or man, a disabled woman or man; basically, anyone with need. It is the right thing and the kind thing to do.
- 7. a.** Send her a Sympathy Card, signed by all members of your section.

b. Send her and her family flowers.

c. Tell her how sorry you are for her loss.
- 8. a.** Know yourself and seek self-improvement. Learn from your mistakes. Making and accepting apologies gracefully are acts of courtesy and maturity, and they are important for matters both big and small. Sincere apologies can defuse volatile situations: it's hard for most people to remain angry with someone who takes responsibility for his own actions. Looking the person/people you have hurt in the eyes and saying sincerely "I'm sorry" is the best way to express regret.

b. Lcpl Jackson is displaying very bad manners and it does reflect poorly on the Marine Corps. Exhibitionism means drawing attention to yourself in a public place. Shouting, whistling, clowning, loud laughing, booing, or doing something foolish or unusual, is unacceptable conduct, especially at a social function or in public. Do not draw undue attention to yourself. As a Marine, your conduct must be impeccable. Whether anyone else knows she is a Marine, she does, and that should be enough for her to do the right thing.
- 10. d.** Stop cursing especially in public places.

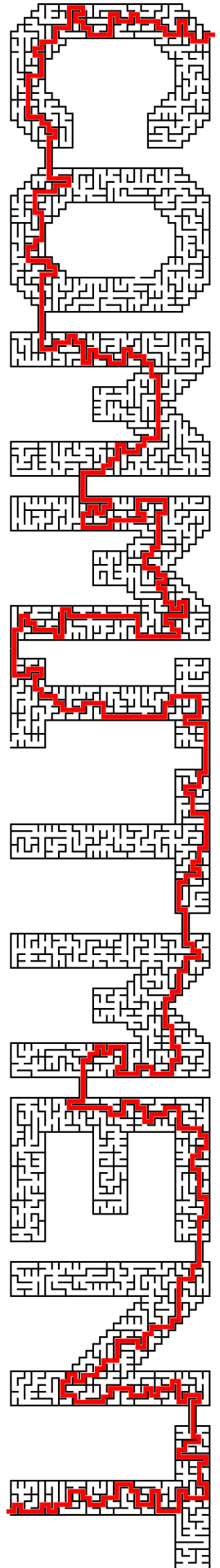
Core Values

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 K M O R A L E X C E L L E N C E Y C Q I U P Q B I

Medal of Honor

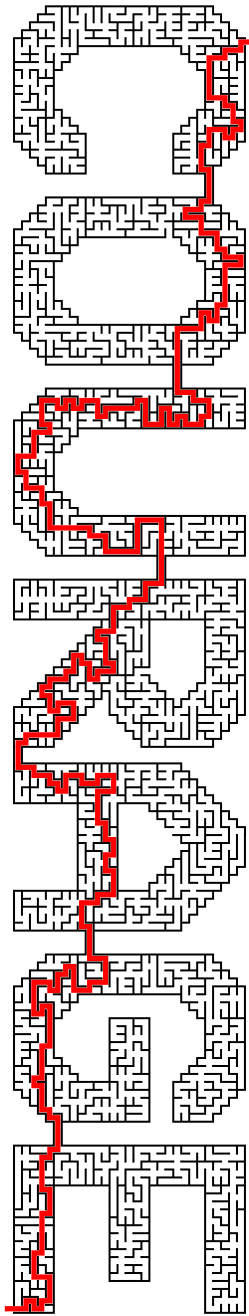
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Commitment

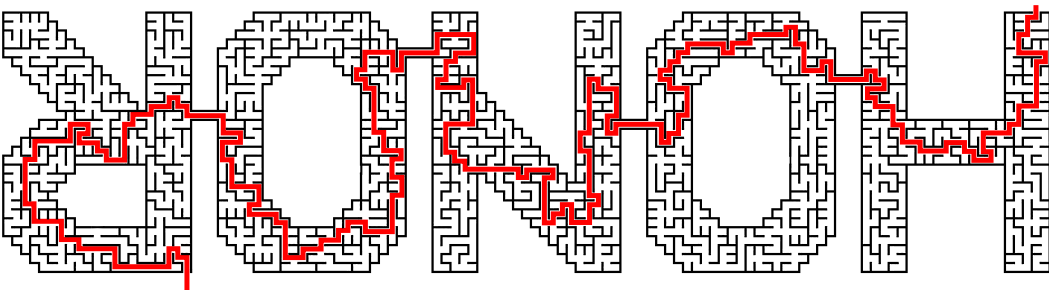


Solutions

Courage



Honor



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