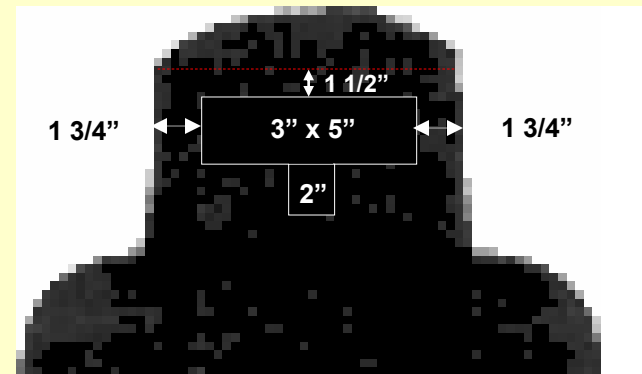
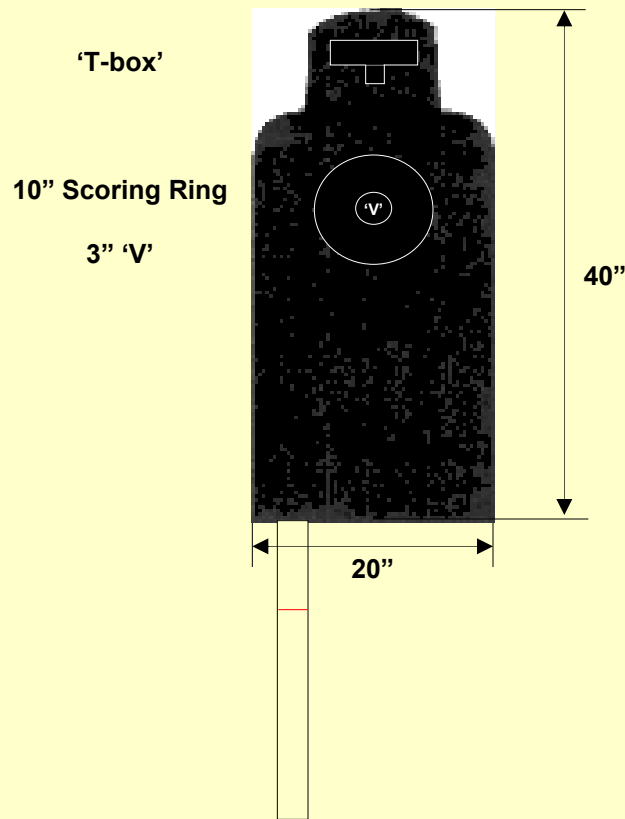


# RIFLE DIVISION MATCH

## TRAINING DAYS

STAGE	DESCRIPTION	DISTANCE	TIME LIMIT	NUMBER OF ROUNDS/ ITERATIONS	TARGET	POSITION
Stage One	Controlled Pairs	50 yards	5 seconds	2 / 4	“E”-MOD stick	Standing
Stage Two	Multiple Targets	50 yards	7 seconds	4 / 4	“E”-MOD stick	Standing (L) Kneeling (R)
Stage Three	Failure Drill	50 yards	10 seconds	3 / 2	“E”-MOD stick	Standing
Stage Four	Controlled Pairs	100 yards	10 seconds	2 / 5	“E”-MOD stick	Standing to Kneeling
Stage Five	Slow Fire	200 yards	10 minutes	10 / 1	“D”-MOD	Kneeling
Stage Six	Slow Fire	300 yards	10 minutes	10 / 1	“D”-MOD	Sitting
Stage Seven	Slow Fire	500 yards	10 minutes	10 / 1	“E”-MOD	Prone

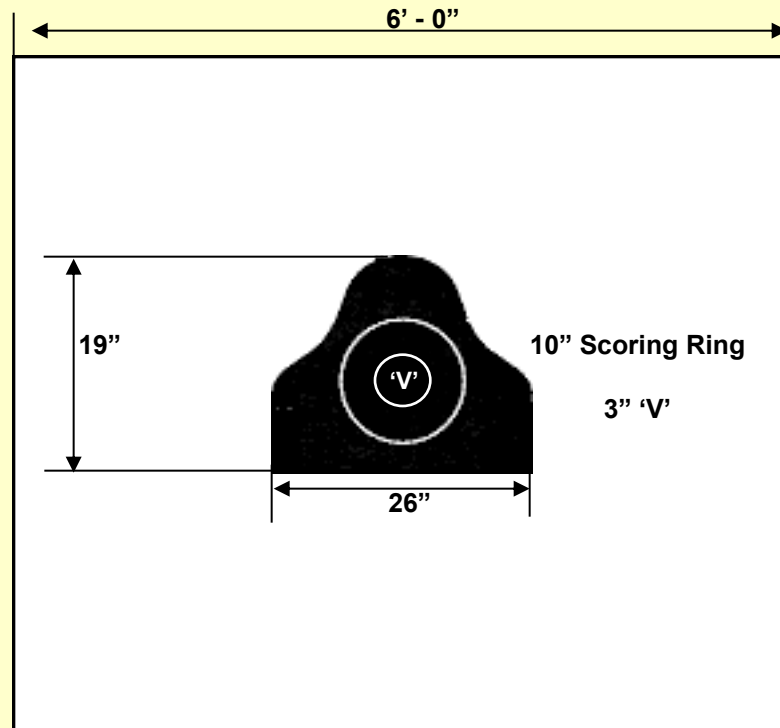
# TARGET DIMENSIONS FOR 100-, 50-YARD STAGES



'T-box' dimensions

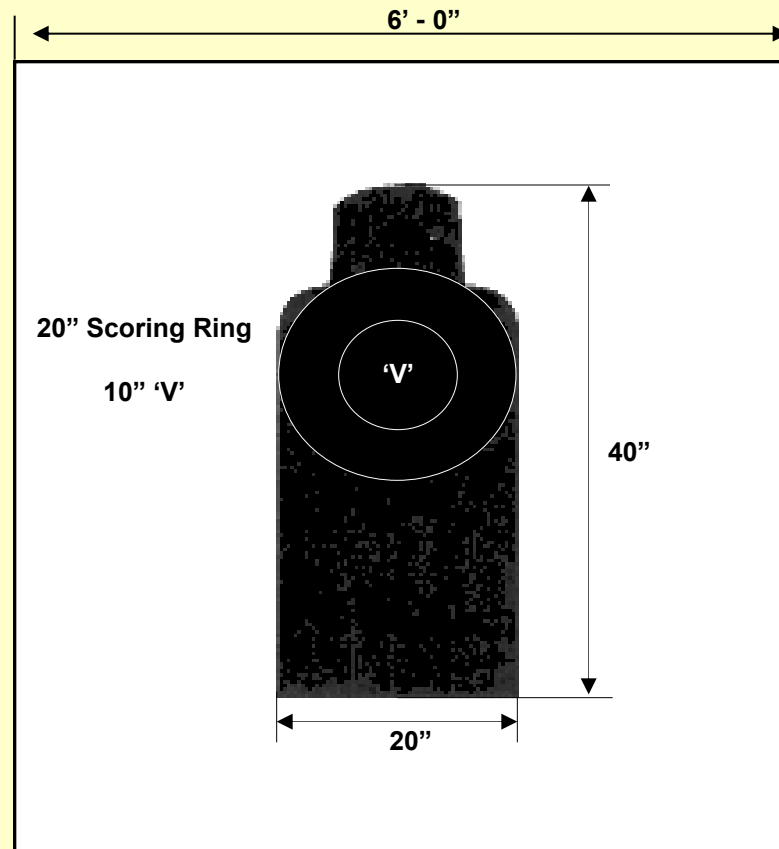
**"E"-MOD STICK TARGET**

# TARGET DIMENSIONS FOR 300-, 200-YARD SLOW FIRE



**“D” MODIFIED  
TARGET**

# TARGET DIMENSIONS FOR 500-YARD SLOW FIRE



**"E"-MOD TARGET**

# RIFLE DIVISION MATCH

## MATCH DAYS

STAGE	DESCRIPTION	DISTANCE	TIME LIMIT	NUMBER OF ROUNDS/ ITERATIONS	TARGET	POSITION
Stage One	Slow Fire	500 yards	10 minutes	10 / 1	“E”-MOD	Prone
Stage Two	Slow Fire	300 yards	10 minutes	10 / 1	“D”-MOD	Sitting
Stage Three	Slow Fire	200 yards	10 minutes	10 / 1	“D”-MOD	Kneeling
Stage Four	Controlled Pairs	100 yards	10 seconds	2 / 5	“E”-MOD stick	Standing to Kneeling
Stage Five	Controlled Pairs	50 yards	5 seconds	2 / 4	“E”-MOD stick	Standing
Stage Six	Multiple Targets	50 yards	7 seconds	4 / 4	“E”-MOD stick	Standing (L) Kneeling (R)
Stage Seven	Failure Drill	50 yards	10 seconds	3 / 2	“E”-MOD stick	Standing

# DISKING PROCEDURES

Miss

