Welcome to



Marine Corps Detachment Ft. Belvoir





Dear Families,

I am excited to welcome you to the Marine Corps Detachment Fort Belvoir family. I understand and appreciate your sacrifice and commitment to the Marine way of life and I am eager to share my passion for the mission & Marines

during our time serving here together. Your support plays a large role in ensuring your Marines' success while stationed at the MARDET. Therefore, I am committed to maintaining an atmosphere devoted to the well-being of our Marines and their families.

For those who are new to the Marine Corps lifestyle, your experiences may be challenging yet rewarding. For those with experience in the Marine Corps family, thank you for your commitment and support for your Marine. If possible, I ask you to share your wisdom with our younger members so they may learn from your experiences.

Communication is important and I want to stress that this program is intended to help me pass on official information that is important to our families. The Family Readiness Program is intended to not only take care of our Marines and families, but to create an environment where families understand that their contributions can have a significant impact on our success.

All Marines and family members are encouraged to utilize the Family Readiness Officer and/or chain of command to address any family related issues or concerns. If you have questions concerning the Family Readiness Program, please contact my Deputy Family Readiness Officer. He is the direct link to Marines and their family members within our command. I look forward to getting to know each of you and working with you in the months ahead and we are always happy to take your questions, concerns, and ideas.

Semper Fidelis, Nathan R. Nofziger Captain, USMC Commanding Officer, Marine Detachment, Ft. Belvoir, VA



Greetings Marines Families! On behalf of the Commanding Officer, Captain Nathan R.

Nofziger, I would like to extend a warm welcome to Marine Corps Detachment Ft. Belvoir! My name is Gunnery Sergeant Matthew Paez, and I am the Deputy Family Readiness Officer for the command's Personal, Unit, and Family Readiness Program. The Marine Corps defines "family" as any unit the Marine is born into, sworn into, or married into. So whether you are an active duty member, parent, spouse, child, significant other, or an extended family member, please know that we now consider you part of the Marine Corps Family! Take pleasure in knowing that you are part of a long and illustrious history of honor, courage and commitment.

My vision as your Family Readiness Officer is to promote the Personal, Unit and Family Readiness Program that will encourage resilient Marines and families to withstand career and lifecycle events. My *goal* is to provide information and resources, advertise unit morale events, offer family readiness training opportunities, and deliver timely communication from the Commanding Officer.

Combined together, these tools will assist you in navigating the unique challenges that face all military families. Working together, we can and will build strong, independent families and at the same time have a great time achieving it.

I have taken the liberty of including a few items that may assist you while stationed at Ft. Belvoir. Please ensure your browser is open to view the web links. If you should require any additional assistance or information along the way, please feel free to contact me. I look forward to meeting you soon.

Sincerely, Matthew P. Paez Gunnery Sergeant, USMC Deputy Family Readiness Officer, Ft. Belvoir



Ft. Belvoir and Fairfax County! Fort Belvoir is situated along the Potomac River in southern Fairfax County

and is home to a variety of logistics, intelligence and administrative agencies and a community hospital with cutting edge medical care. The Belvoir community also has world-class amenities servicing more than 245,000 military, defense civilians, retirees and families. With robust community, sports and leisure activities and a 270,000-square foot Exchange, which opened in 2013, Ft. Belvoir strives to be home to all who serve here.

Few areas in the world can match the diversity of the Fort Belvoir area. The installation is minutes from Mount Vernon, Old Town Alexandria, the nation's capital, as well as so much more of America's heritage. In metropolitan Washington, D.C., there are hundreds of historic sites and places to experience history and watch history in the making. Residents and tourists from around the world over can visit the White House, U.S. Congress and the Capitol. The nation's capital also is one of the world's most beautiful cities. There's a world-class zoo, shopping for every taste and budget, hotels, theaters and restaurants featuring some of the world's finest cuisine. Cultural activities from John F. Kennedy Center for the Performing Arts to local jazz clubs and dinner theatres cater to every taste. Recreation at Atlantic Ocean beaches in Maryland, Virginia, Delaware and New Jersey are only a few hours away, as are the snow-covered slopes, campgrounds and lakes in the Blue Ridge Mountains of the Appalachian chain in Maryland, Virginia and West Virginia.

For information about local services and other amenities in the area, follow the community links below. <u>Virginia is for Lovers: Virgina.org</u> <u>Fairfax County Chamber of Commerce</u> <u>Visit Fairfax County @ Virginia.org</u>

Interesting fact about Ft. Belvoir and Fairfax County Did you know you can experience living museums located within area? Just minutes from Ft. Belvoir visit the following historical sites.

Visit George Washington's Mt. Vernon Plan Your Visit to the Smithsonian Museums Washington D.C.: Monuments & Memorials



Feel Free to check out the links below for news and current information on resources and opportunities offered on Ft Belvoir. Army Community Services Home, Ft. Belvoir Army Community Services; Programs and Services Ft. Belvoir Community Hospital Ft. Belvoir Exchange



YES!!! There is also a Marine Corps presence located in the area. Just down Interstate 95 is

Marine Corps Base Quantico. Also known as "the Crossroads of the Marine Corps," MCB Quantico is proud of its military culture and history. Several significant sites include the National Museum of the Marine Corps. Click on the links below to find out more about the services offered.

Visit the National Museum of the Marine Corps MCCS Henderson Hall Marine Corps Family Team Building The Quantico Sentry Online

Behavioral Health



Marine Families located on Ft. Belvoir who are enrolled or seeking enrollment, please know the Marine EFMP program still serves your needs. The program

office you will is located on MCB Quantico. They will answer any questions or concerns you have. Feel free to use the link to contact EFMP Quantico.



Exceptional Family Member Program Henderson Hall School Liaison Program The mission of the School Liaison is to utilize a enhance the academic

community based resources to enhance the academic

environment of military school age children as they navigate the transitions unique to the military lifestyle.

The School Liaison partners with the command staff, MCCS Marine and Family Services Division, and the local school community to address educational issues that involve military children. The School Liaison acts as the communication link between the installation, Marine and Family Service programs, the military family and the surrounding school districts.

Transitional services include information and referral to ease the move from one educational setting to another. The School Liaison may further assist the military schoolage child by facilitation of problem solving and providing education to the parents, schools and commands so they may better advocate for the needs of the military child.

Local schools benefit by having a direct contact person who can help them understand the specific challenges military students experience and give them the necessary tools and support to help them succeed in their academic environment. For more information visit The School Liaison Program page.

The School Liaison Program



The links below provide information on public schools systems within the immediate area. Here you will find valuable resources, information and the school calendar.

Fairfax County Public Schools Prince William County Public Schools Alexandria City Public Schools Fredericksburg City Public Schools Stafford County Public Schools



Although you are located in the near Ft. Belvoir there is still base child development centers available to you. Click the link below as a start to guide you to the many resources in Hampton Roads. <u>Childcare Centers Ft. Belvoir</u> <u>Child Youth School Services</u>

tutor.com

Kids need a little extra help? Click

the photo.



From the everyday stressors of life to the stressors related to

combat, stress can affect even the strongest Marine. The DSTRESS Line was developed by the Marines Corps to provide professional anonymous counseling for Marines, attached Sailors, and families when it's needed most. Call 1-877-476-7734 to speak to one of your own, today!

Social Media! Feel free to Like or Follow Army Community Service Ft. Belvoir Ft. Belvoir MWR Official Facebook Page of Ft. Belvoir



Planning Your Move

The Defense Personal Property System integrated information management system brings improvements to customers as well as for the men and women that manage the household goods movement process. Check it out at http://www.move.mil/



Military OneSource is an awesome resource for just about anything to do with a PCS move. Here are just a few resources! Are you moving? Whether it's your first military move or your fifteenth, the Relocation Assistance Program can help you get organized, make smart financial decisions, understand your allowances and manage stress. Use these resources, tools and articles to make your next move a smooth one. http://www.militaryonesource.mil/moving

Your moving experience begins when you receive your permanent change of station (PCS) orders. The Basics of Moving your Personal Belongings

This is for the military kid on the move!

Being a military kid can be great most of the time, but it does have its own unique problems. When you're dealing with those challenges, it can sometimes feel like you're all alone. You're not! If you need help, don't be afraid to ask. Check out these resources for getting help when you need it.

Military Youth on the Move

Relocating to a new community can be fun and an exciting time for you and your family. There are new places to explore and friends to be made. However, this can be tough on children. A little time from you each step of the way can help your children cope and make the most of the new adventure.

Moving and Settling in a New Home with Children

Here is a quick link to transfer your Tricare. The profile is set for active duty living in the Tricare North Region. Feel free to change the profile. http://www.tricare.mil/MyPlan.aspx

In the course of your military career, you may be ordered to deploy or relocate with little notice. This can cause some stress in your life as you attempt to prepare for the move as well as tie up loose ends at your old location. If you have a residential or automotive lease, your military service may allow you to break the lease without penalty.

Terminating Your Lease Due to Deployment or PCS

<u>Marine Corps Sponsorship Program</u> Sponsorship is crucial to a family's PCS. It helps create unit cohesion and a smoother transition to a new installation and community. Recognizing the importance of successful sponsorship, the Department of Defense, in conjunction with the military services, created the *Electronic Sponsorship Application & Training (eSAT)* to bring standardized sponsorship training to all appointed unit sponsors regardless of service branch. Service members can access the eSAT website using their Common Access Card. The application is secure and will provide an official certificate for your unit records.

Electronic Sponsorship Application and Training (eSat)



HOMES.mil is a service designed to connect Service members and their Families with DoDverified community housing rental listings located near U.S. military bases. Create an account or login to begin searching for homes at your current or future installation. Property Managers can list their properties at no cost. All Property Managers and properties are verified by Military Housing Offices throughout the world.

<u>HOMES.mil</u> is a publicly accessible Department of Defense (DoD) website.



Provided is a link Lincoln Military Housing. <u>http://lincolnmilitary.com/</u>



Finding a new job each time you PCS can be a real challenge. Fortunately most installations offer programs and services to help you reach your career goals. With a little planning and creativity grow your career while doing something you enjoy.

Quick Fact! Did you know that military spouses may be eligible for unemployment benefits when they have to quit their job due to a PCS move? To find out if you qualify, contact your local unemployment office.

Employment Resources

Spouse Education and Career Opportunities Finding a Job as a Military Spouse after a PCS Military Spouse Employment Partnership Do you want to work with MCCS? Are you looking for government employment?

Hiring Our Heroes

http://www.uschamber.com/hiringourheroes

Career One Stop http://www.careeronestop.org/militaryspouse/

Military Spouse Mentor Program

http://ementorprogram.org/p/milspouse/about



The Military Spouse Career Advancement Accounts (MyCAA) Program MyCAA is a workforce development program that provides up to \$4,000 of financial assistance to

eligible military spouses who are pursuing a license, certification or Associate's degree in a portable career field and occupation. <u>MyMCAA Program Website</u> <u>MyCAA fact Sheet</u>

Other Educational Resources GI Bill Info <u>www.gibill.va.gov</u>

Resource link to local Colleges and Universities Directory to Universities and Colleges



No matter where you are in your military career or how many times you have transitioned from place to place, career and life cycle events can be difficult for all members of the Marine family. Please keep in mind there are networks and resources available to help you and your family along the way. Many of your family readiness needs, concerns or questions can be facilitated by either MCFTB Quantico or the installation's Army Community Service Center. If you have questions as to which resource you need to use, please use your Family Readiness Officer. Please do not hesitate to call him. He will guide you to the right place and resource. We are Semper Fidelis. We never leave a Marine family behind.

